

# **Alopecia: A Fresh Look and a New Algorithm for Diagnosis**

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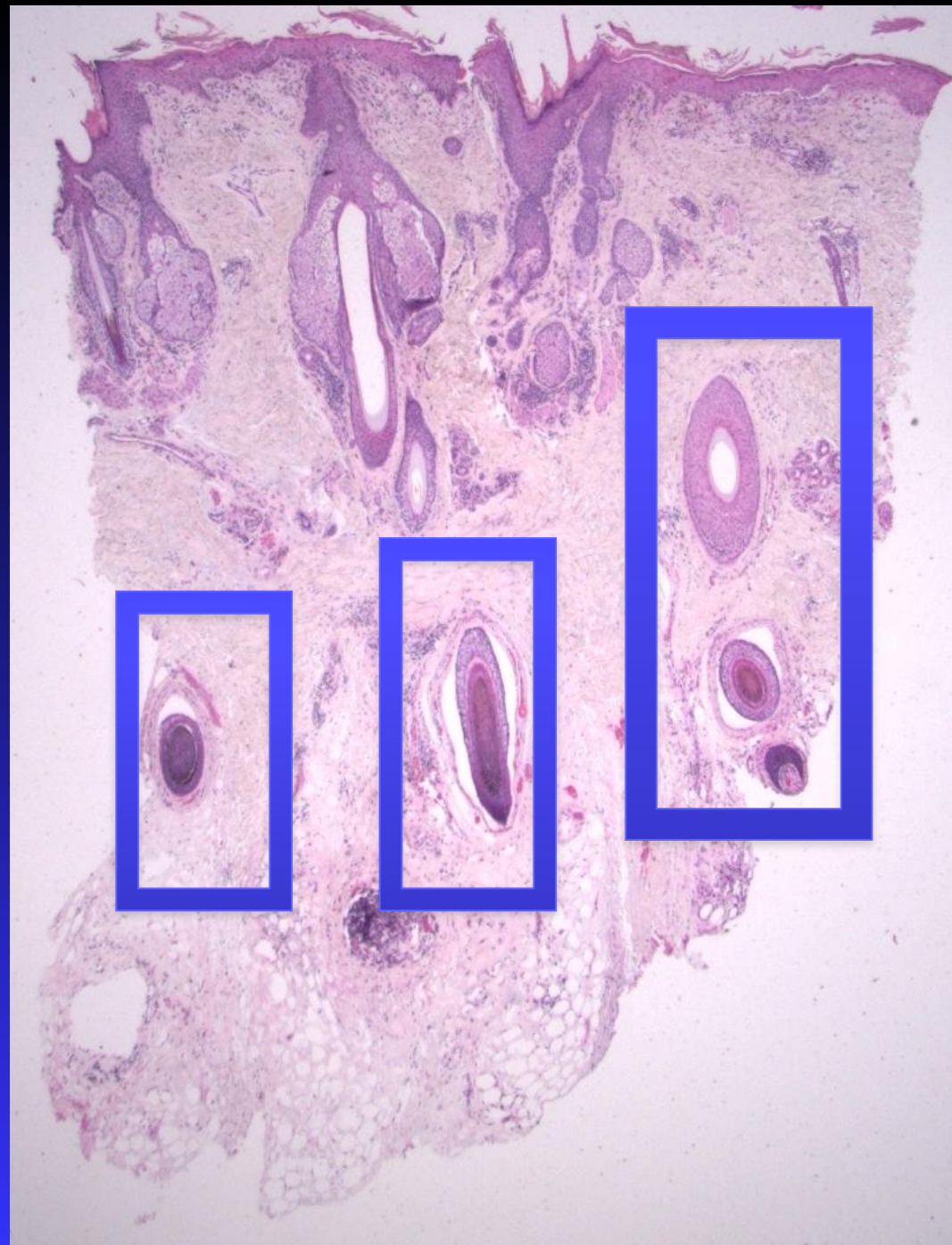
Portland, Oregon, USA

# 'Fresh' Objectives

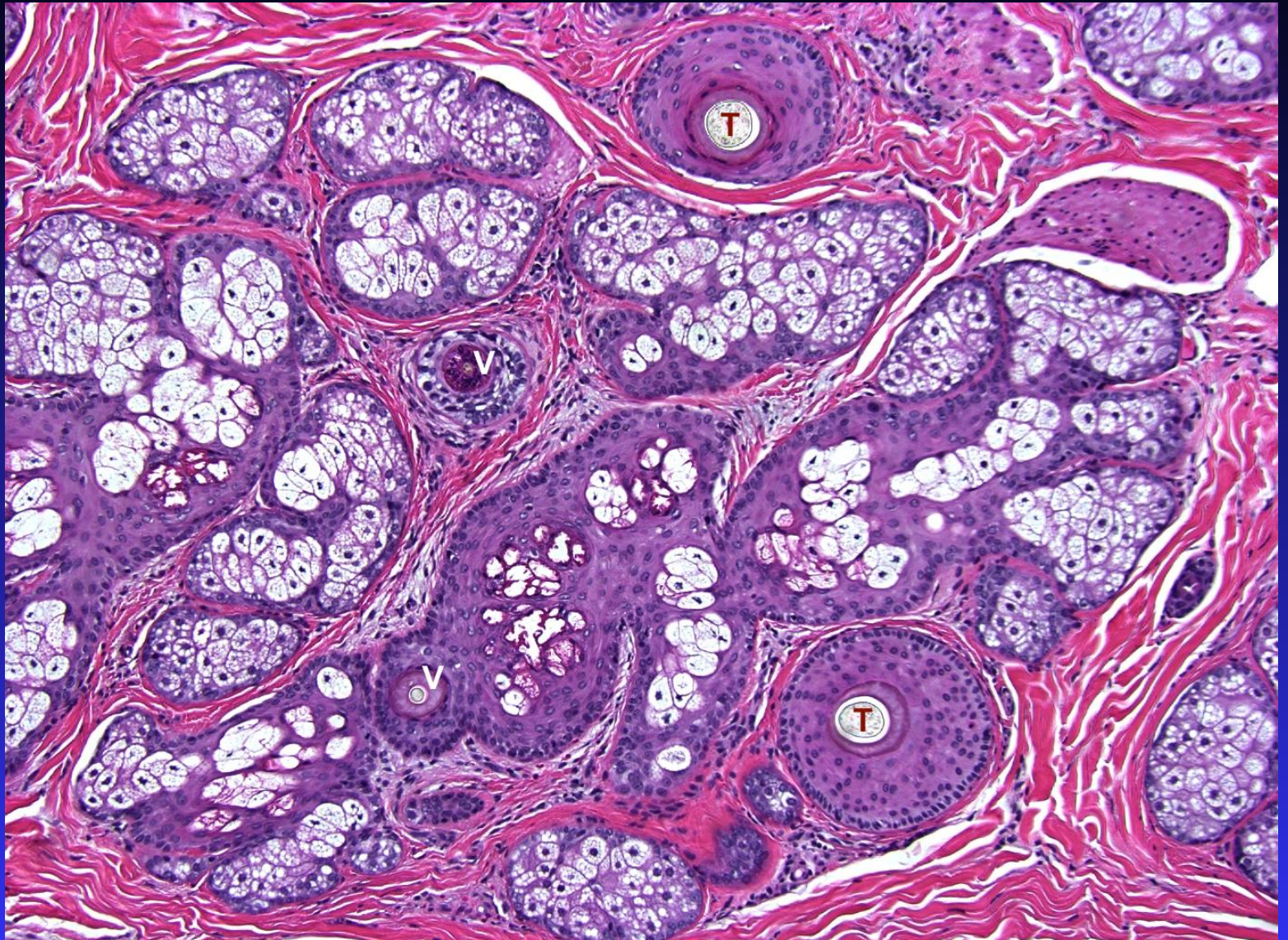
- Tissue processing providing a more thorough examination
- H&E points of interest
- Immunohistochemistry as an aid in diagnostic impasses
- An algorithm for better diagnostics

# Objective #1

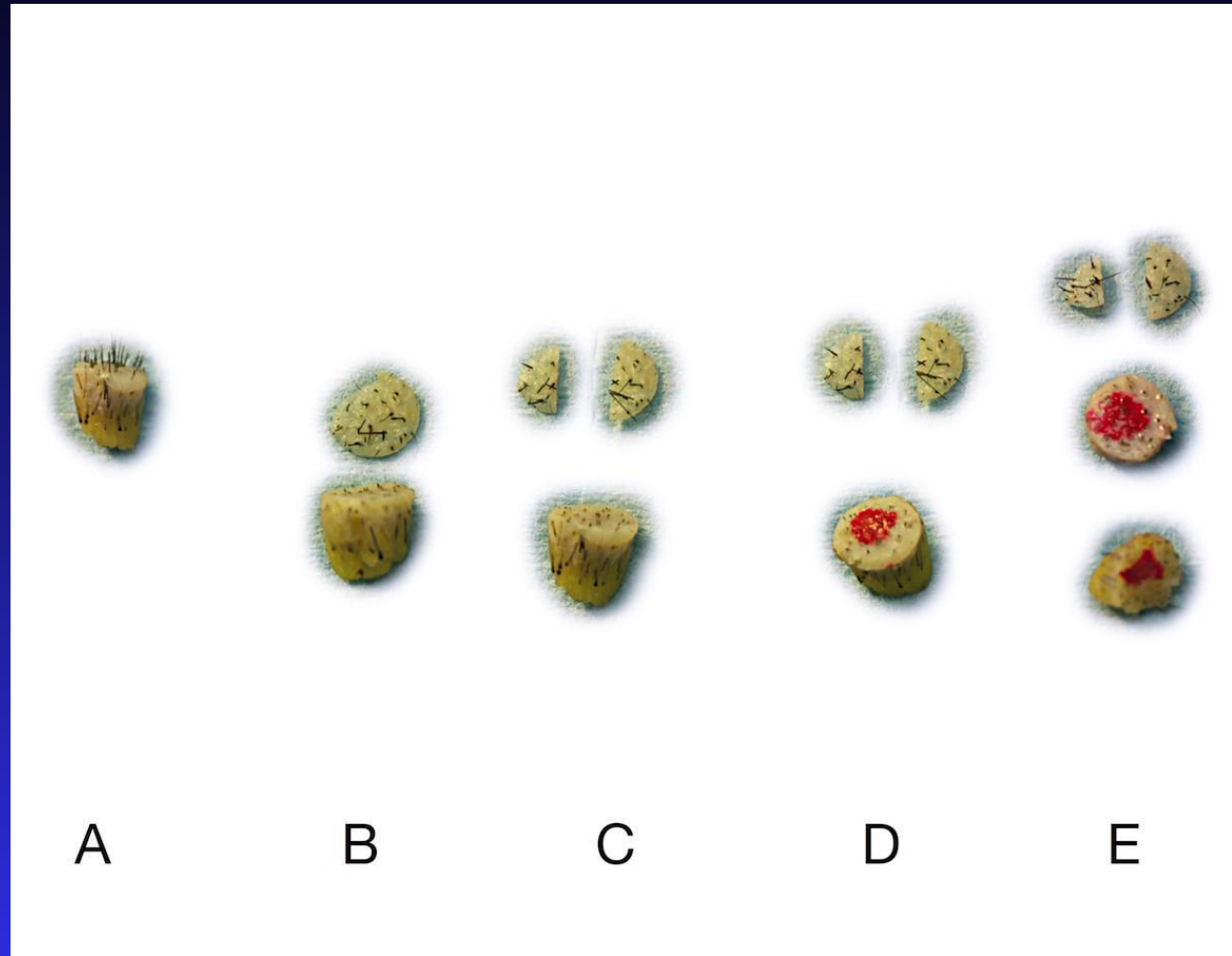
## Tissue Processing







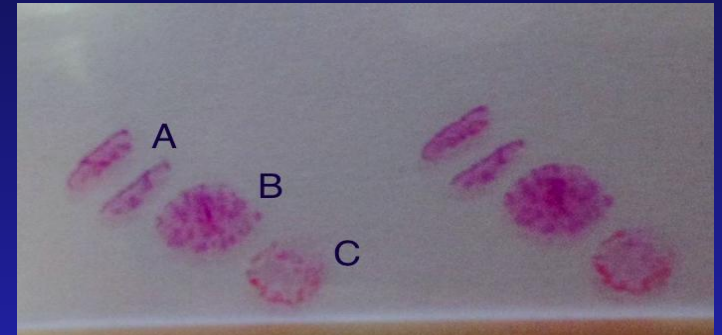
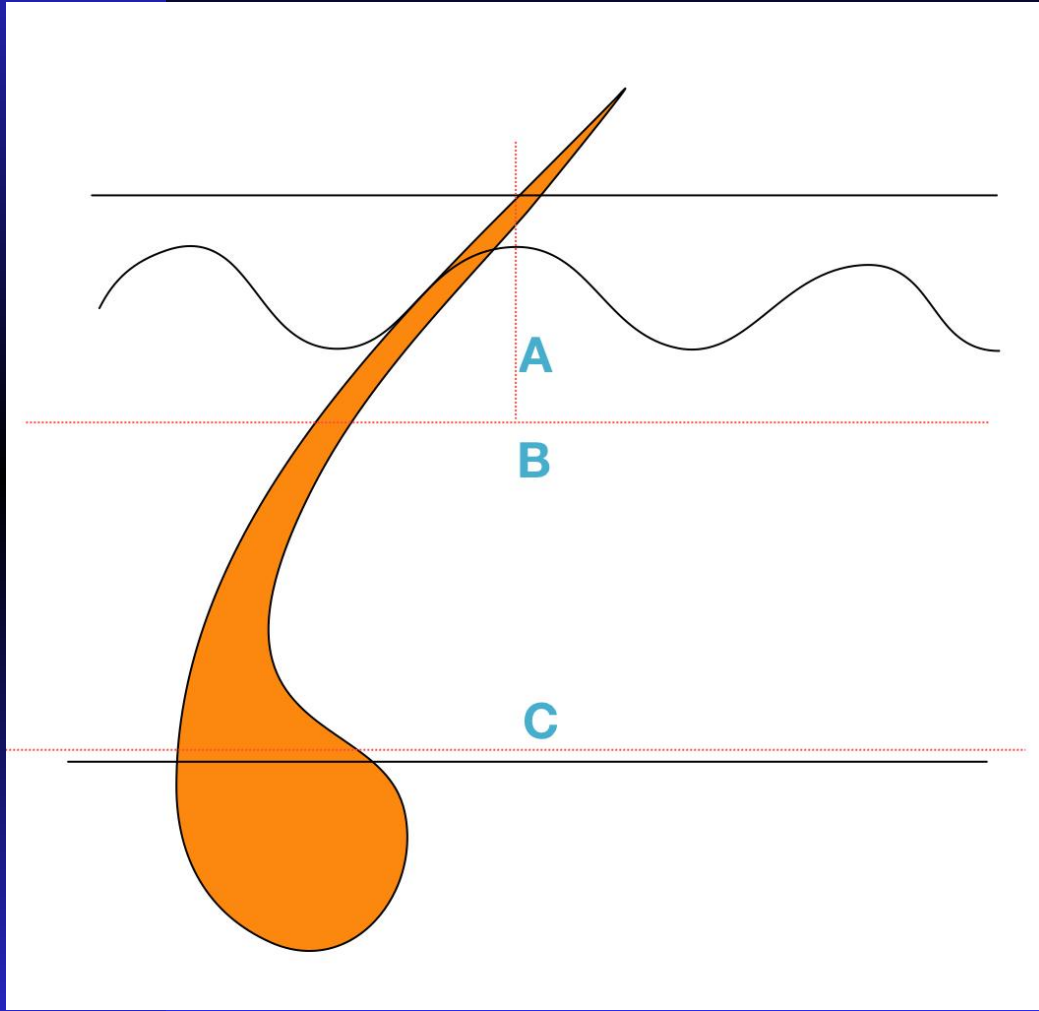
# Horizontal to Vertical = HoVert

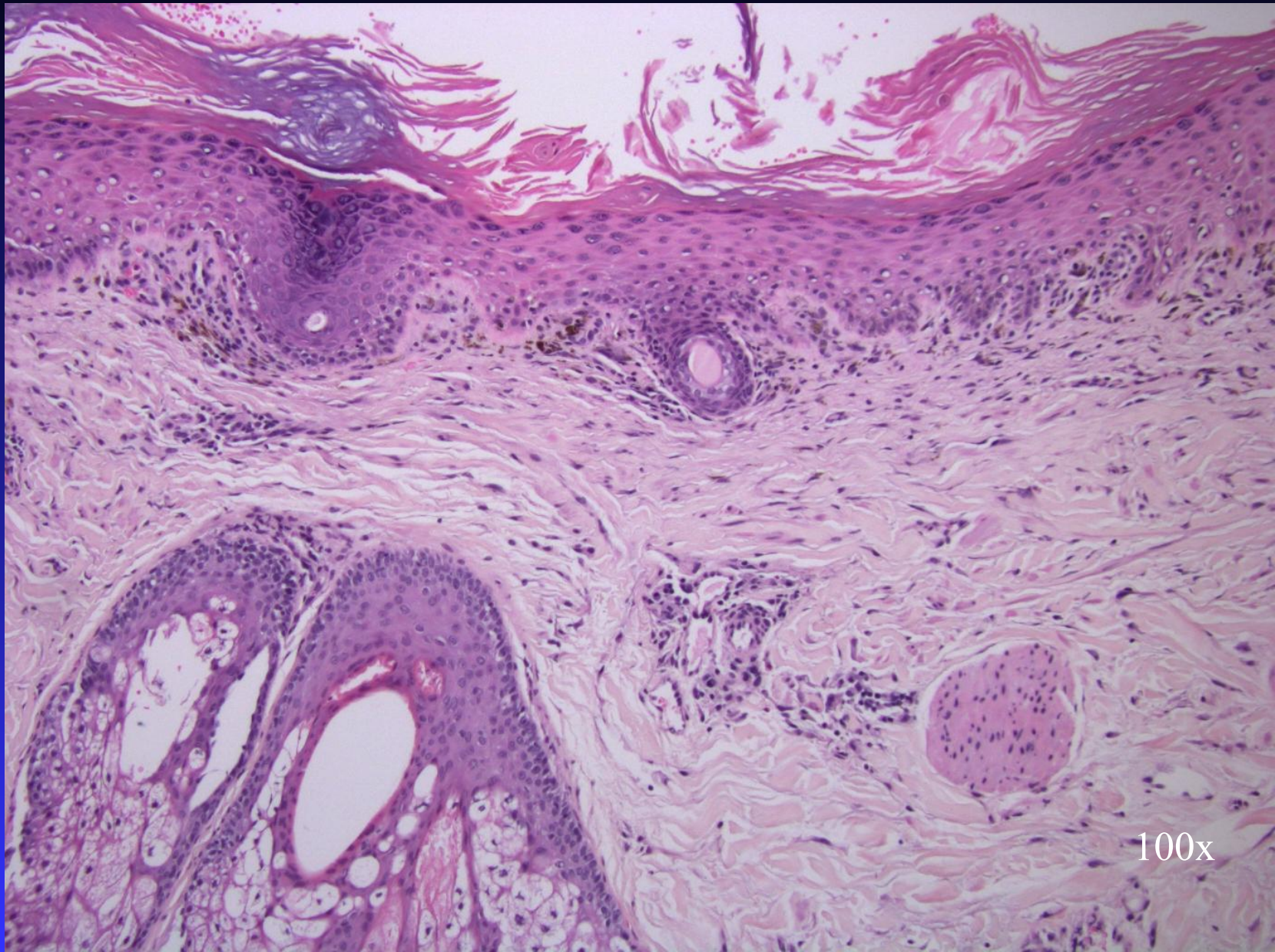


Nguyen JV, Hudacek K, Whitten JA, Rubin AI, Seykora JT. The HoVert technique: a novel method for the sectioning of alopecia biopsies. J Cutan Pathol 2011; 38: 401.



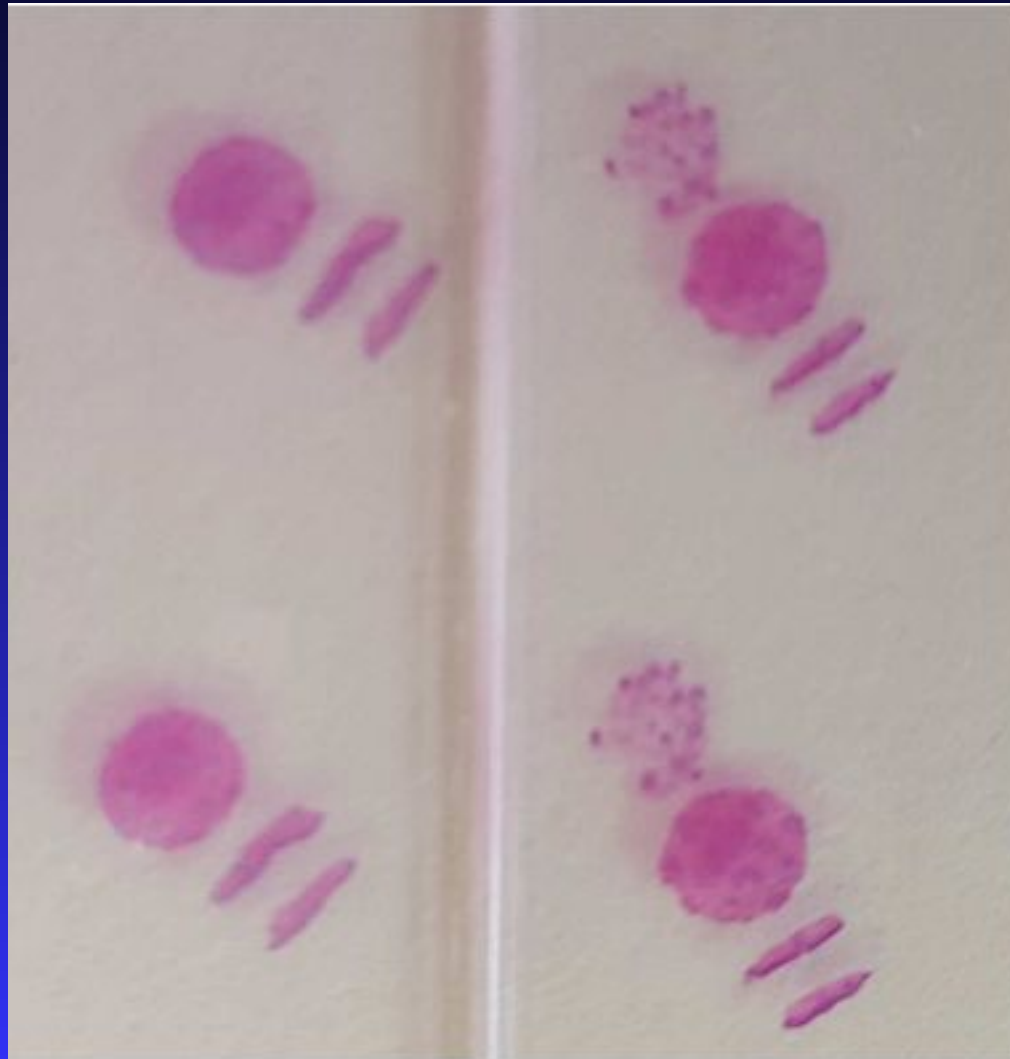
# Horizontal Vertical (HoVert) technique



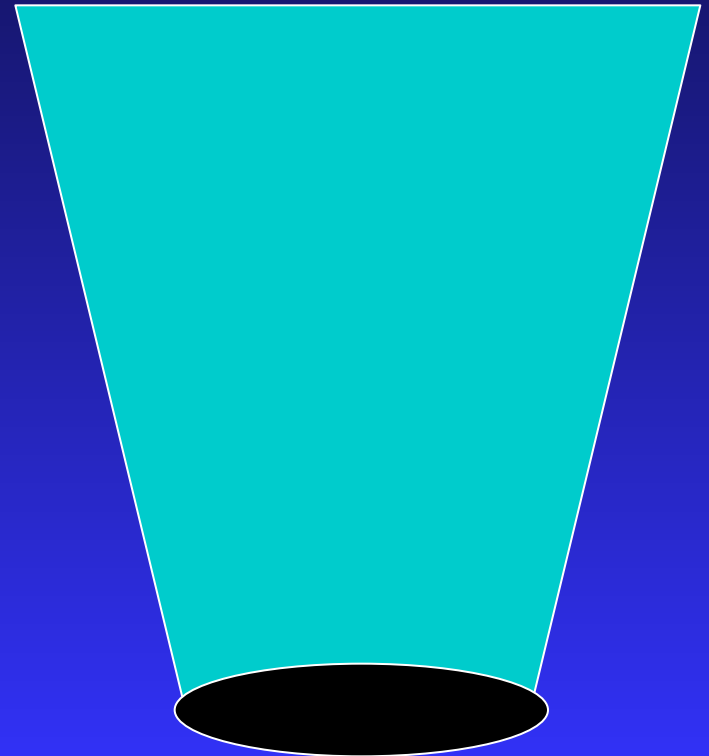
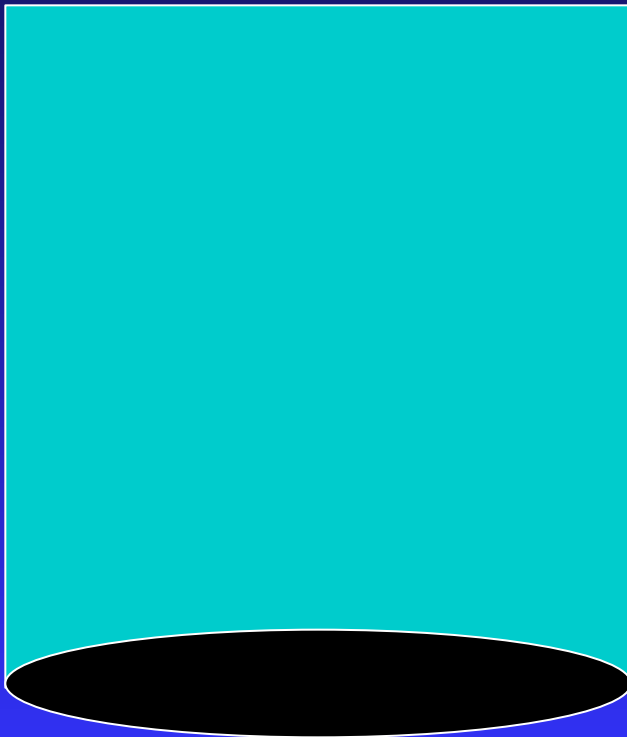


100x

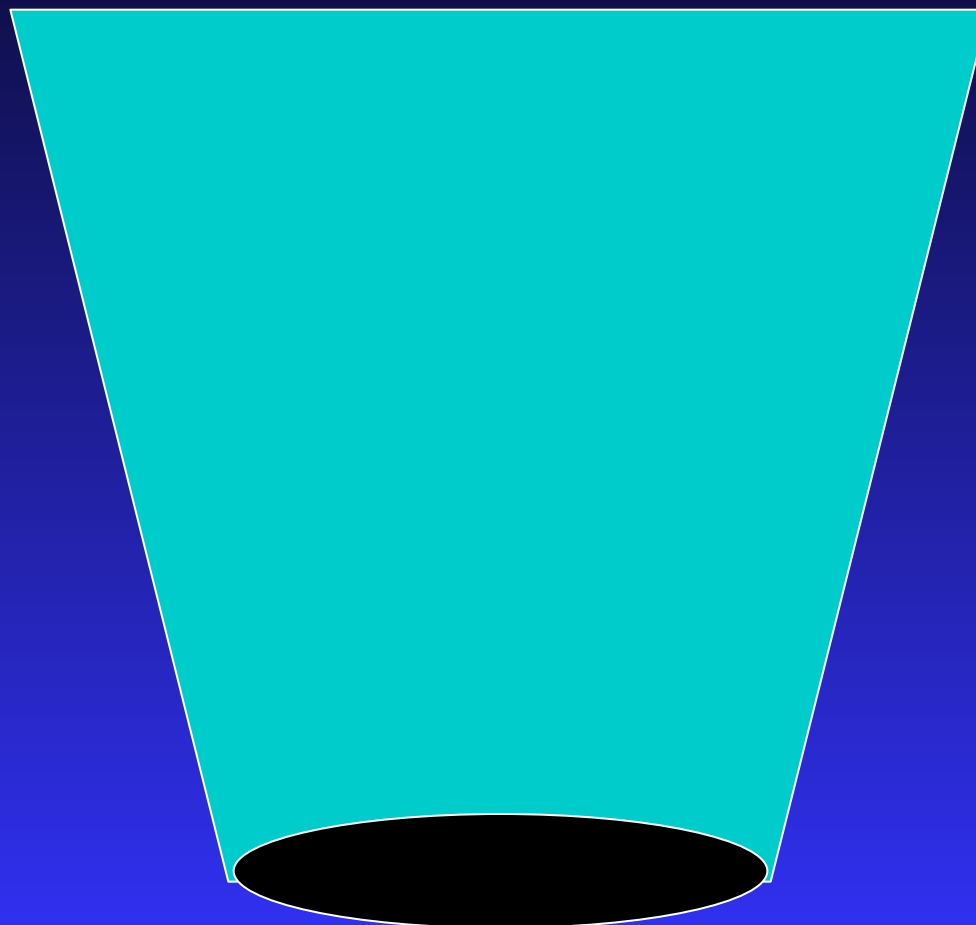
If biopsy is too thin,  
specimen bisected rather than trisected



Not all 4mm punches the same



Does not work well with  
transverse



Objective #2

H&E Examination



# Follicular size



**Vellus hairs**

Shafts  $\leq$  inner root sheath

Shafts  $\leq 0.03\text{mm}$



**Terminal hairs**

Shafts  $>$  inner root sheath

Shafts  $\geq 0.06\text{mm}$

# Telogen:vellus hair (T:V) ratio



**> 3:1** Normal (<50 years old)

**> 2:1** Normal (>50 years old):

---

senescence



**< 2:1** Miniaturization

# Miniaturization

## Usually Only 2 diagnoses

- Female/male pattern hair loss (androgenetic)
- Alopecia areata

# Female pattern hair loss

VS

# Male pattern hair loss

- Female miniaturized to a certain point, then stops
- Male advances to complete loss of follicles

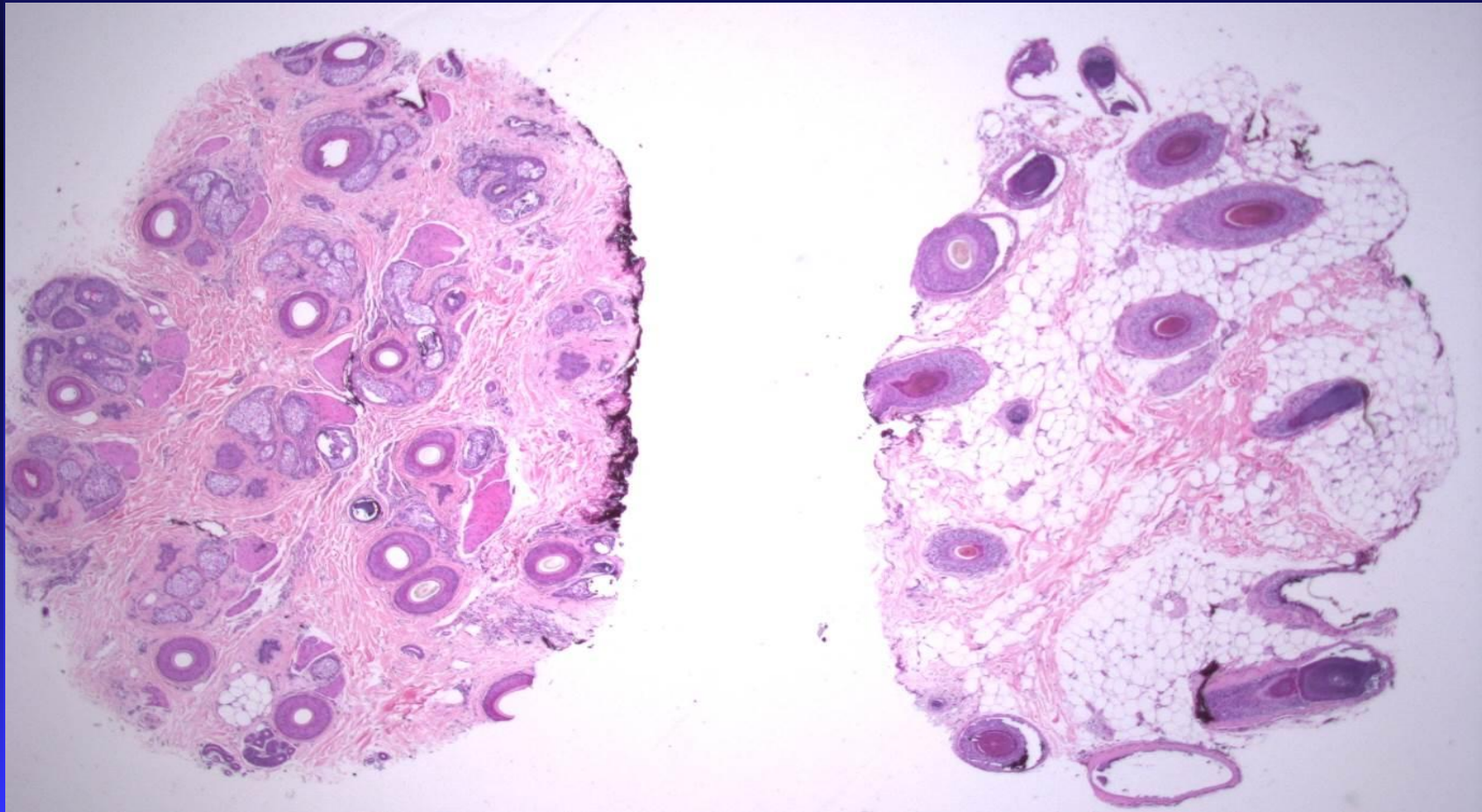
# Intermediate Size—For diagnostic purposes group with vellus/miniaturized



Indeterminate hairs

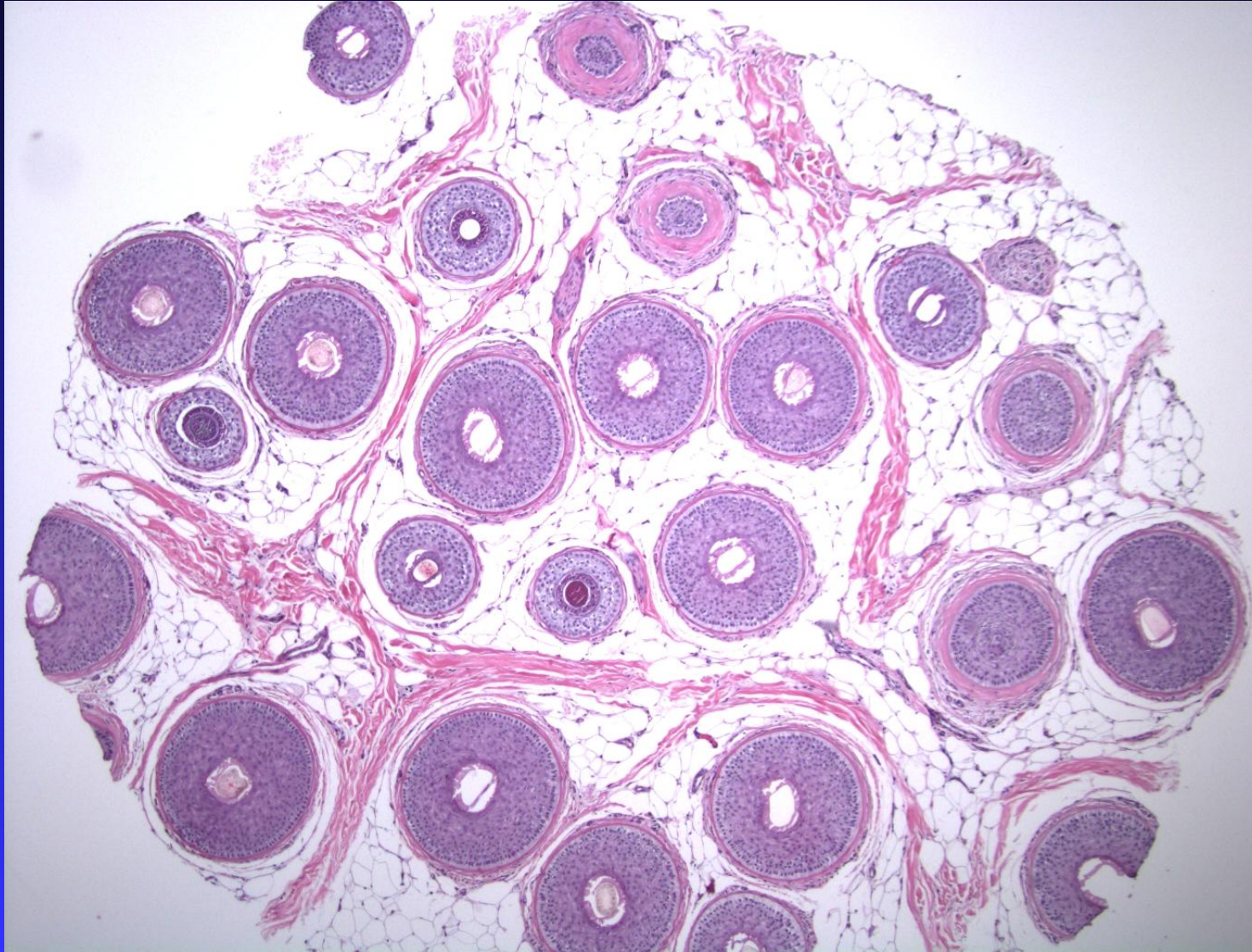
$0.03\text{mm} < \text{shafts} < 0.06 \text{ mm}$

# Miniaturization



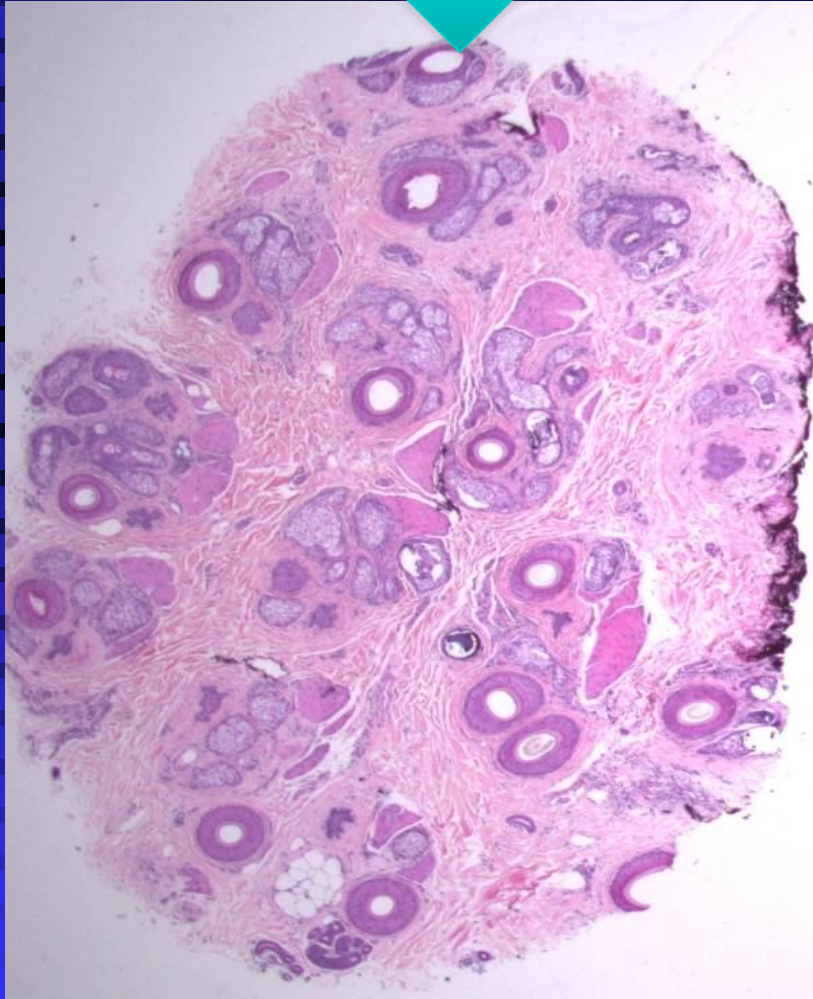


# No miniaturization

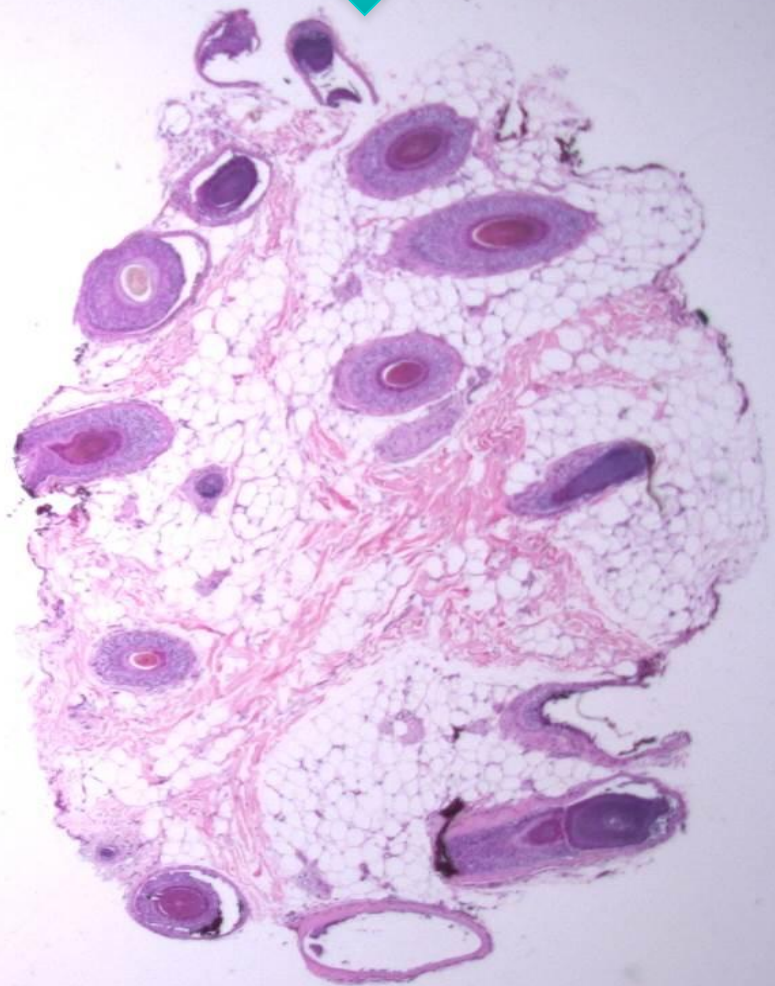




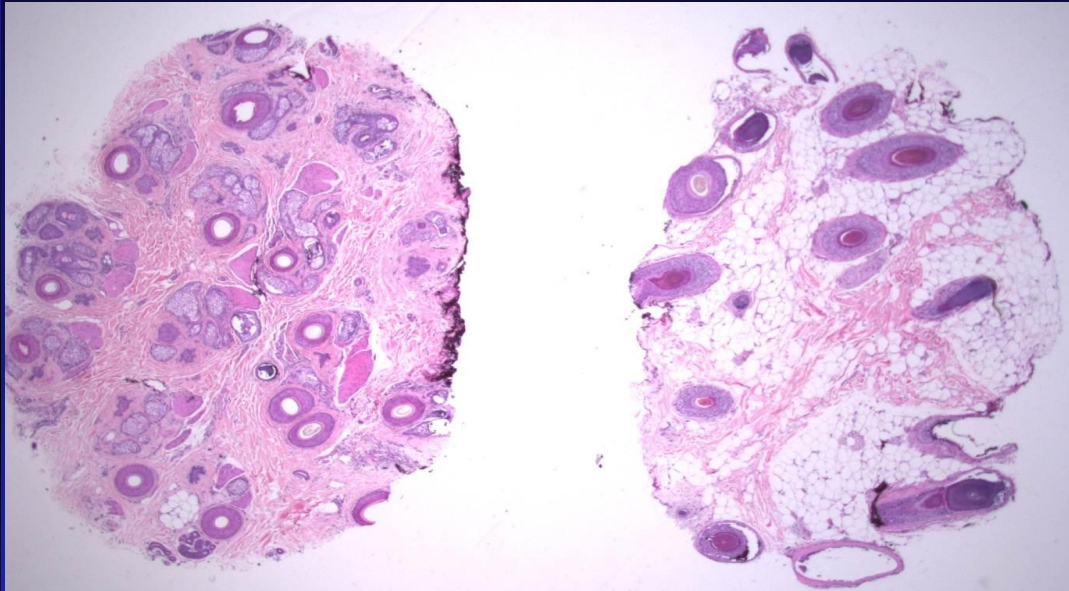
**Total = Terminal  
+ Vellus hairs**



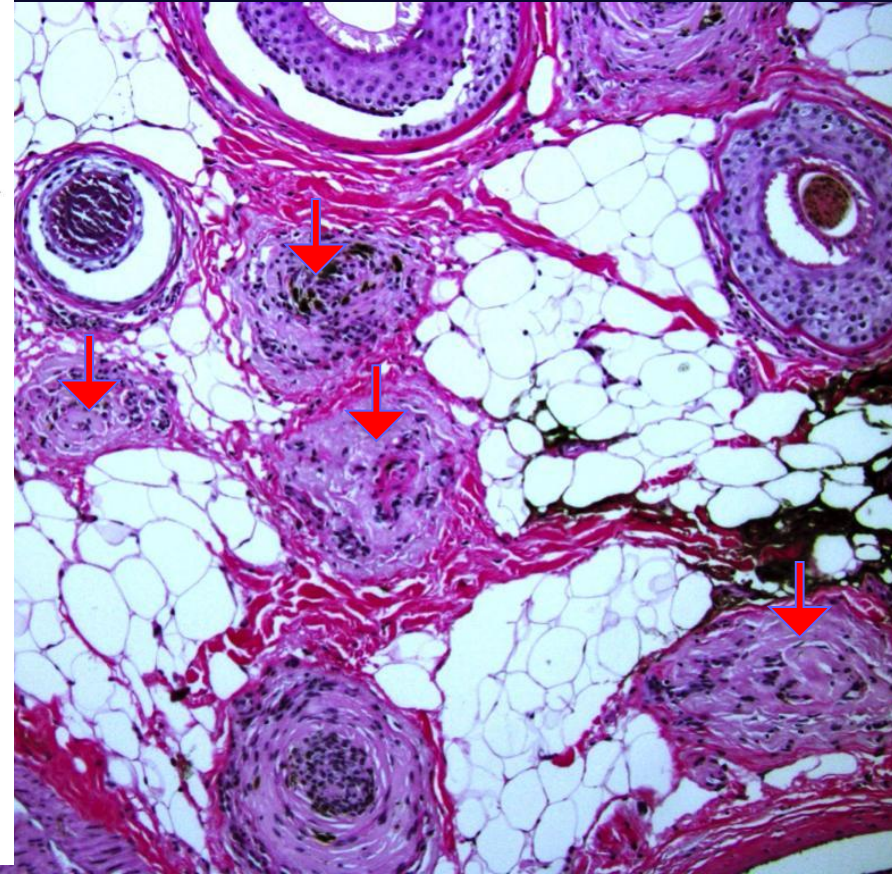
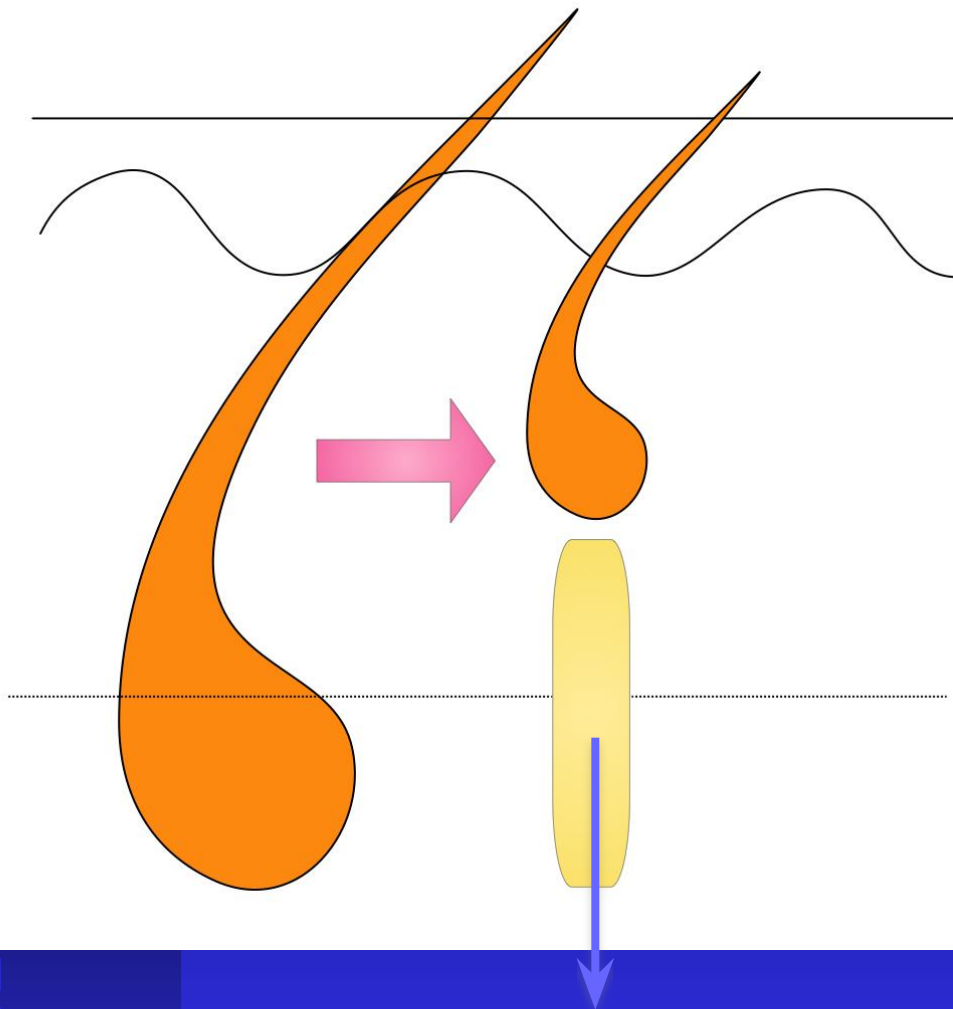
**Terminal hairs**







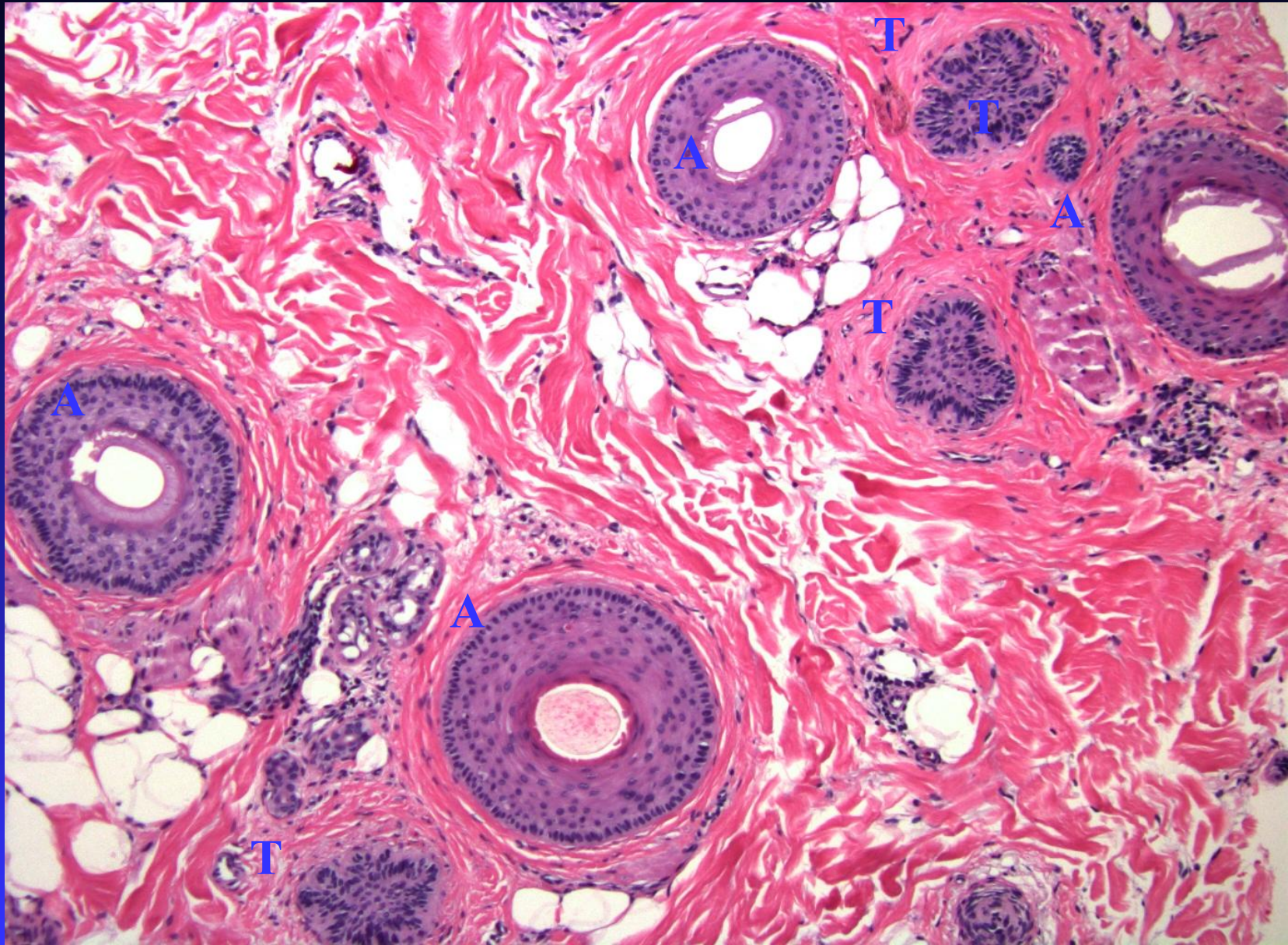
**Total      –      Terminal = Vellus hairs**



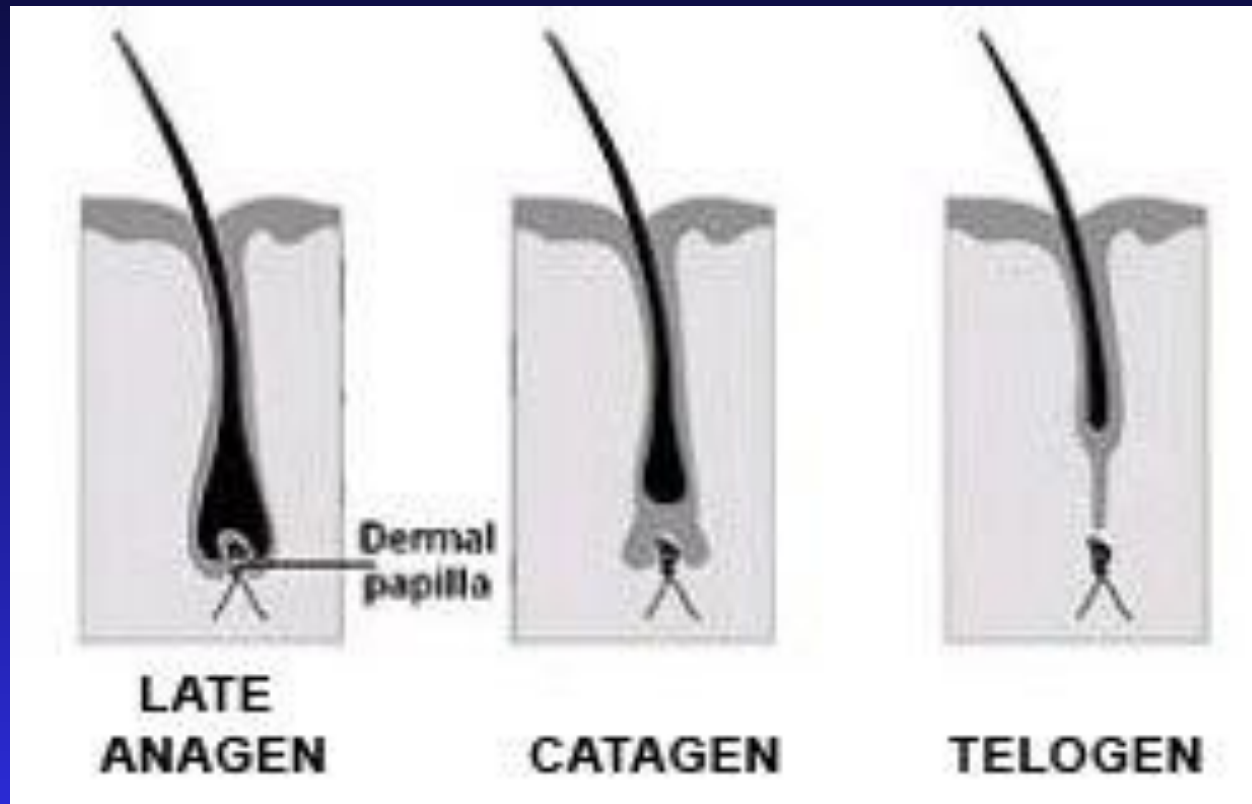
**Follicular fibrous tract (stela)**



# Follicular Phase



# Normal Hair Cycle



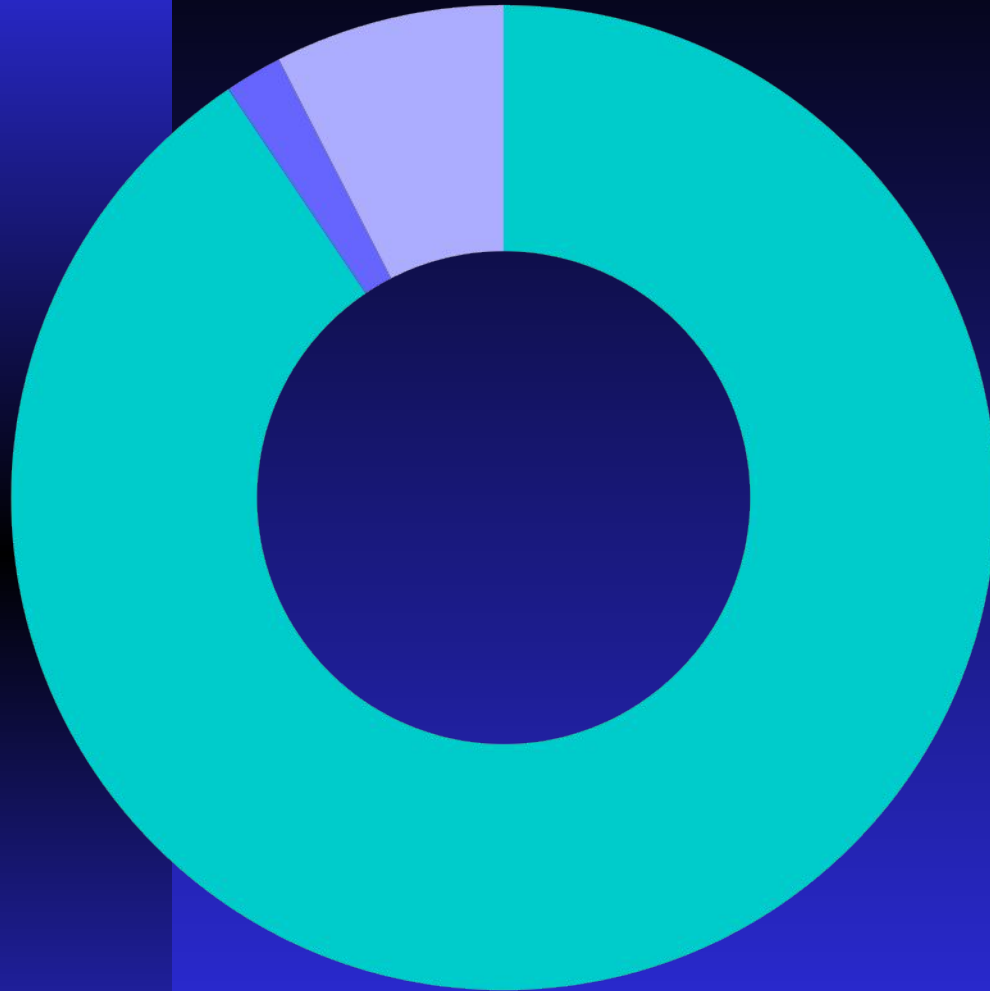
# Normal Hair Cycle—Scalp

- Anagen: >85% of all hairs; 5-7 years in length
- Catagen: <2%; 2 weeks
- Telogen: <15%; 5 weeks

# Duration of Anagen Phase=Hair Length

- Scalp 2-7 years
- Pubic/Axillary 3 months
- Eyebrows/eyelashes <1 month

Terminal hair

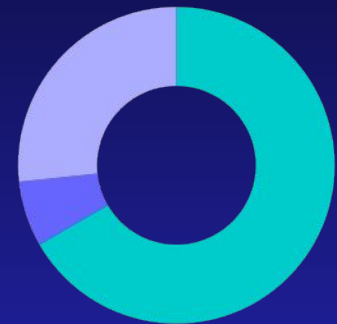


■ Anagen ■ Catagen ■ Telogen

Miniaturization



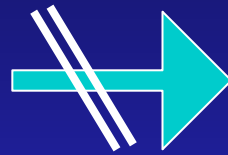
Vellus hair



■ Anagen ■ Catagen ■ Telogen

# Catagen-Telogen Importance in diagnosis

Acute  
Telogen  
Effluvium

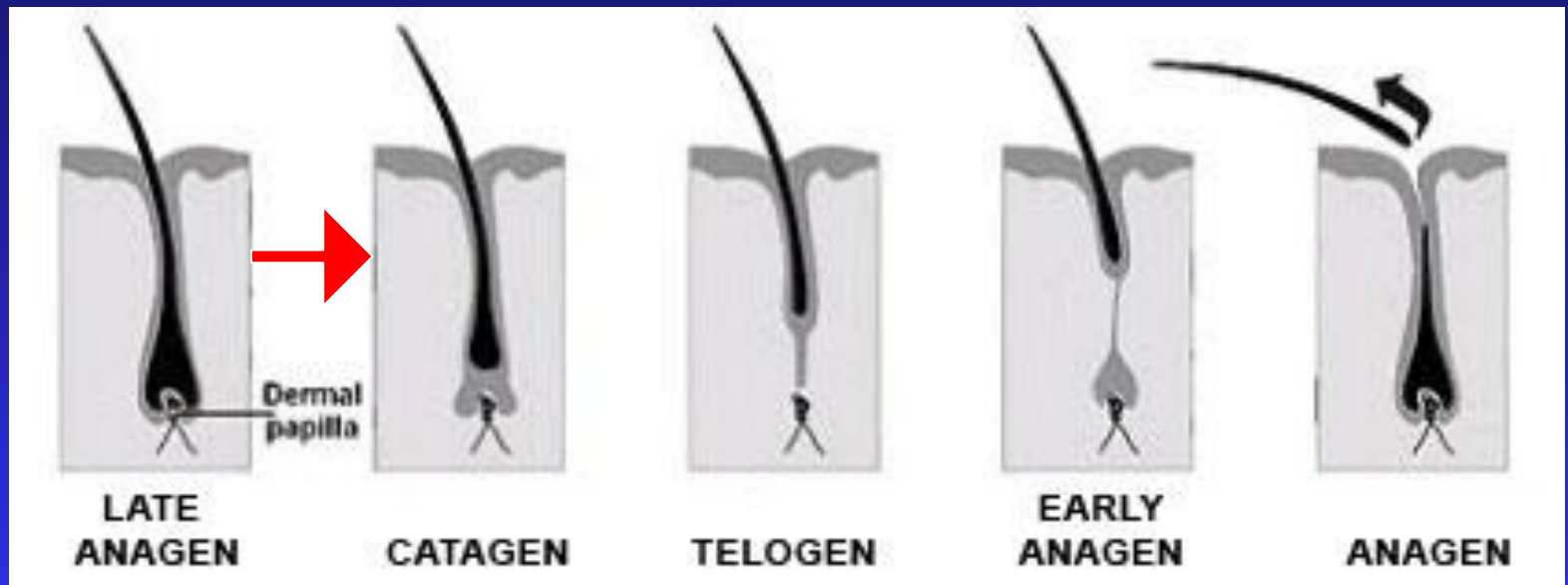


Chronic  
Telogen  
Effluvium



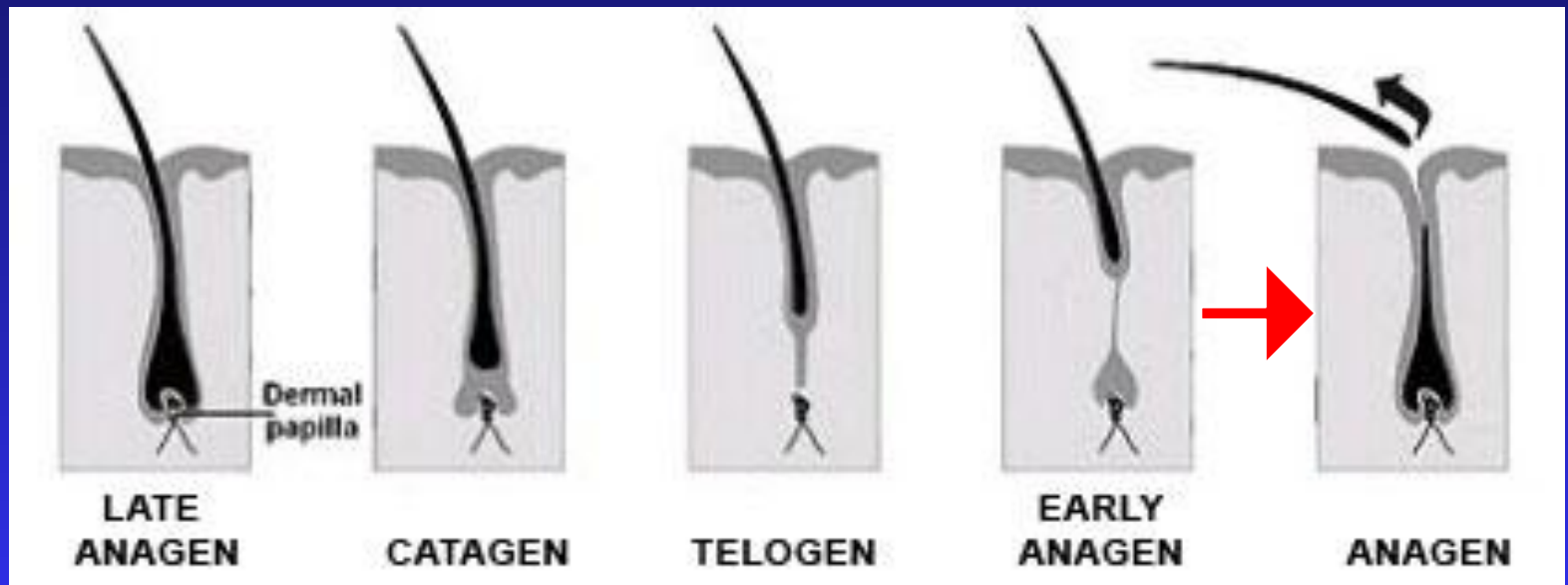
# Acute Telogen Effluvium.

- Profound, synchronized cycle into catagen/telogen

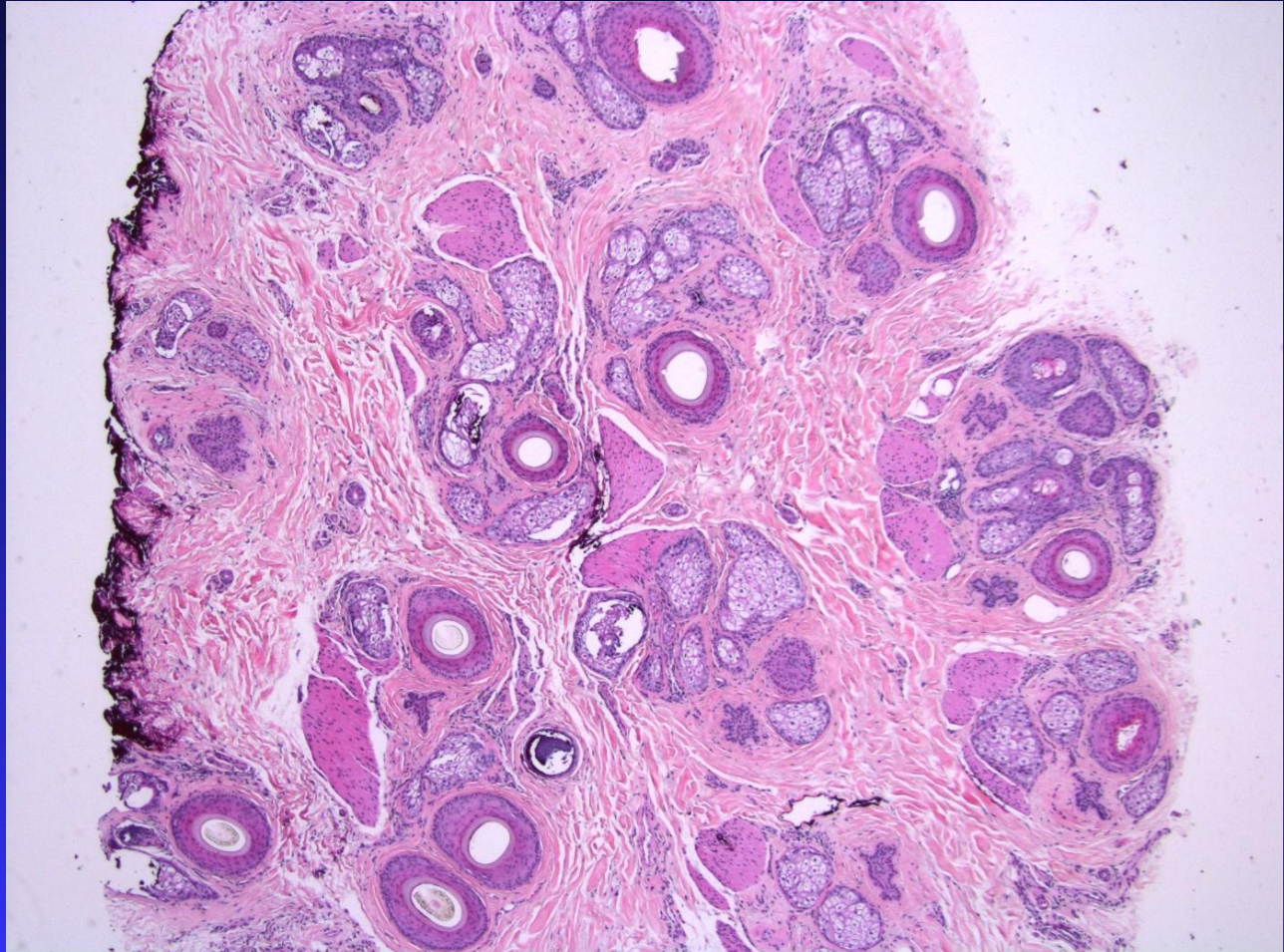


# Acute Telogen Effluvium.

- Shedding occurs several months after insult (fever, anesthesia, drug ingestion).



# Acute Telogen Effluvium. Right after insult



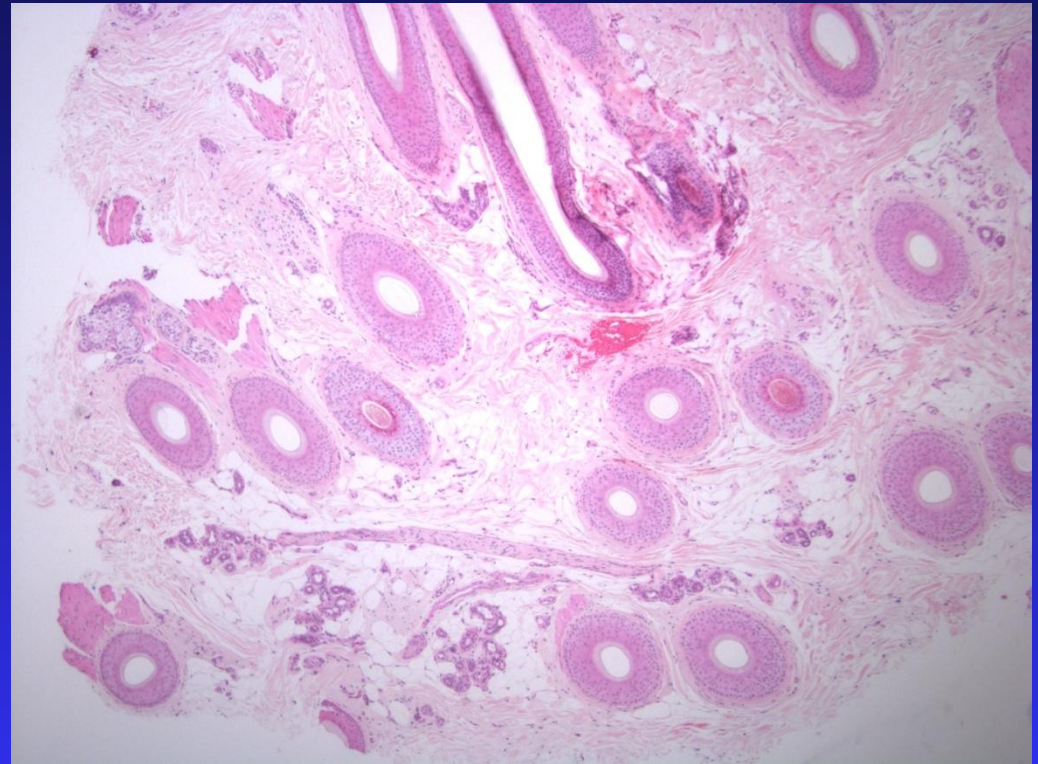
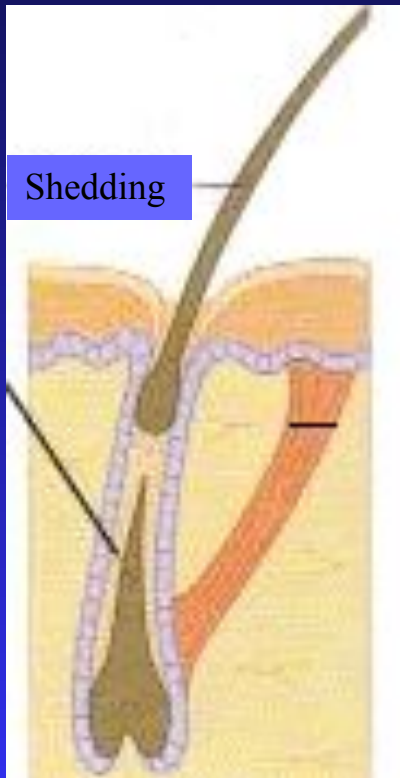


# Acute Telogen Effluvium. During shedding



# Acute Telogen Effluvium

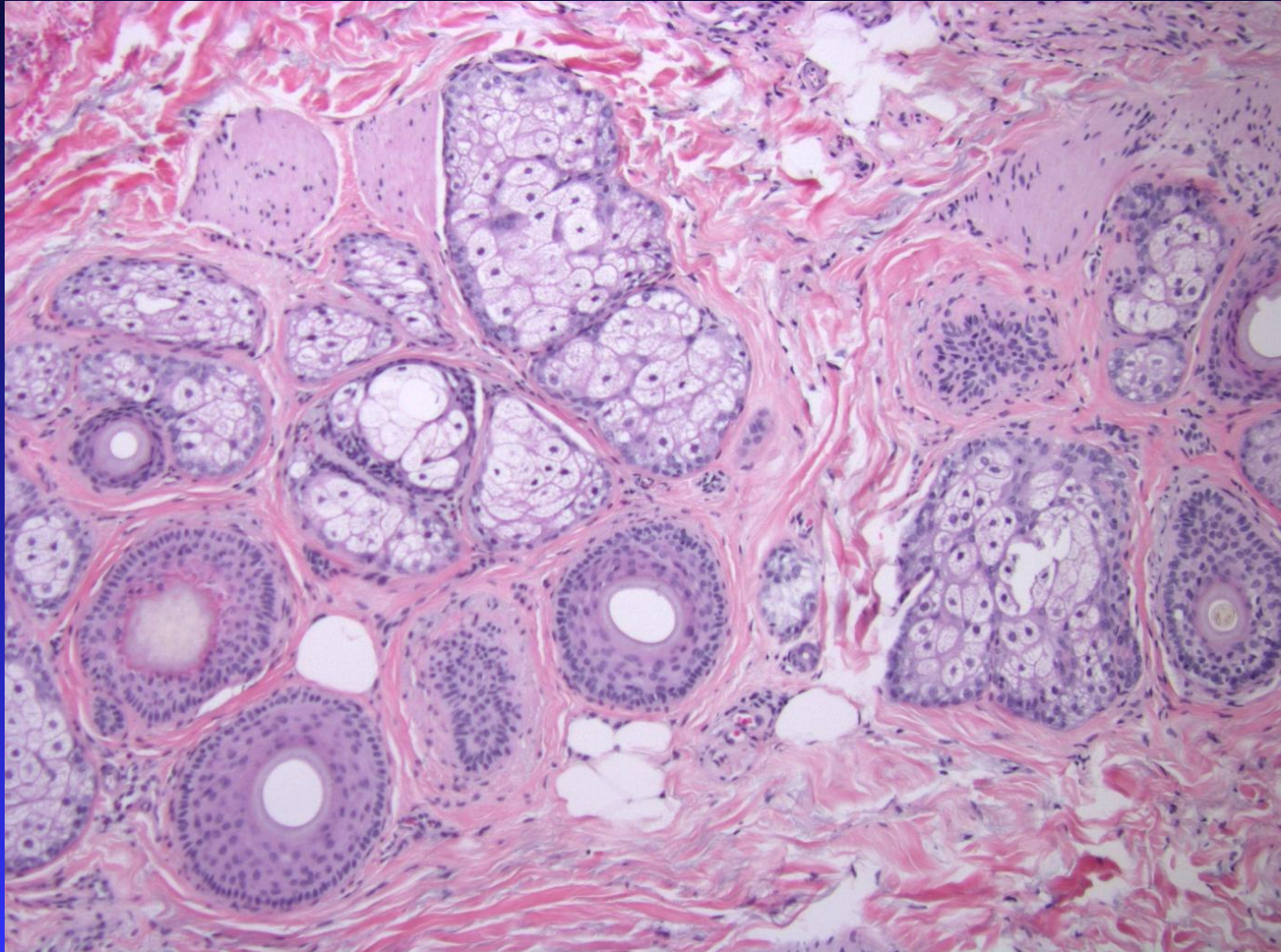
Histology: 100% Anagen phase follicles





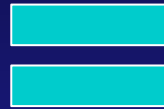
# Chronic Telogen Effluvium

Histology: High catagen/telogen (>15-50%)



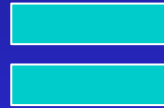
# Summary of Telogen Effluvium

Acute  
Telogen  
Effluvium

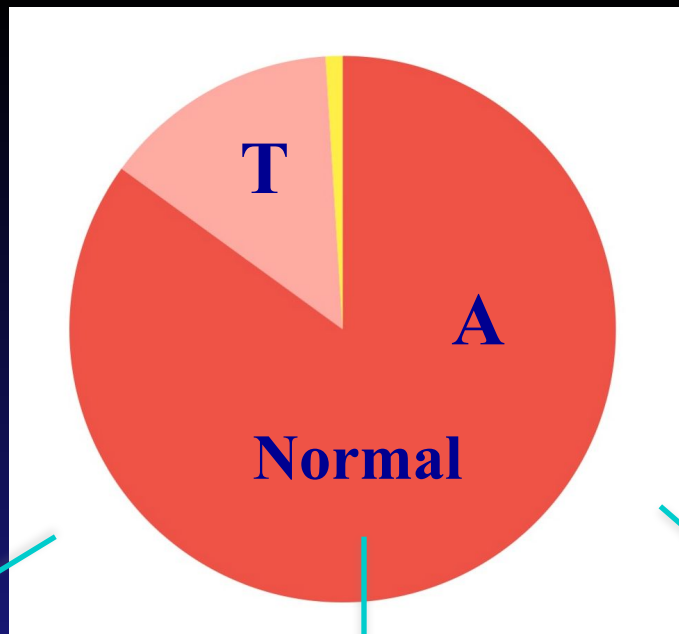


100%  
Anagen

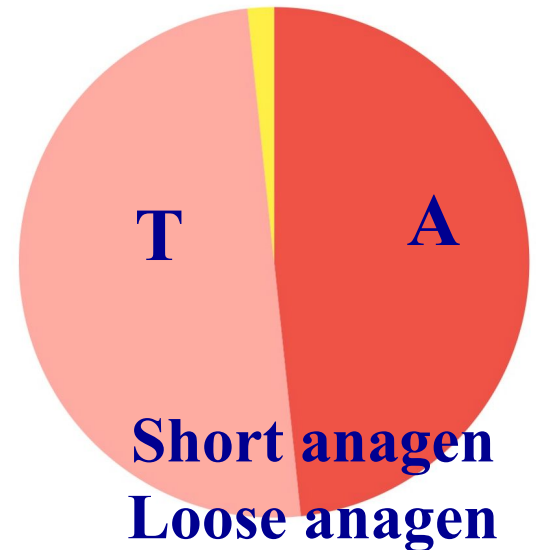
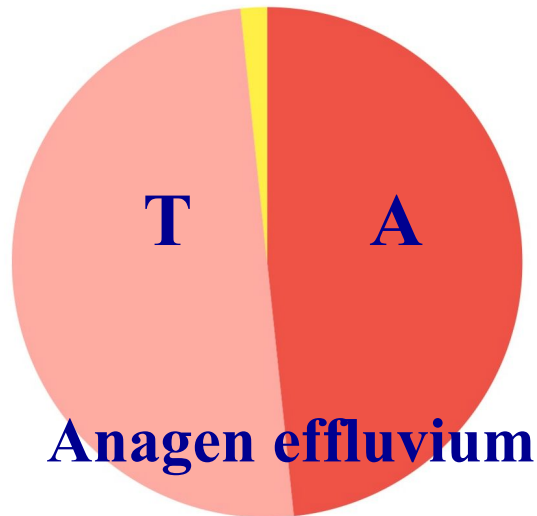
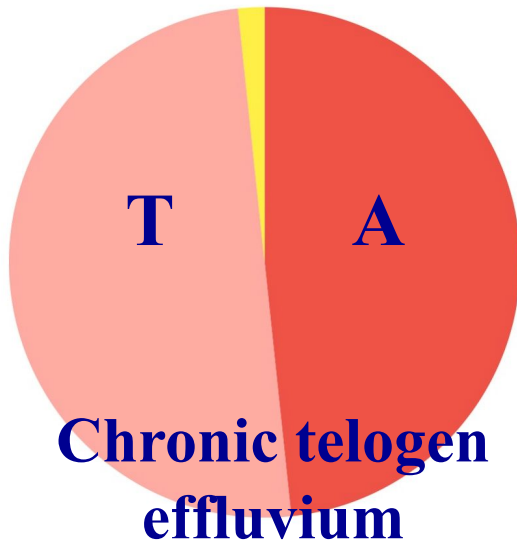
Chronic  
Telogen  
Effluvium



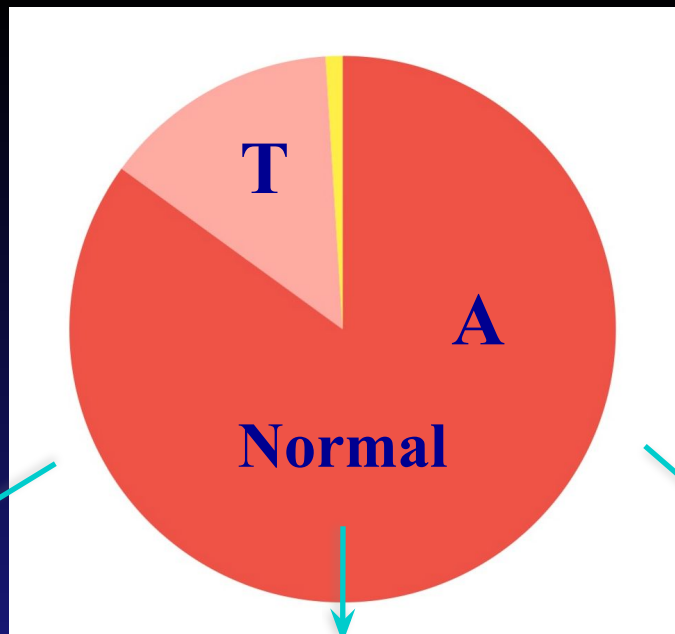
>20%  
Catagen/telogen



Short anagen  
duration



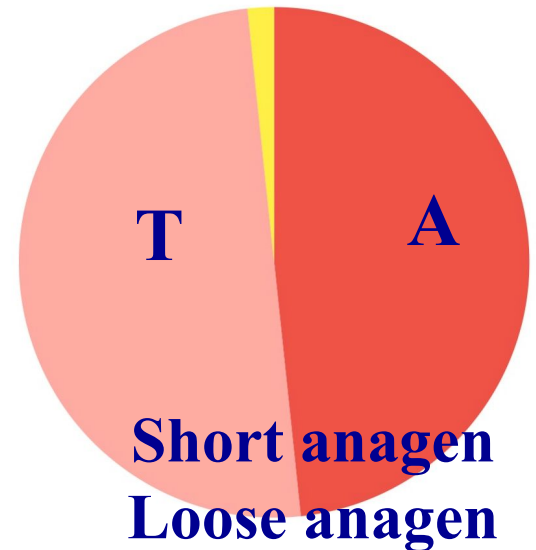
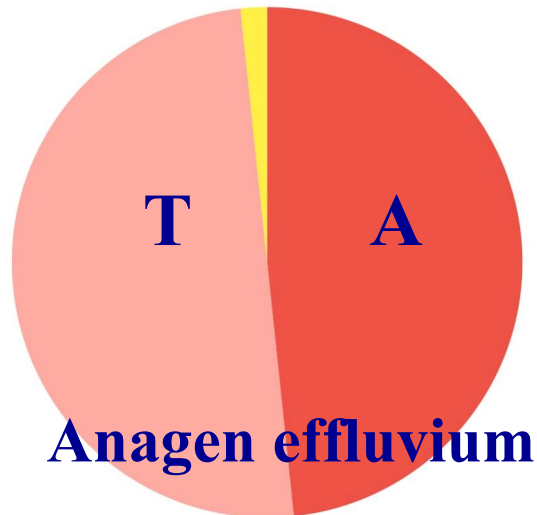
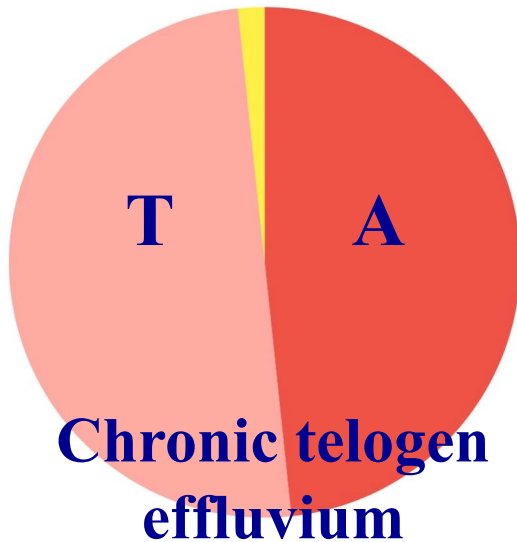




Premature  
cycling

Abrupt arrest  
of anagen

Short cycle  
genetic



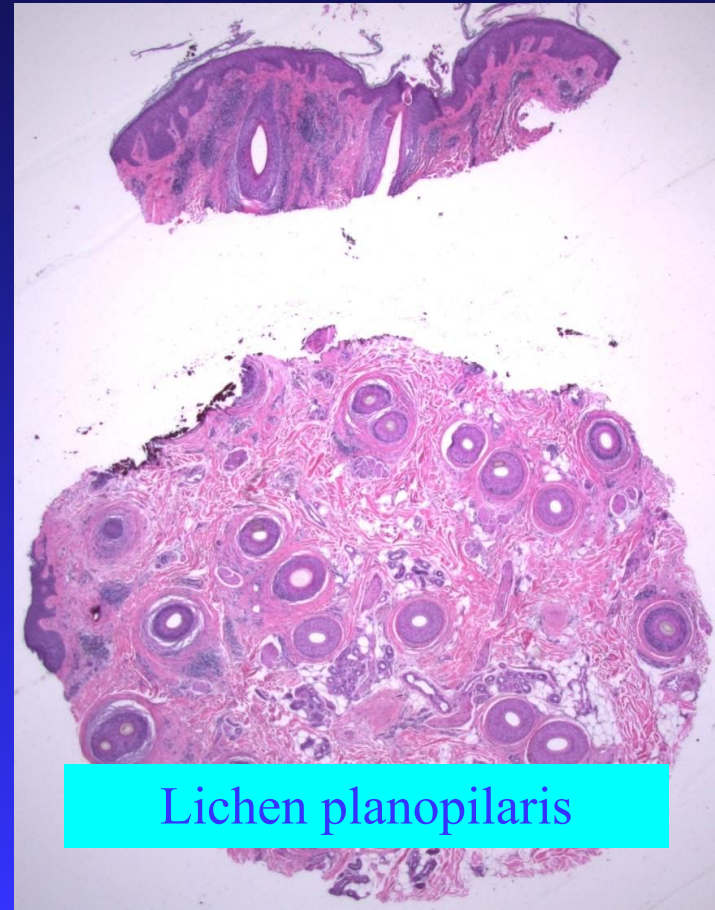
Diffuse alopecia with normal or absent  
catagen/telogen hairs:

Acute telogen effluvium

Diffuse lichen planopilaris



Acute telogen effluvium



Lichen planopilaris

# Trichotillosis

- Trichotillomania
- Traction alopecia

# Trichotilosis

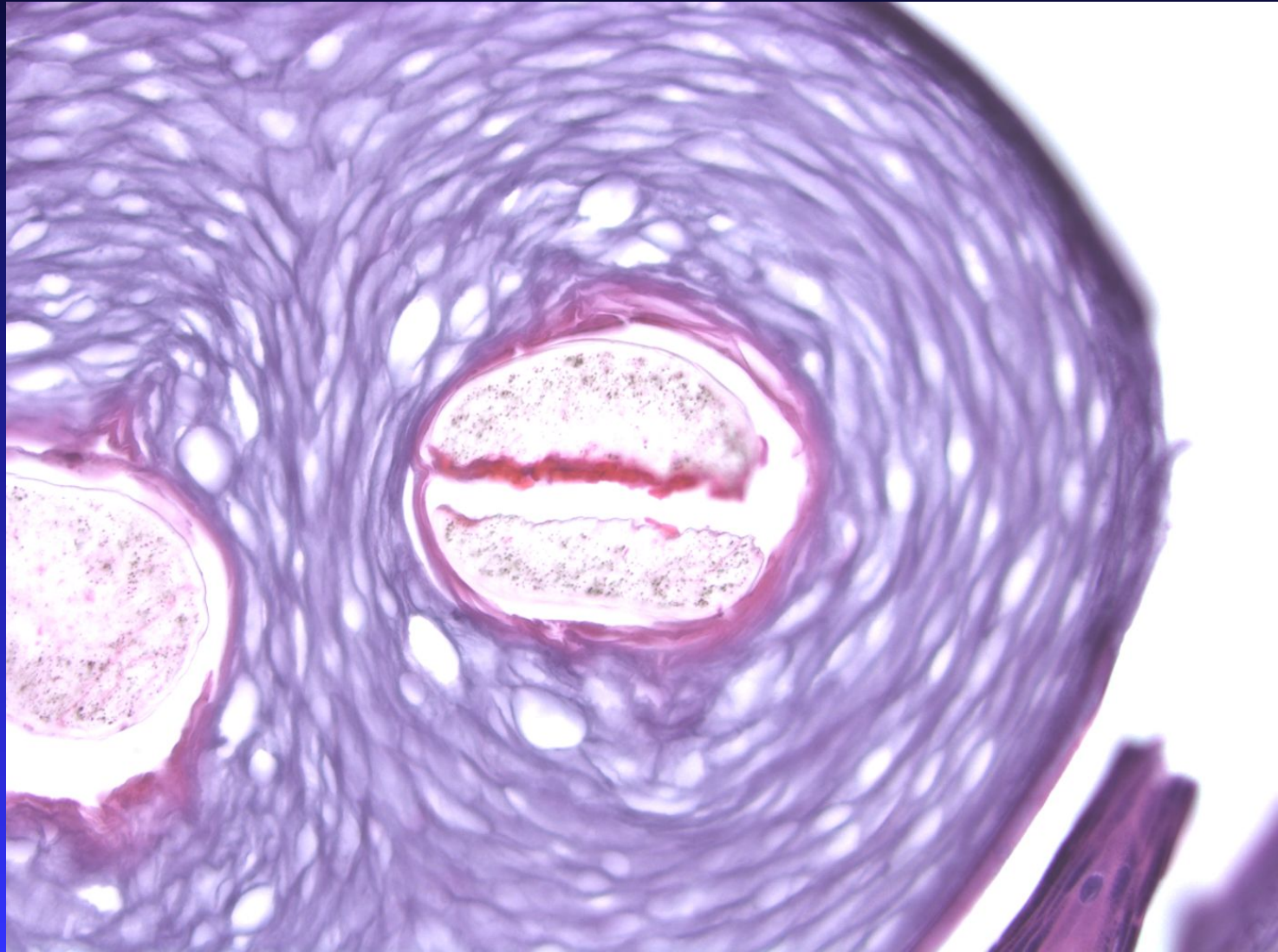
Probably not good to group

- Trichotillomania
  - Catagen/telogen shift
  - Hair shaft breakage
  - Melanin casts
  - Lichen simplex chronicus
- Traction alopecia
  - Low count (follicular loss)
  - Catagen/telogen shift



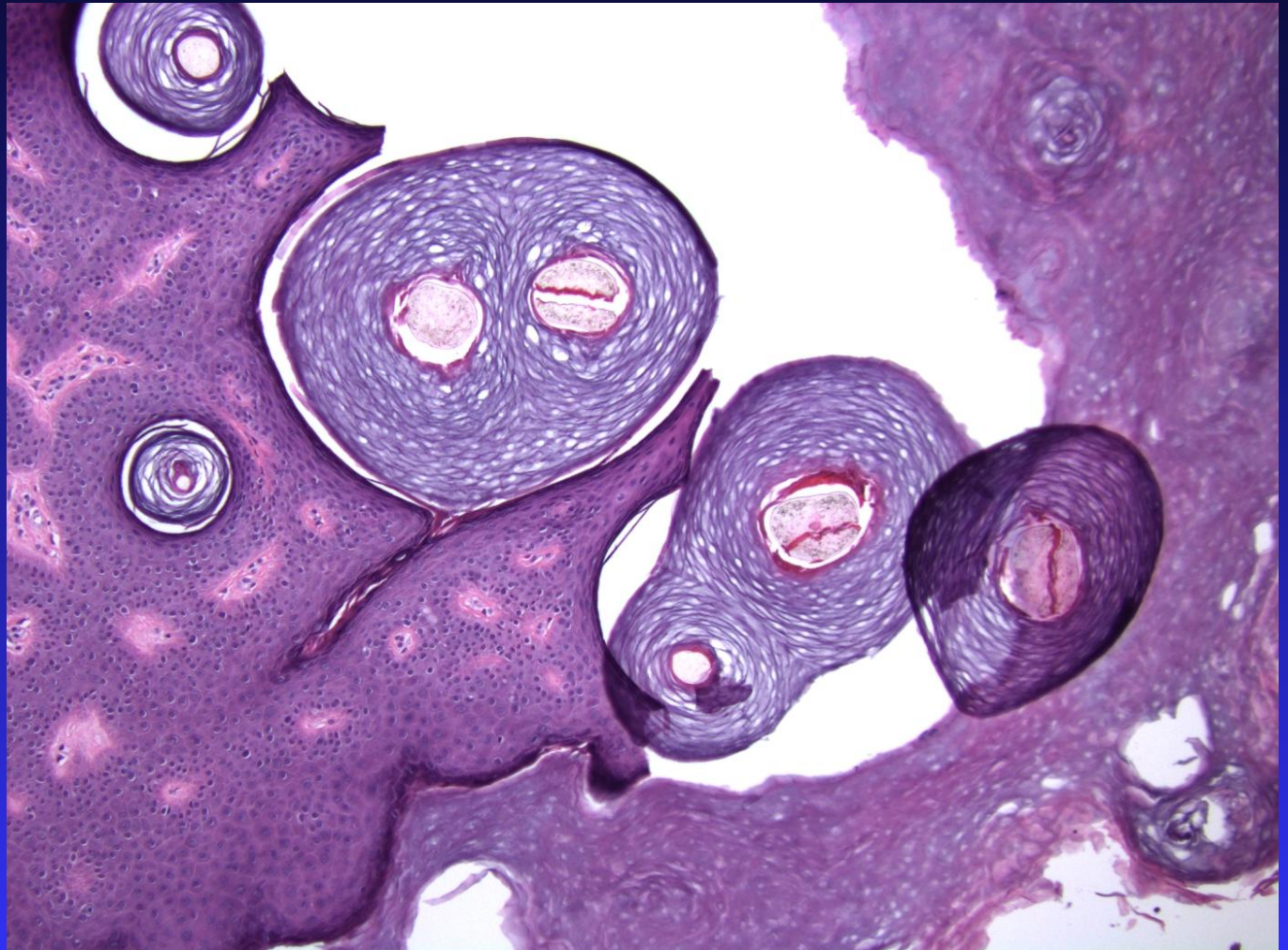
# Trichotillomania: Hamburger Sign

Royer MC Royer MC and Sperling LC Royer MC and Sperling LC. Splitting hairs: the 'hamburger sign' in TRoyer MC and Sperling LC. Splitting hairs: the 'hamburger sign' in Trichotillomania. J Cutan Pathol. 33Suppl 2:63-4, 2006.



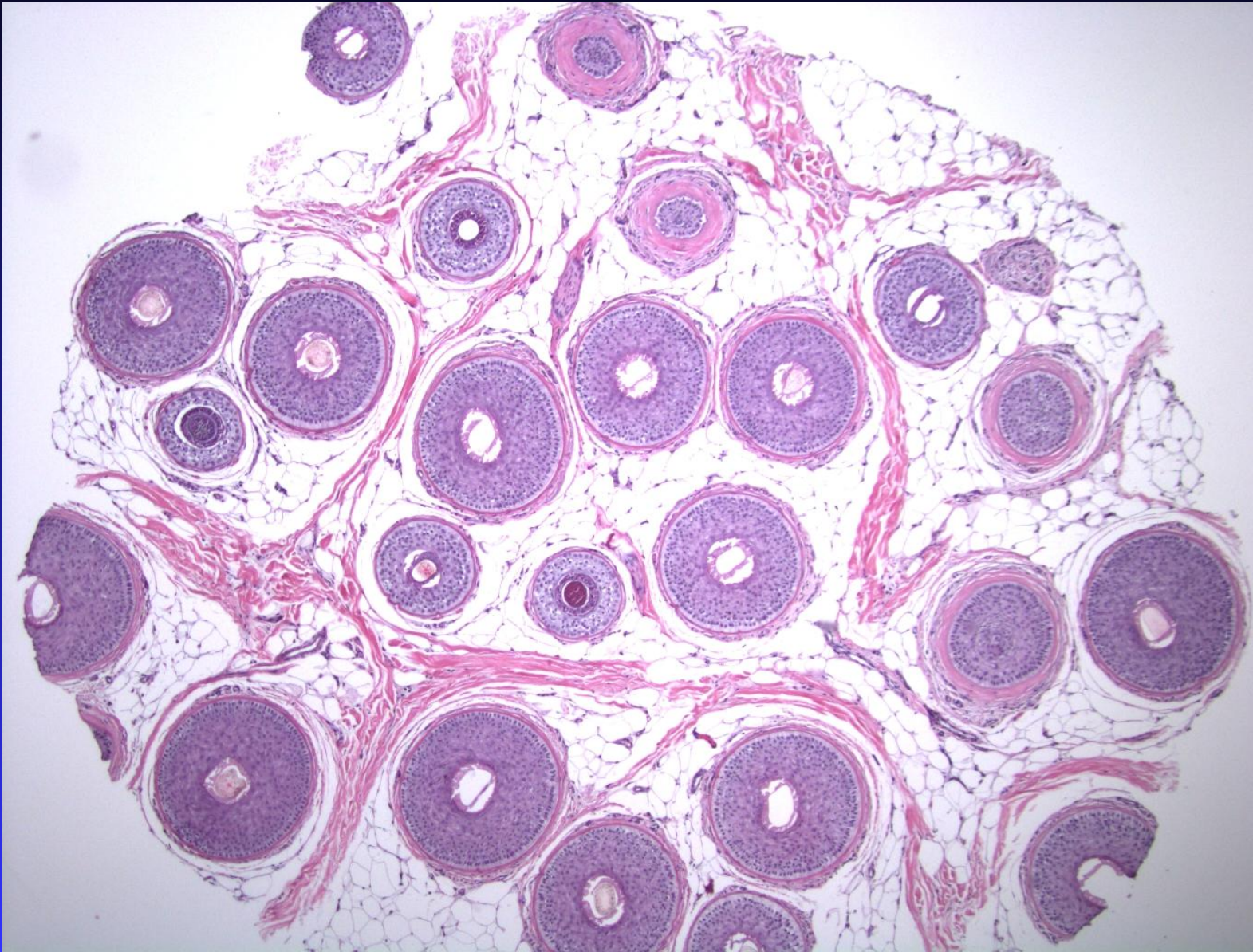


# Lichen simplex chronicus



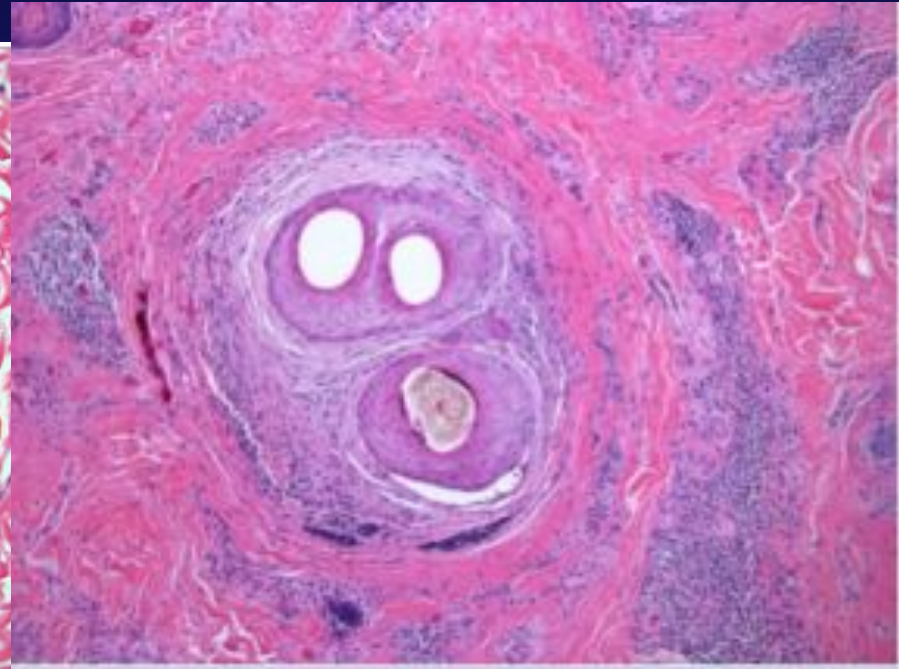


# Trichotillosis-Catagen/Telogen shift

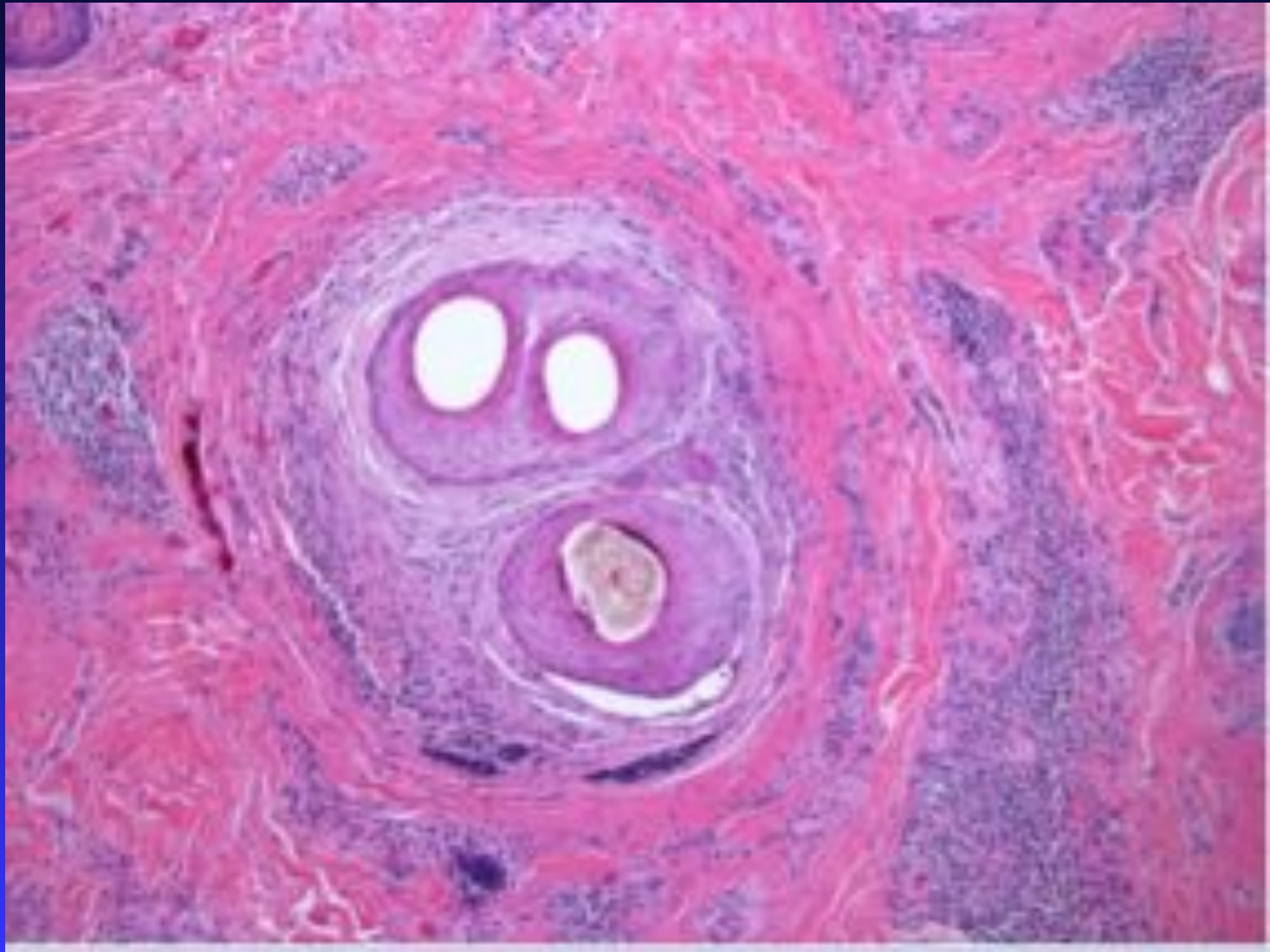




# Normal Ostium—Not scar



May be a resolving acneiform lesion  
(Zit)





# Lichen Planopilaris (LPP)

## ■ Miniepidemic?

- ◆ Hair loss clinicians observing increased incidence.
- ◆ Traditionally US West Coast > East Coast
- ◆ Observed during exams when patient being seen for other problem

# Lichen Planopilaris

## Increasing Incidence

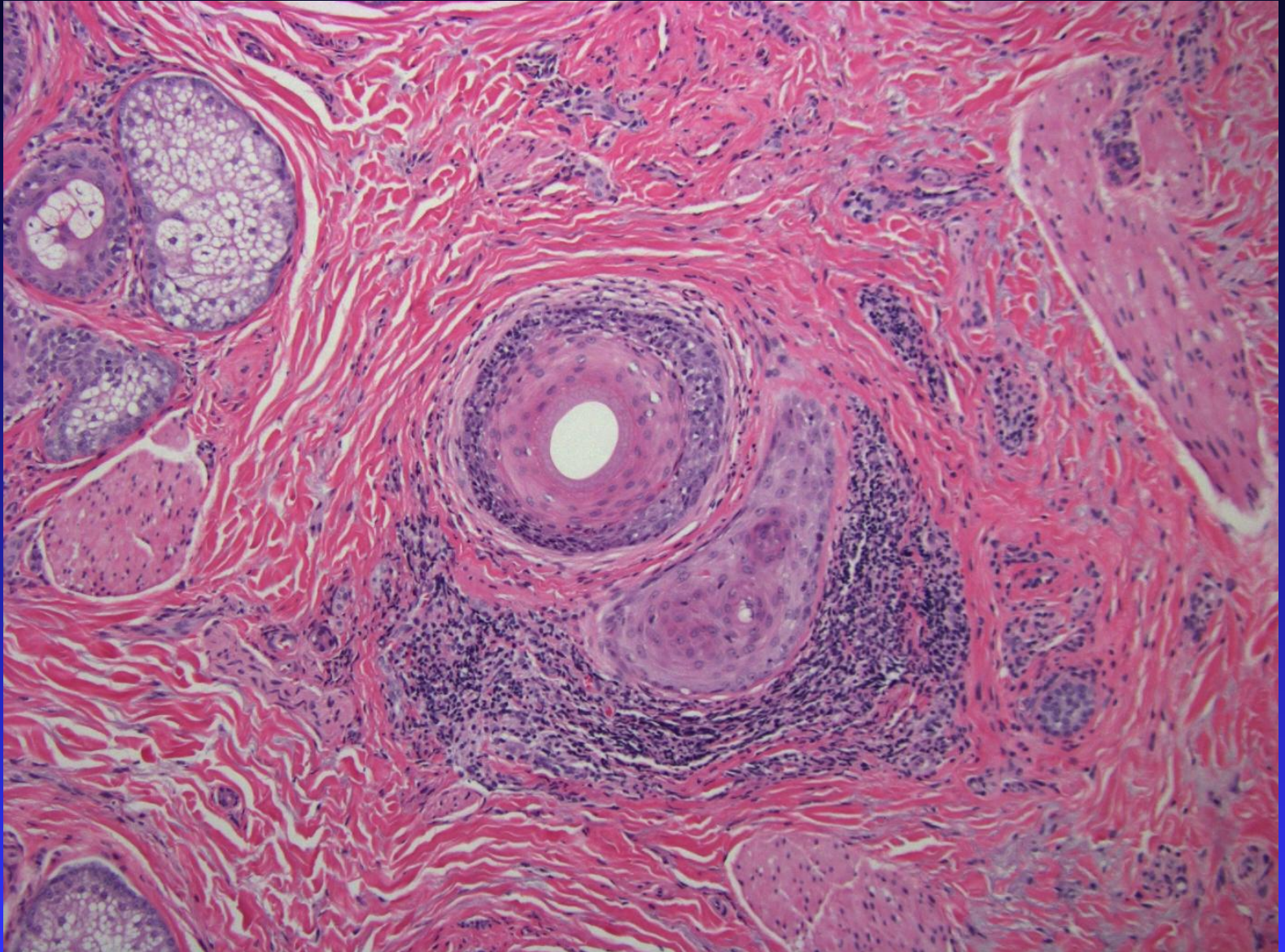
### ■ Nanoparticle

- ◆ Lichen planus—Metals, especially dental implicated
  - ◆ Gold, mercury—dental\*
  - ◆ Nail LP associated with +metal patch test\*\*

\*Sasaki G et al. J Dermatol 23:890, 1996.

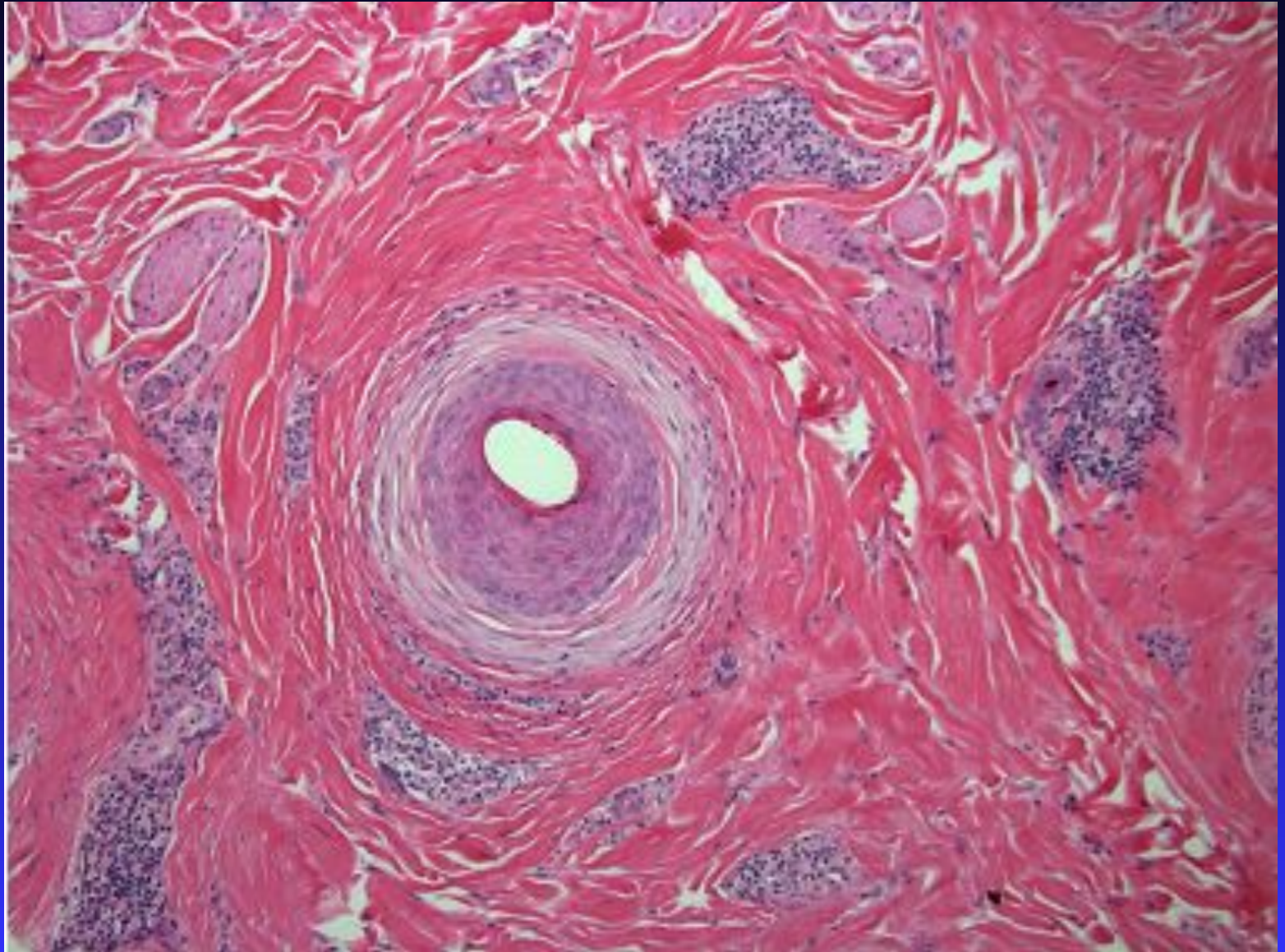
\*\*Nishizawa A et al. J Eur Acad Dermatol Venerol 27:e231, 2013.

# Lichen Planopilaris





# Lichen Planopilaris

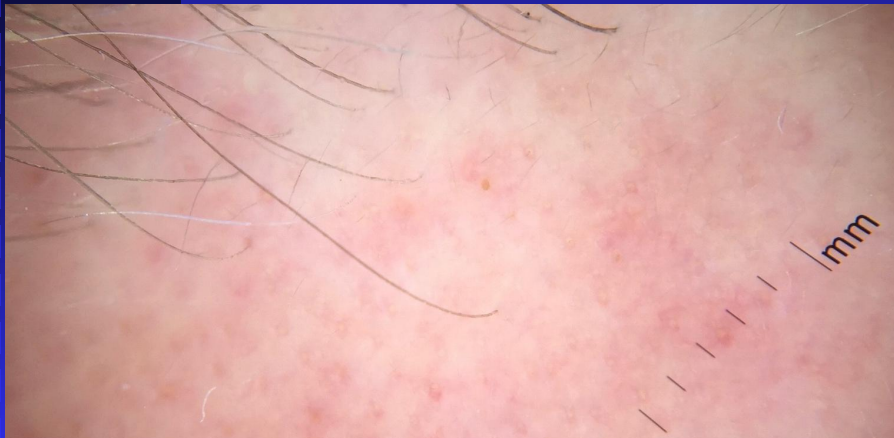
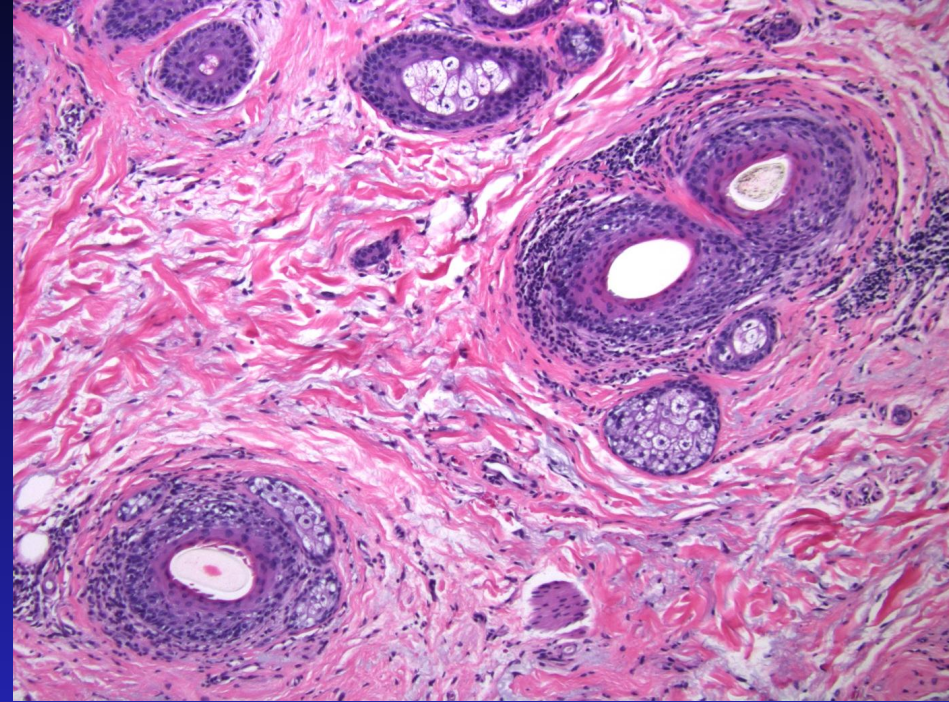




# LPP—Frontal Fibrosing Variant

- Appears to target smaller follicles  
(eyebrows, vellus/body)
- Increasing incidence

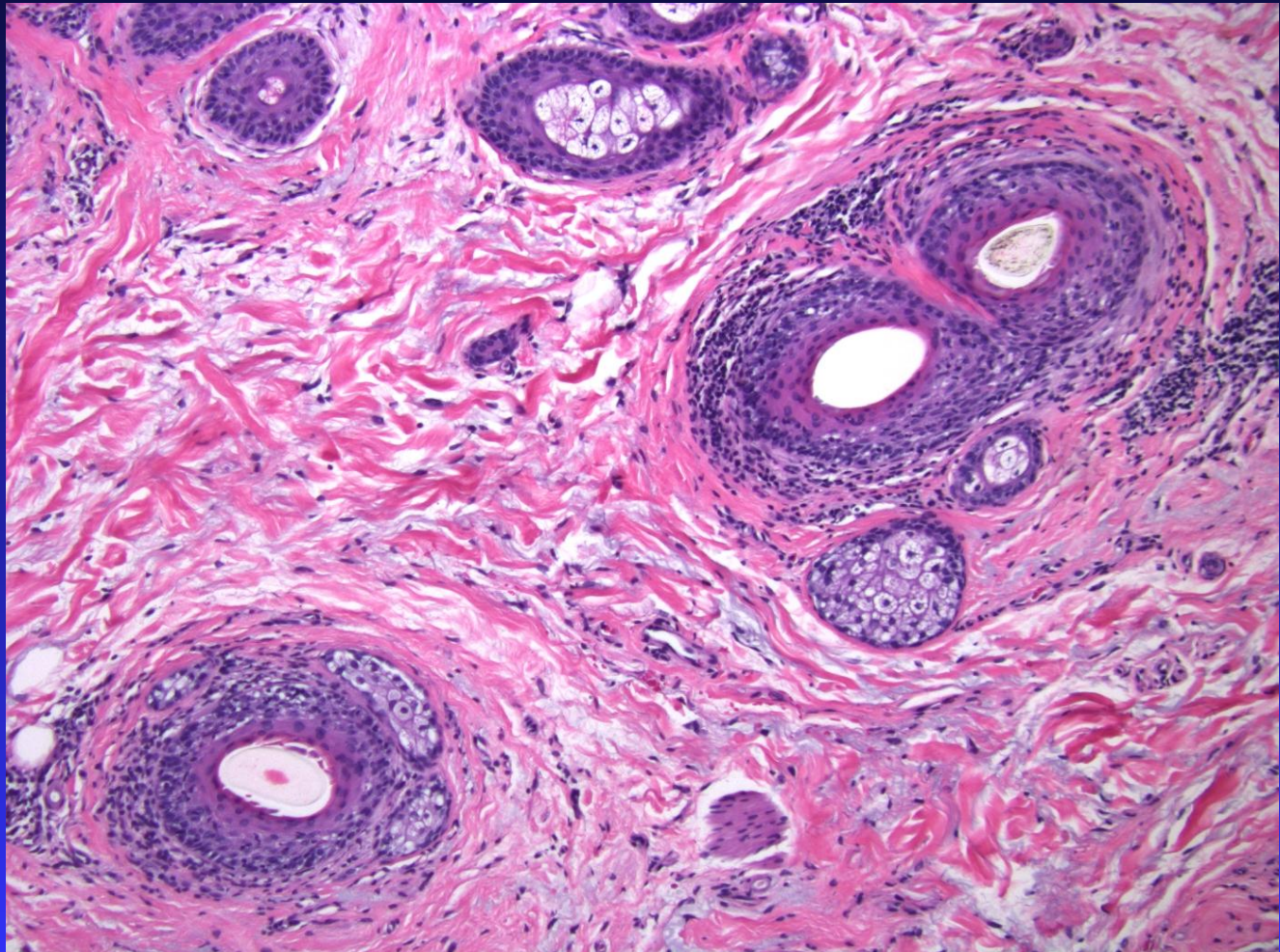
# Frontal fibrosing alopecia



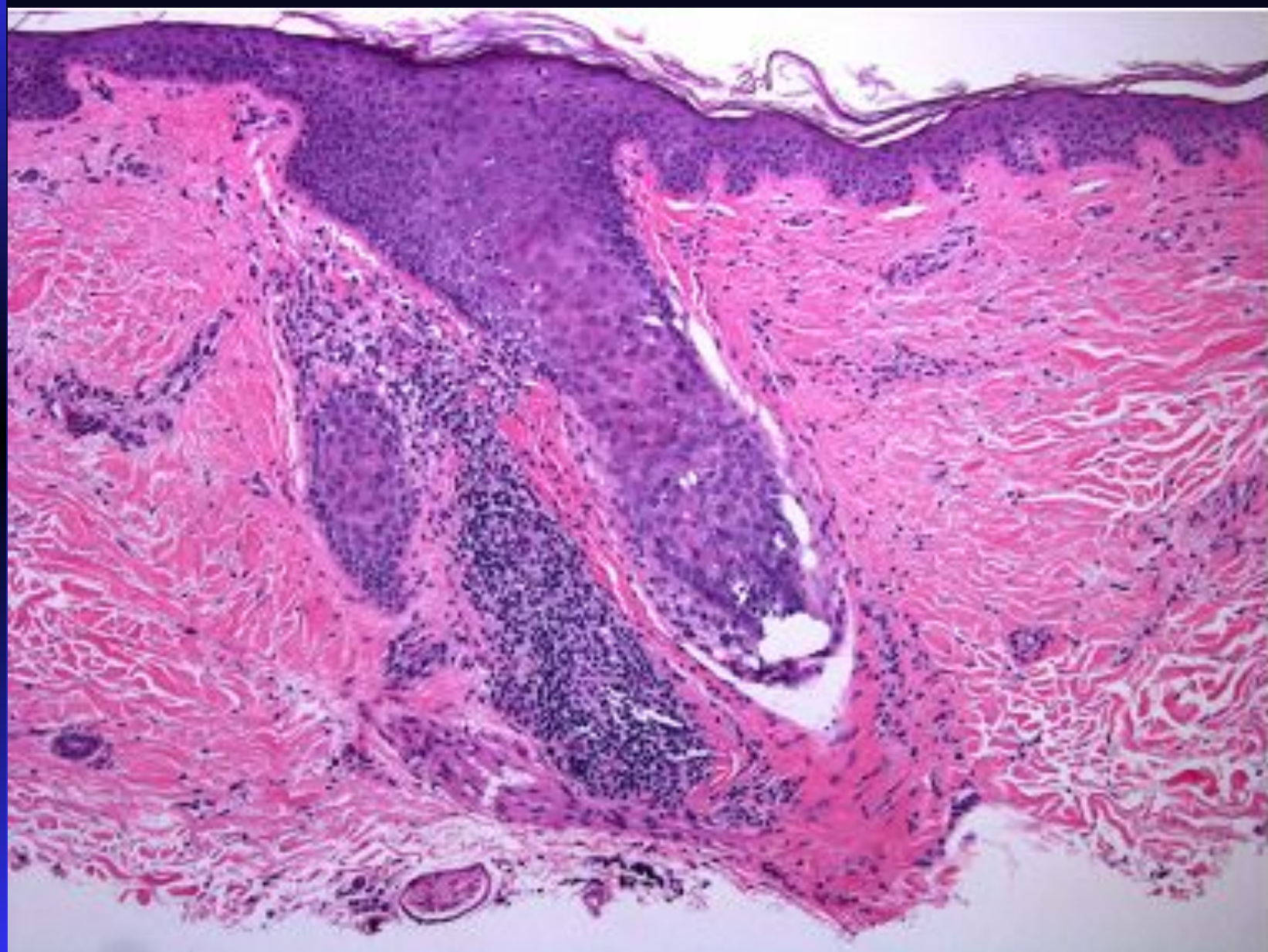


# LPP—Frontal Fibrosing Variant

## Histology: Minimal or no scarring



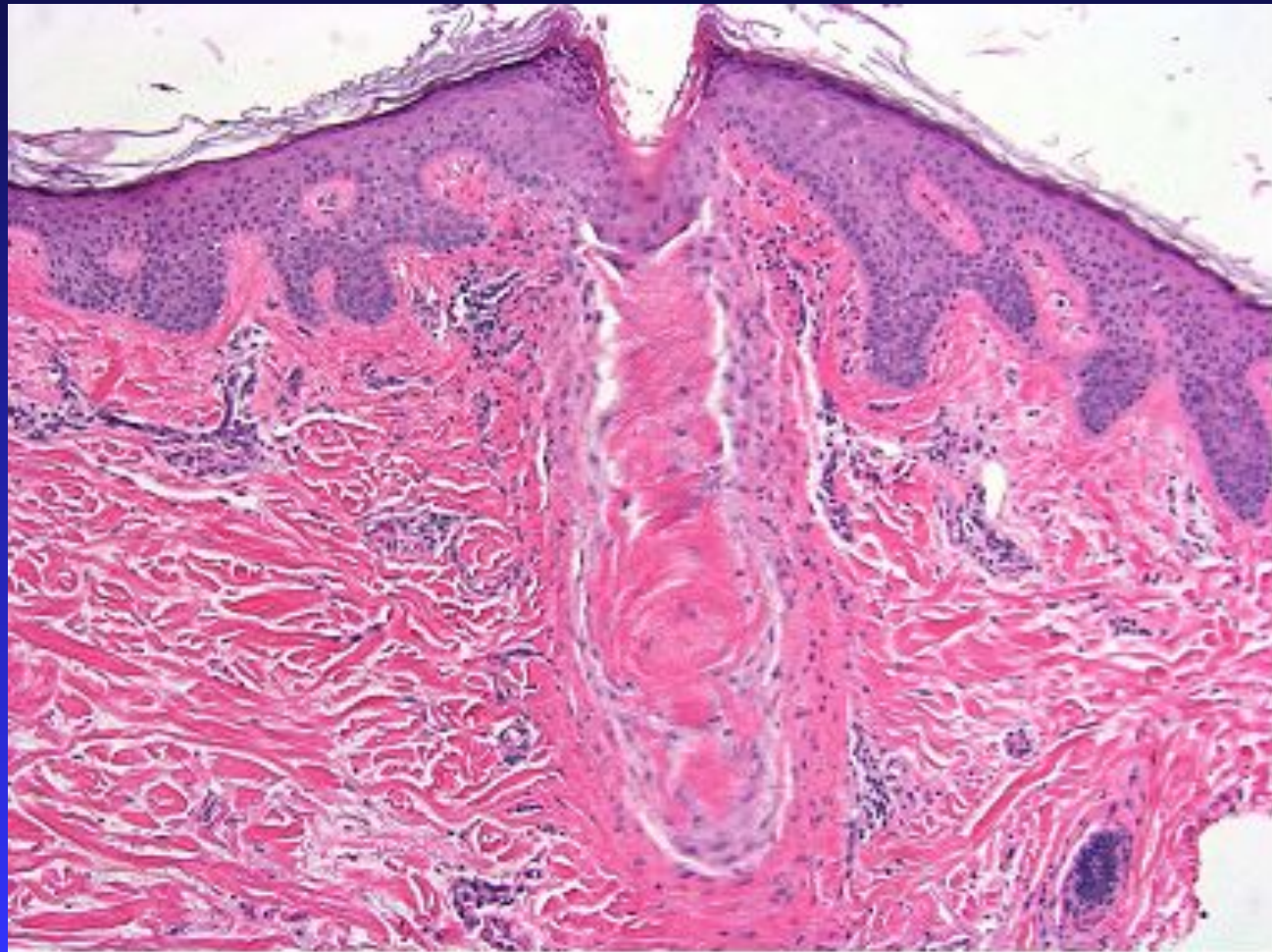






# LPP Frontal Fibrosing--Eyebrow

Often complete follicular loss with lymphocytes and no scarring



# Concept

All alopecias, whether classified as cicatricial or non-cicatricial, may, in the end, be scarring

	<b>Cicatricial alopecia</b>	<b>Non-cicatricial alopecia</b>
Follicular and sebaceous epithelium	Destroyed	Preserved
Final outcome	Replacement by follicular scarring	Regrowth
Hair loss	Irreversible	Reversible

# Not Necessarily True

	Cicatricial alopecia	Non-cicatricial alopecia
Follicular and sebaceous epithelium	Destroyed	Preserved
Final outcome	Replacement by follicular scarring	Regrowth
Hair loss	Irreversible	Reversible



# Biphasic alopecia

Long  
standing  
alopecia

Follicular  
stem cell  
exhaustion

Follicular  
drop out

Empty  
fibrous  
tract

# Biphasic alopecia

Pattern hair loss



Alopecia areata



Chronic traction alopecia



Sperling LC, Lupton GP. Histopathology of non-scarring alopecia. J Cutan Pathol 1995; 22: 97-114.

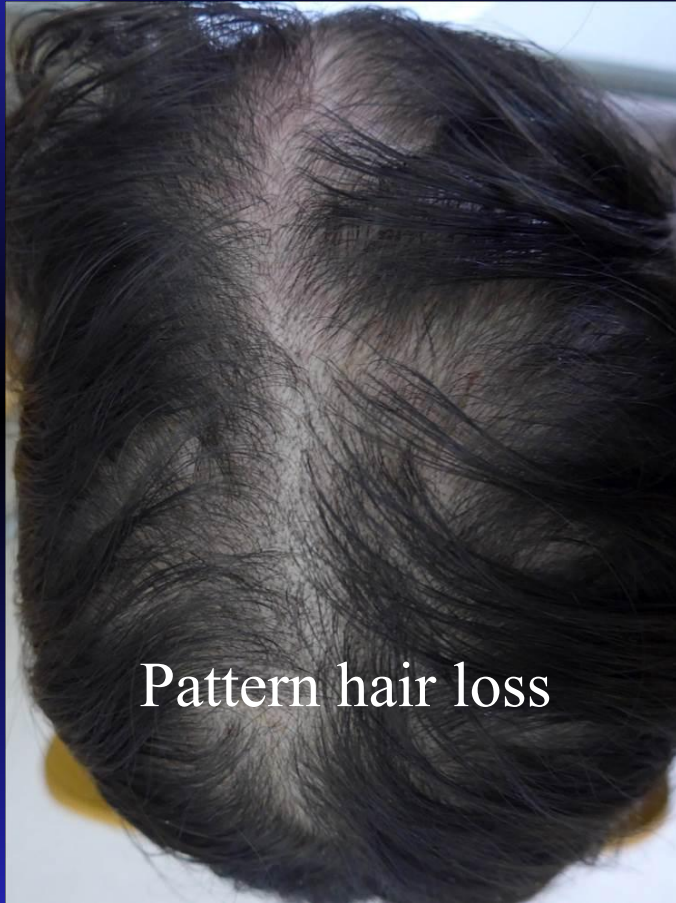
# Objective #3

- Immunohistochemistry for diagnostic impasses









Pattern hair loss

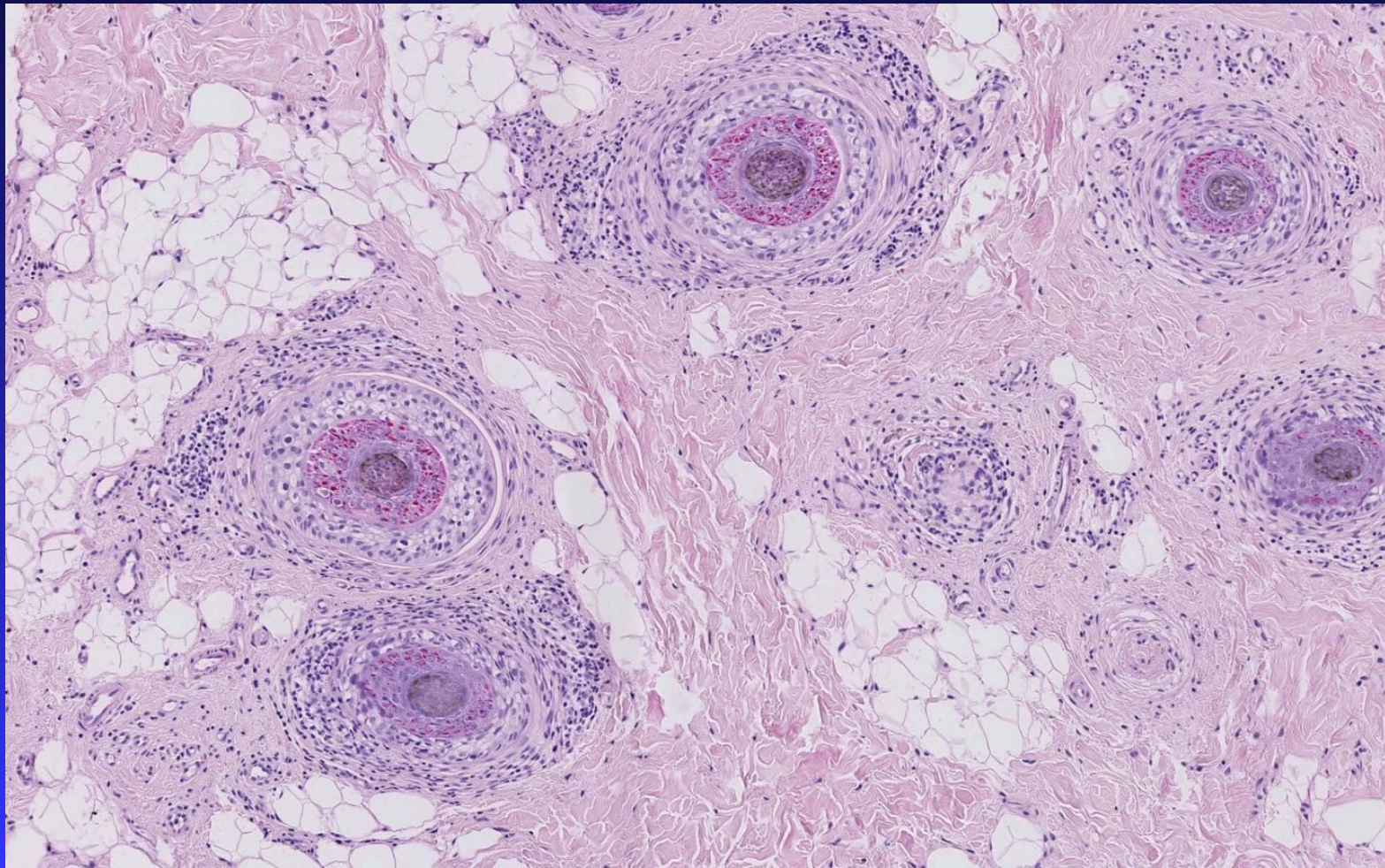


Alopecia areata



# Acute alopecia areata

## « Hive of Bees »



# Alopecia areata incognita



Courtesy BM Piraccini, Bologna



	Pattern hair loss	Alopecia areata
Terminal/Vellus hair ratio	Decrease	Decreased
% catagen and telogen hair	Increased	Increased

1. Elston DM, Ferringer T, Dalton S, Fillman E, Tyler W. A comparison of vertical versus transverse sections in the evaluation of alopecia biopsy specimens. J Am Acad Dermatol 2005; 53: 267.
2. Wohltmann WE, Sperling LC. Histopathologic diagnosis of multifactorial alopecia. J Cutan Pathol 2016; 43: 483.



**How to make the distinction between alopecia areata and pattern hair loss in absence of peribulbar lymphocytic infiltrate?**

## Distinguishing diffuse alopecia areata (AA) from pattern hair loss (PHL) using CD3<sup>+</sup> T cells

Athanassios Kolivras, MD,<sup>a</sup> and Curtis Thompson, MD<sup>b</sup>  
*Brussels, Belgium, and Portland, Oregon*

**Background:** Distinguishing between diffuse subacute alopecia areata (AA), in which the peribulbar infiltrate is absent, and pattern hair loss is challenging, particularly in cases that lack marked follicular miniaturization and a marked catagen/telogen shift.

**Objective:** We sought to distinguish diffuse AA from pattern hair loss using CD3<sup>+</sup> T lymphocytes.

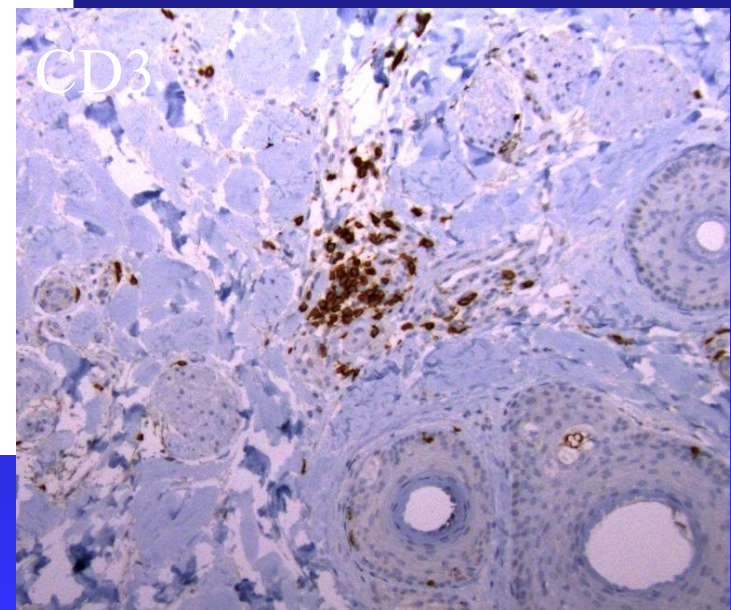
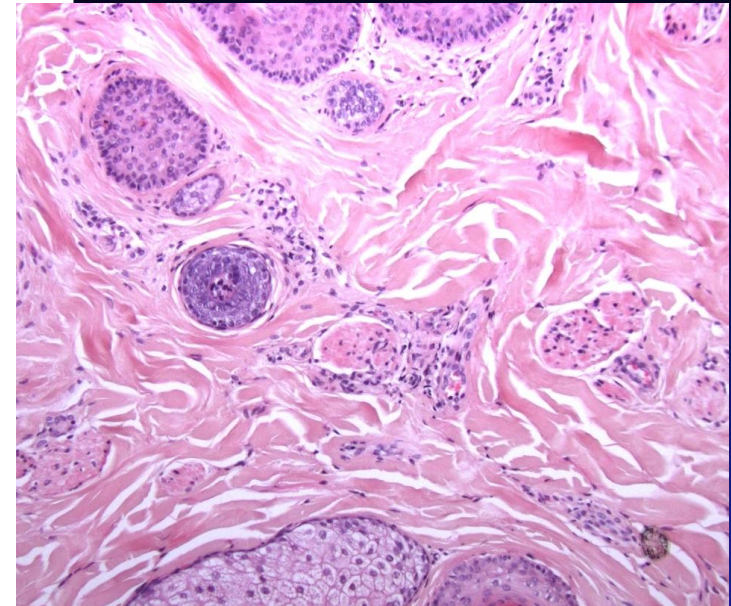
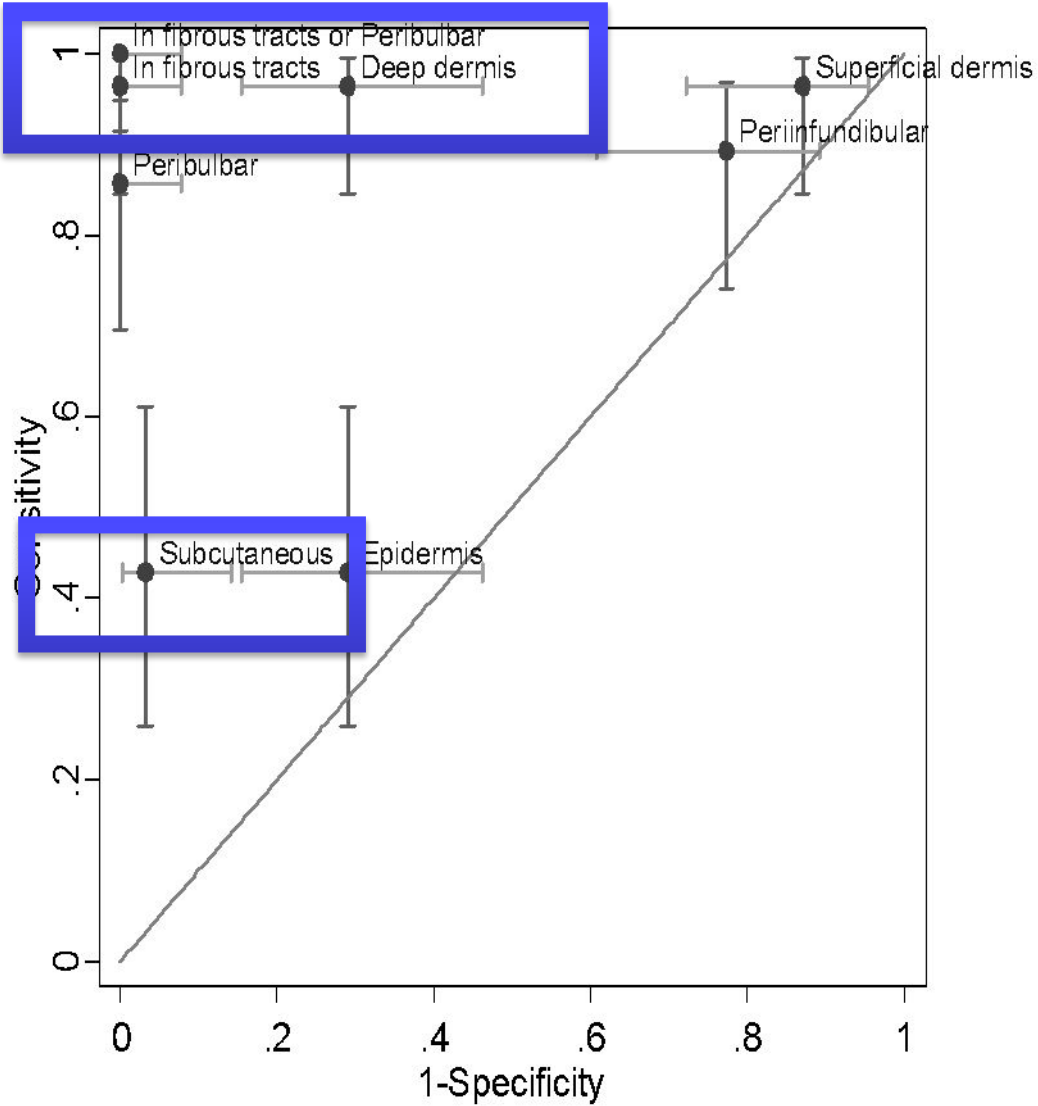
**Methods:** A total of 28 cases of subacute AA and 31 cases of pattern hair loss were selected and a 4-mm punch biopsy was performed. All the specimens were processed using the "HoVert" (horizontal and vertical) technique. In all cases, hematoxylin-eosin and immunohistochemical stains for CD3, CD4, CD8, and CD20 were performed.

**Results:** The presence of CD3<sup>+</sup> lymphocytes within empty follicular fibrous tracts (stela), even without a concomitant peribulbar infiltrate, is a reliable histopathological clue in supporting a diagnosis of AA (sensitivity 0.964, specificity 1,  $P \leq .001$ ).

**Limitations:** Limited tissue for analysis remained in the clinical sample tissue blocks.

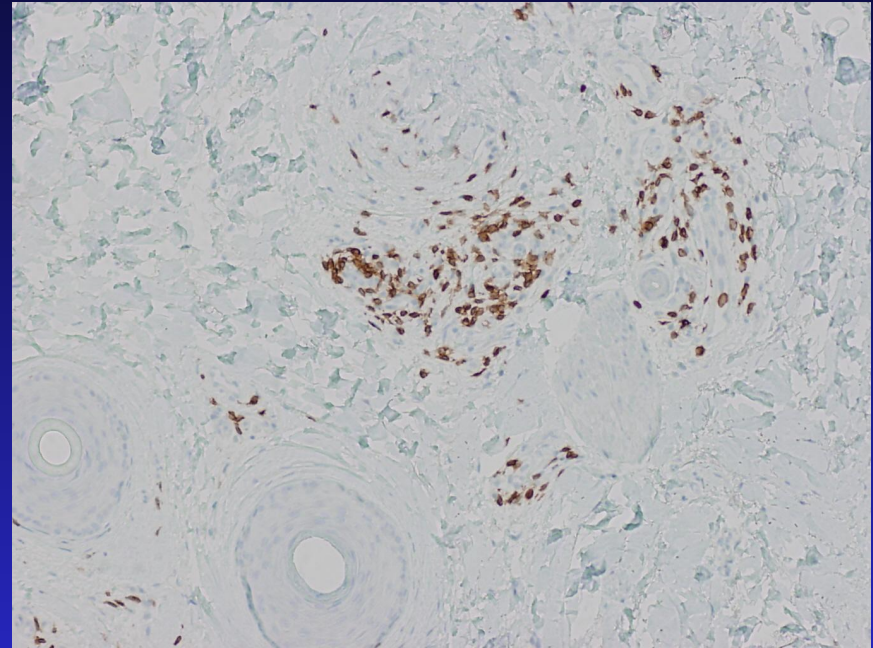
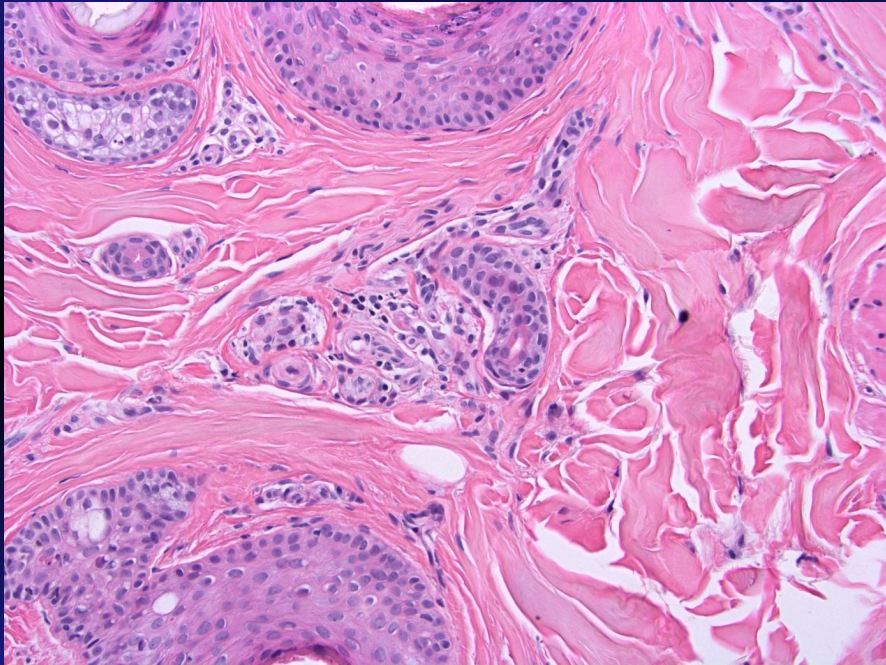
**Conclusion:** The presence of CD3<sup>+</sup> T-cells within empty follicular fibrous tracts (stela) supports a diagnosis of AA. (J Am Acad Dermatol <http://dx.doi.org/10.1016/j.jaad.2015.12.011>.)

# Alopecia areata





AA = CD3 in empty tracts



# CONCLUSION

**Presence of CD3+ T-lymphocytes within the empty fibrous follicular tracts favors a diagnosis of alopecia areata**



Courtesy BM Piraccini, Bologna



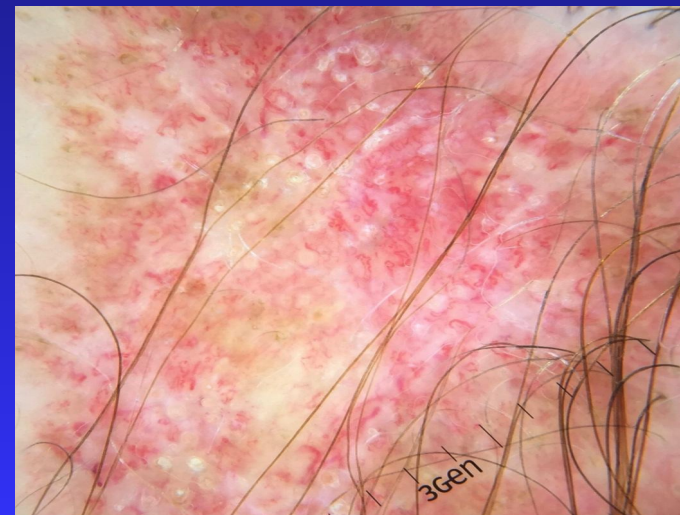
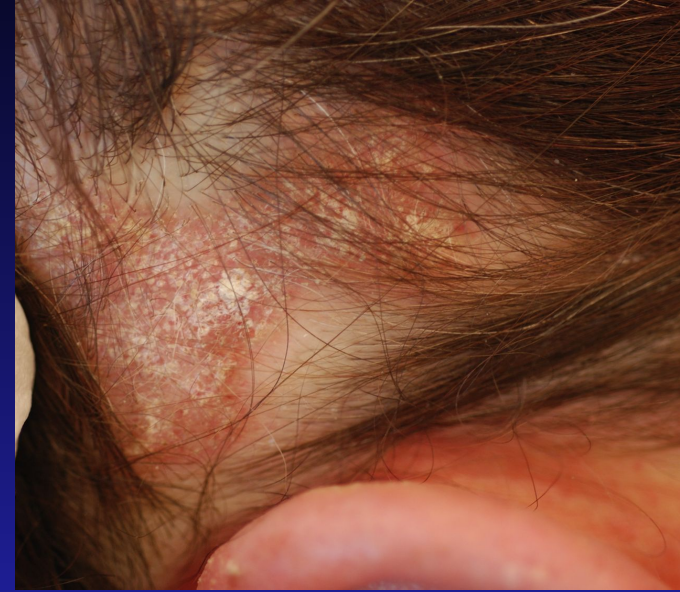


Lichen planopilaris or  
Discoid lupus erythematosus ?

LPP



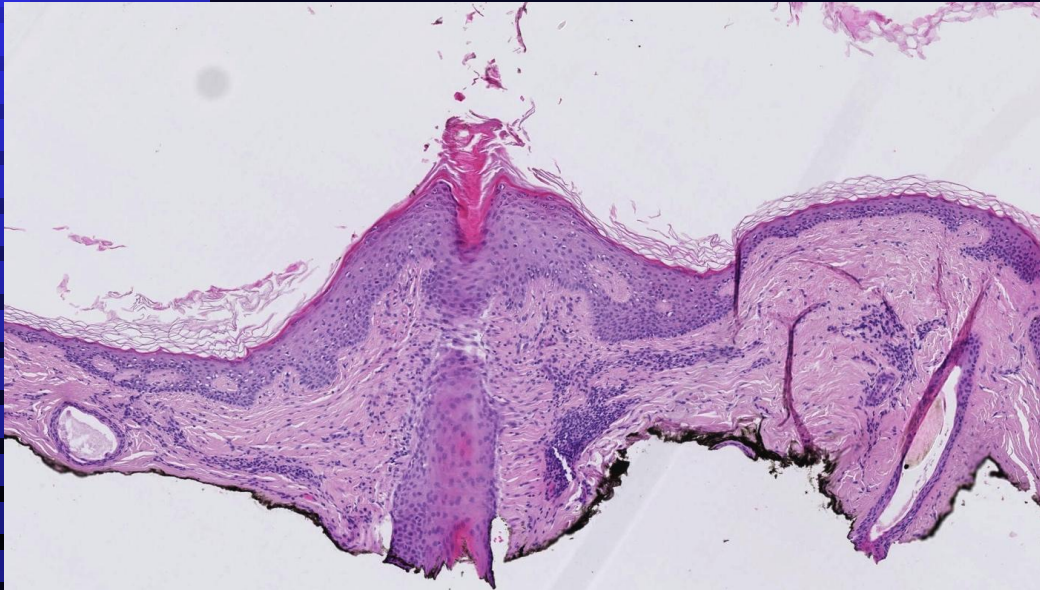
Discoid LE



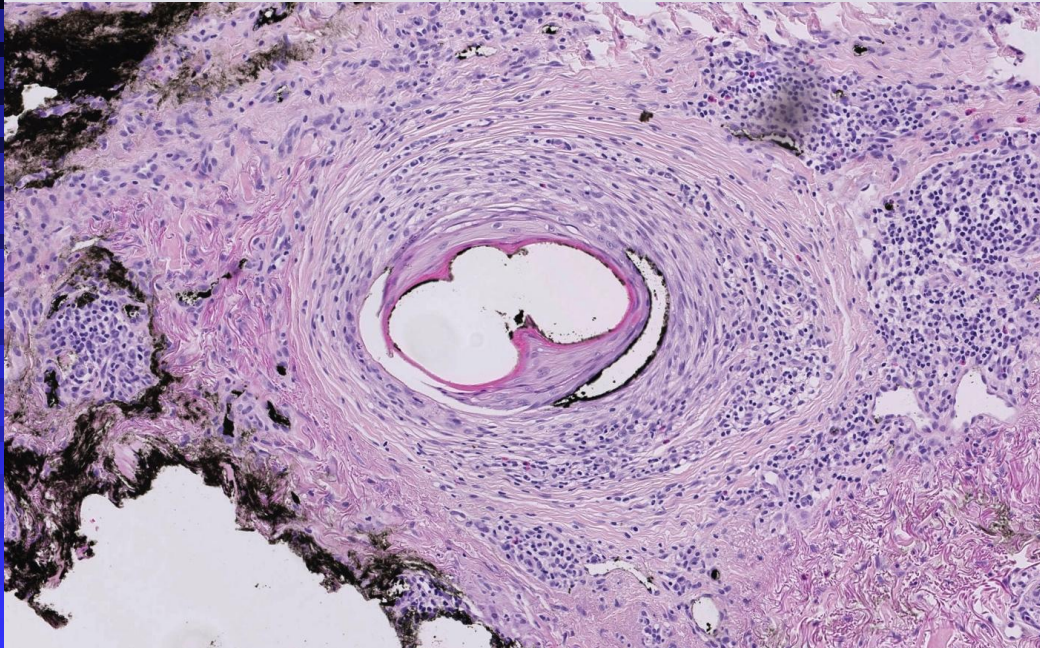
Courtesy BM Piraccini, Bologna



# LPP



1. Perifollicular scarring and lymphocytic infiltrate at the level of the infundibulum or superficial isthmus

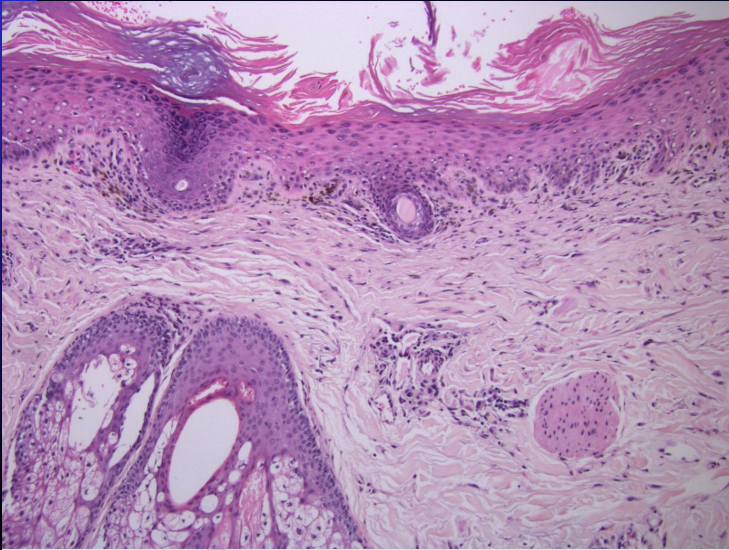


2. No inter-follicular epidermal interface dermatitis

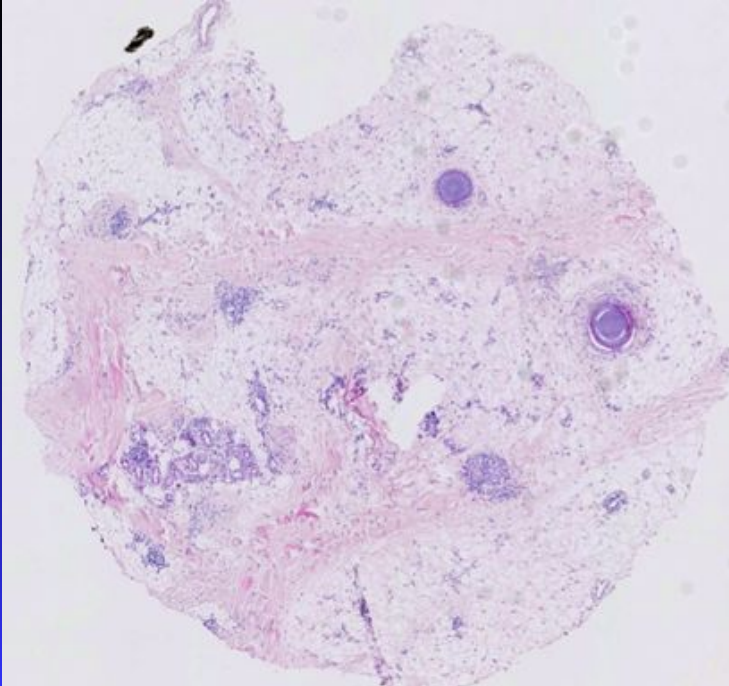
3. No deep infiltrate



# LE



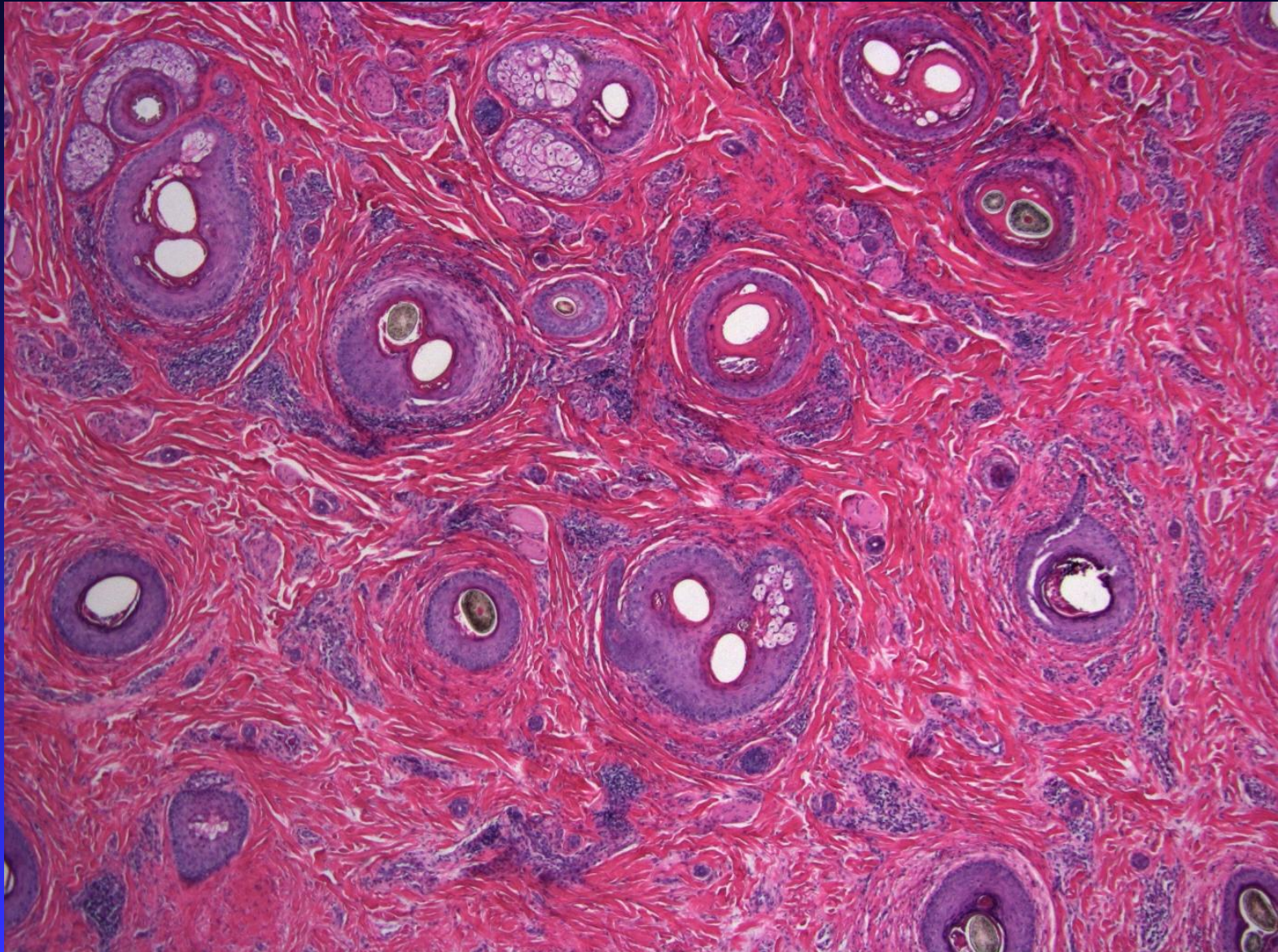
Interface change in the  
interfollicular epidermis



Deep dermal or  
subcutaneous lymphocytes

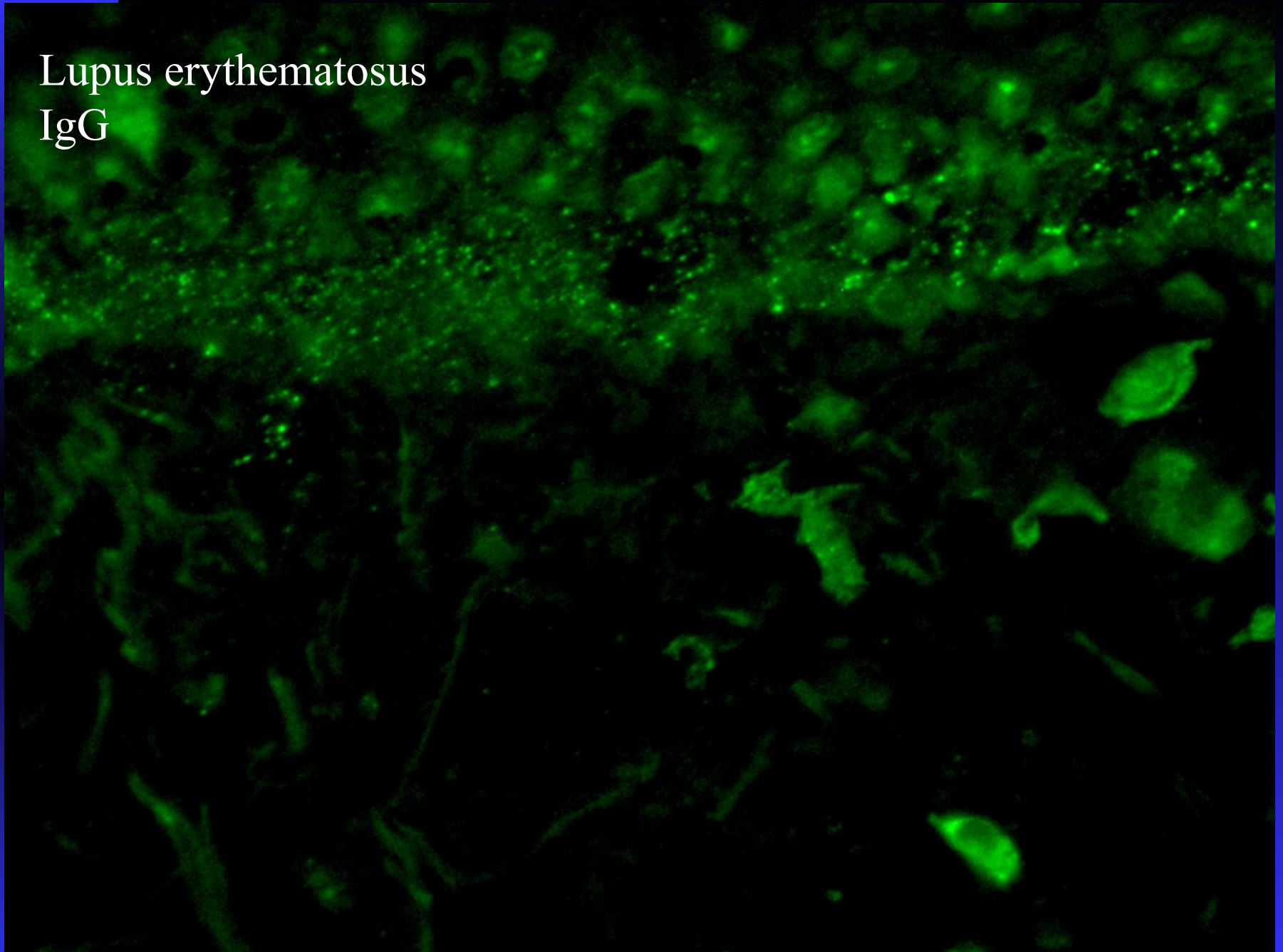


# LPP or LE?





Lupus erythematosus  
IgG





# Plasmacytoid dendritic cells: CD123

*J Cutan Pathol* 2010; 37: 1132–1139  
doi: 10.1111/j.1600-0560.2010.01587.x  
John Wiley & Sons. Printed in Singapore



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Journal of  
Cutaneous Pathology

Plasmacytoid dendritic cells: an overview of their presence and distribution in different inflammatory skin diseases, with special emphasis on Jessner's lymphocytic infiltrate of the skin and cutaneous lupus erythematosus

**Dario Tomasini<sup>1</sup>, Thomas Mentzel<sup>2</sup>, Markus Hantschke<sup>2</sup>, Amilcare Cerri<sup>3</sup>, Bruno Paredes<sup>2</sup>, Arno Rütten<sup>2</sup>, Leo Schärer<sup>2</sup> and Heinz Kutzner<sup>2</sup>**

<sup>1</sup>Department of Dermatology, Hospital of Busto Arsizio, Busto Arsizio, Italy,

<sup>2</sup>Dermatopathologie Friedrichshafen, Friedrichshafen, Germany, and

<sup>3</sup>Department of Medicine, Surgery and Dentistry, University of Milan, Milan, Italy



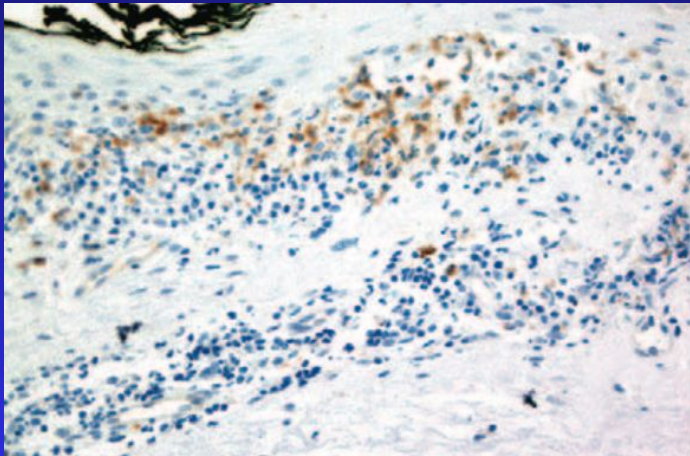
# Plasmacytoid dendritic cells are present in cutaneous dermatomyositis lesions in a pattern distinct from lupus erythematosus

**Jennifer M. McNiff<sup>1,2</sup> and Daniel H. Kaplan<sup>3</sup>**

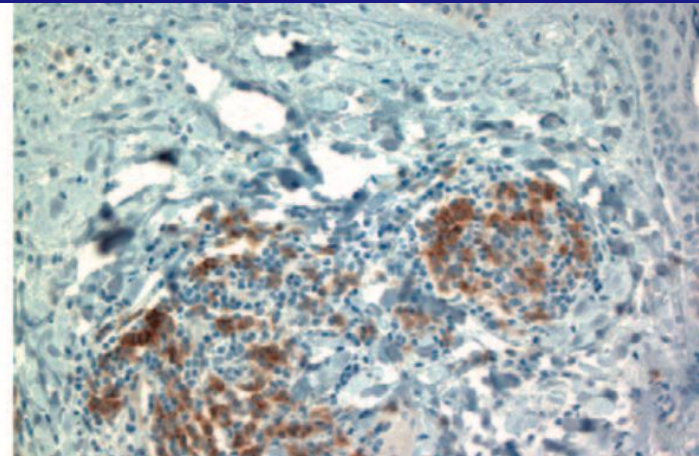
<sup>1</sup>Department of Dermatology and

<sup>2</sup>Department of Pathology, Yale University School of Medicine, New Haven, CT, USA

<sup>3</sup>Department of Dermatology, University of Minnesota, Minneapolis, MN, USA



Dermatomyositis



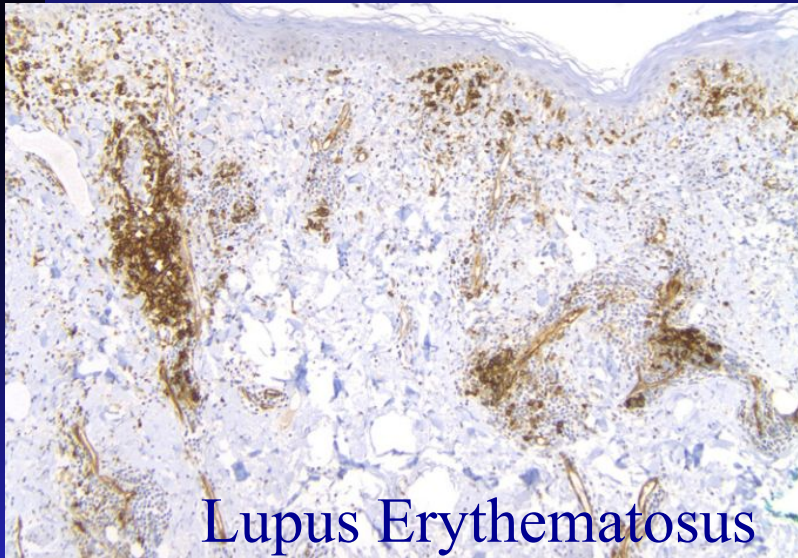
Lupus

Erythematosus

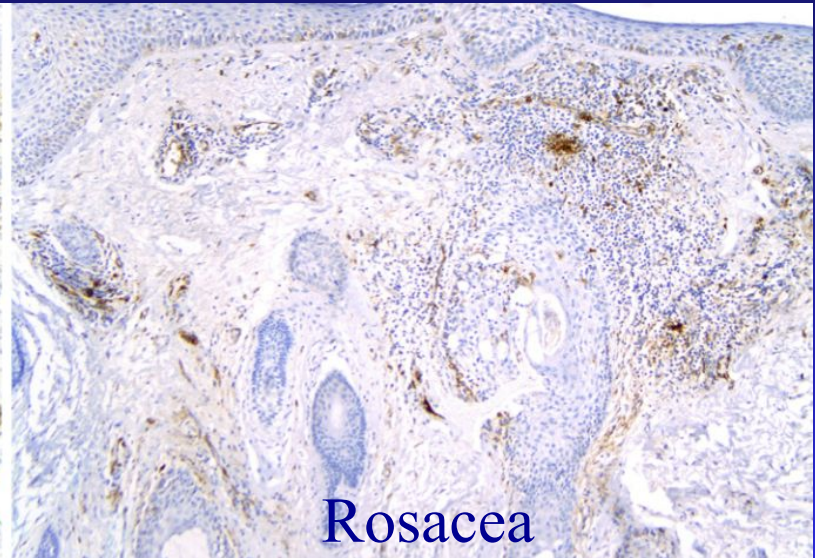


# Comparative analysis of rosacea and cutaneous lupus erythematosus: Histopathologic features, T-cell subsets, and plasmacytoid dendritic cells

Theodore T. Brown, MD,<sup>a</sup> Eun-Young K. Choi, MD,<sup>a</sup> Dafydd G. Thomas, MD, PhD,<sup>a</sup>  
Alexandra C. Hristov, MD,<sup>a,b</sup> and May P. Chan, MD<sup>a,b</sup>  
*Ann Arbor, Michigan*



Lupus Erythematosus



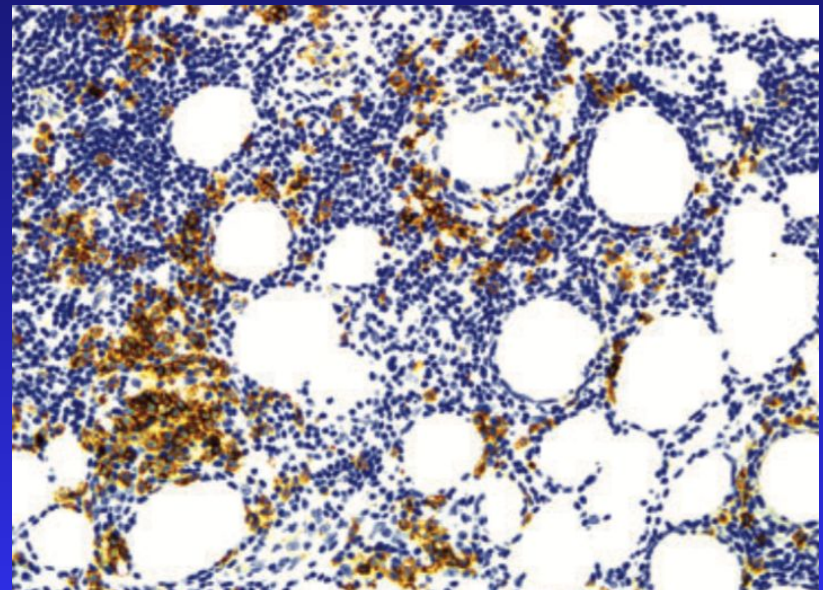
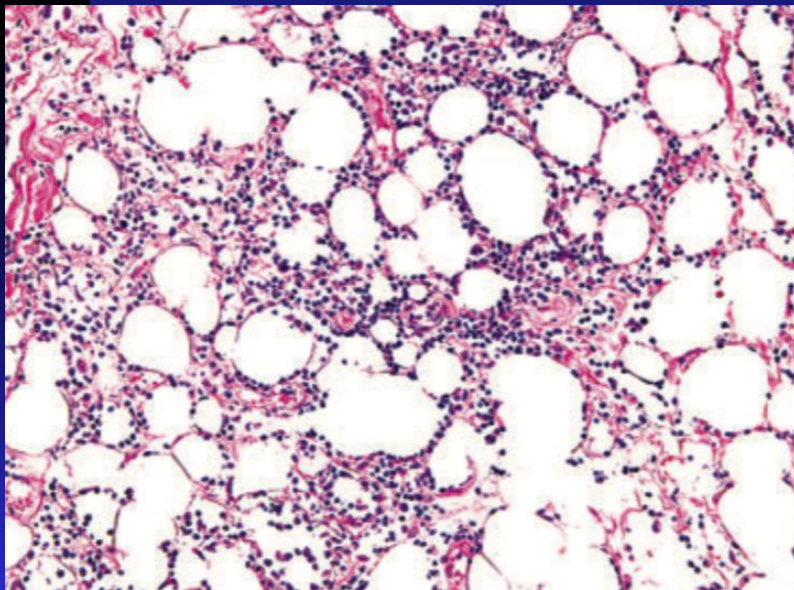
Rosacea

**Conclusion:** The infiltrates in rosacea and LE differ immunophenotypically, and may aid in their distinction in addition to conventional histologic examination. (J Am Acad Dermatol 2014;71:100-7.)



## The presence of clusters of plasmacytoid dendritic cells is a helpful feature for differentiating lupus panniculitis from subcutaneous panniculitis-like T-cell lymphoma

Jau-Yu Liao,<sup>1</sup> Shih-Sung Chuang,<sup>2</sup> Chia-Yu Chu,<sup>3</sup> Wen-Hui Ku,<sup>4</sup> Jia-Huei Tsai<sup>1</sup> & Teng-Fu Shih<sup>5</sup>



Subcutaneous panniculitis-like T-cell lymphoma

Kolivras A, Thompson C.

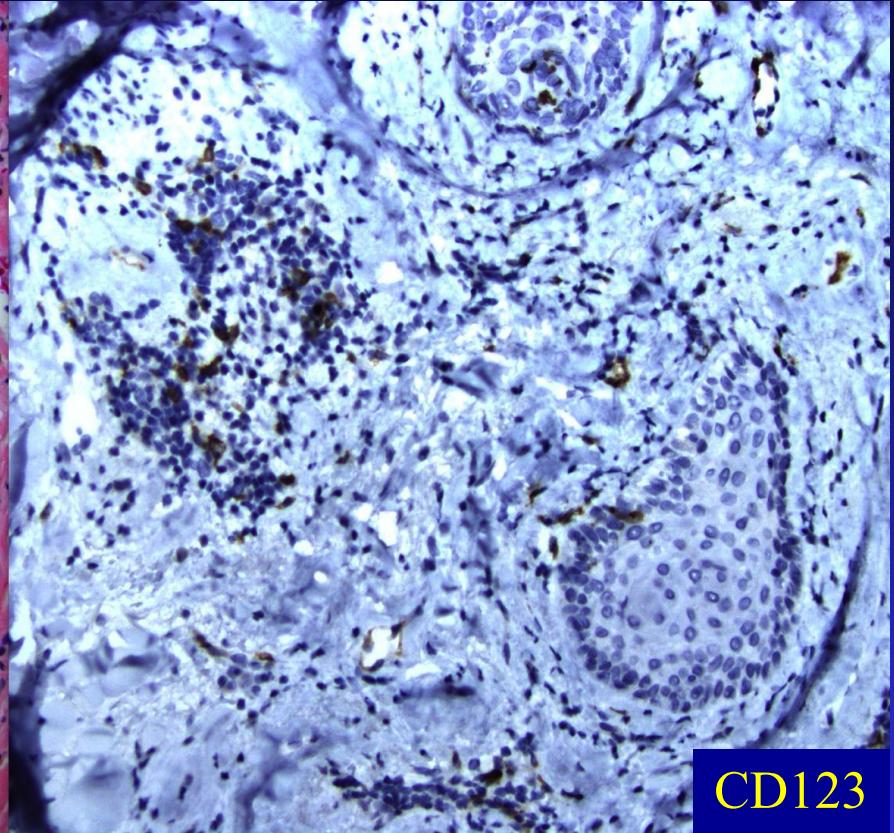
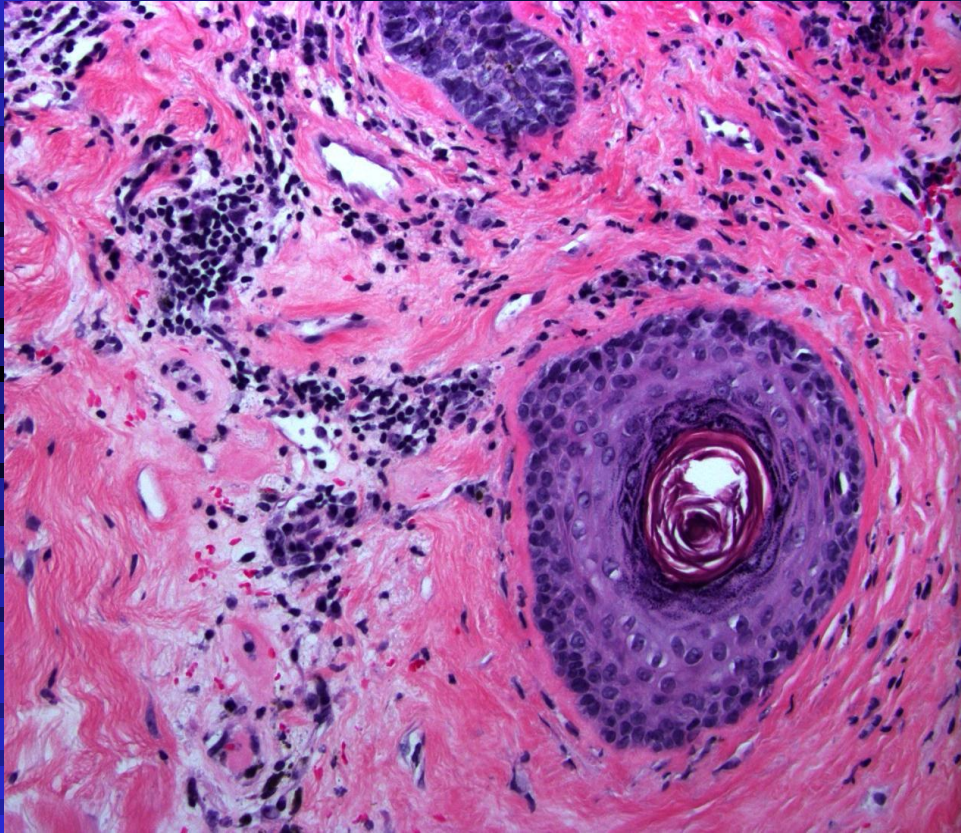
Clusters of CD123+ plasmacytoid dendritic cells help distinguish lupus alopecia from lichen planopilaris.

J Am Acad Dermatol 2016; 74: 1267–69.





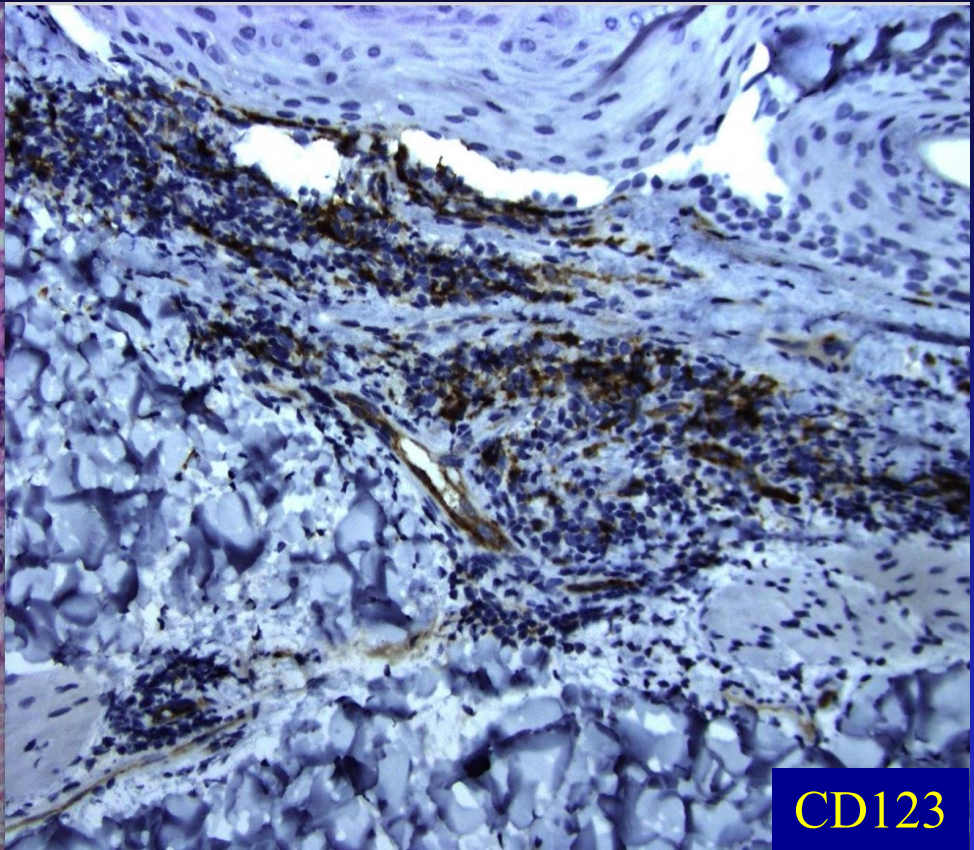
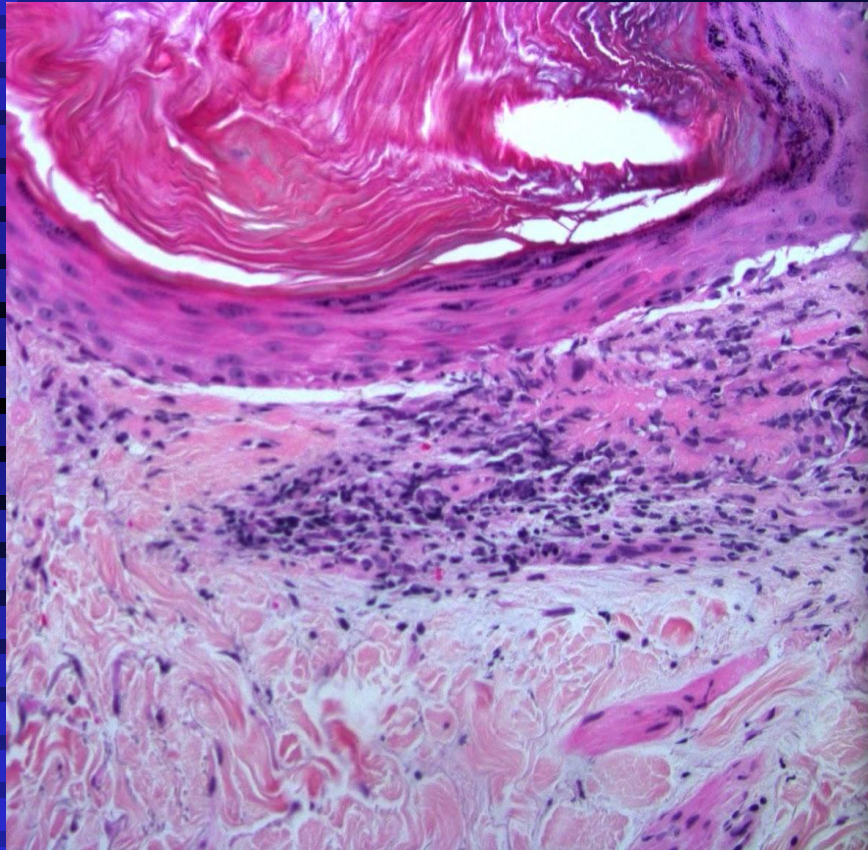
# Diffuse dermal expression



CD123



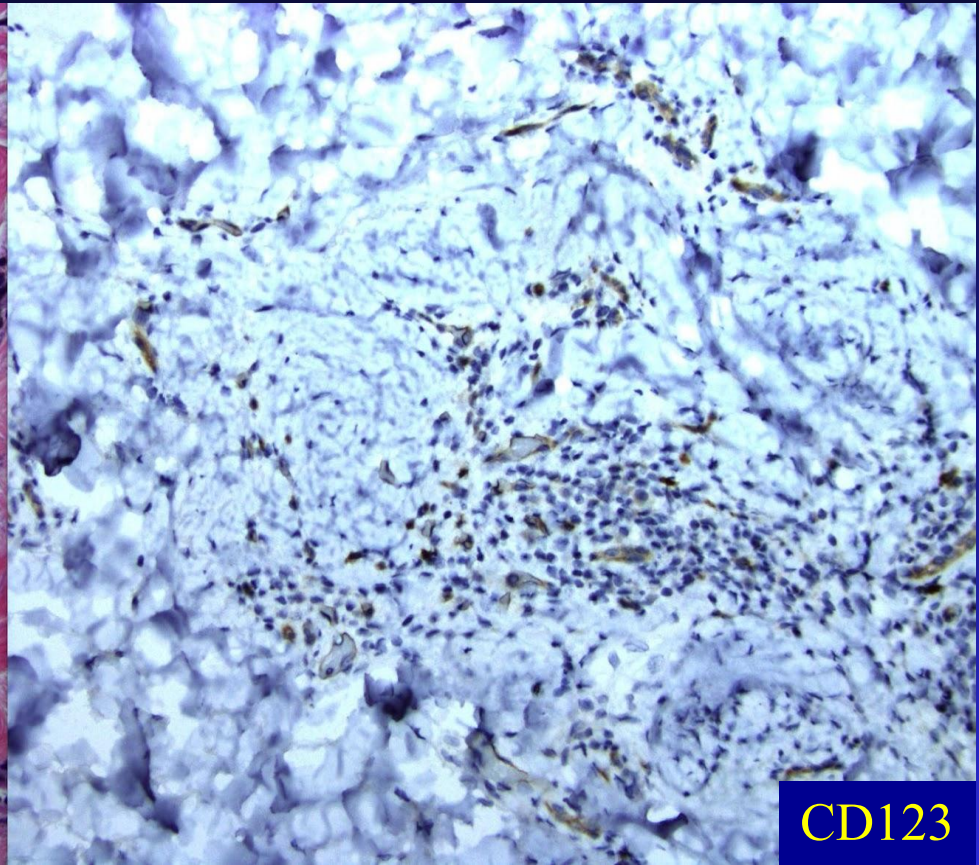
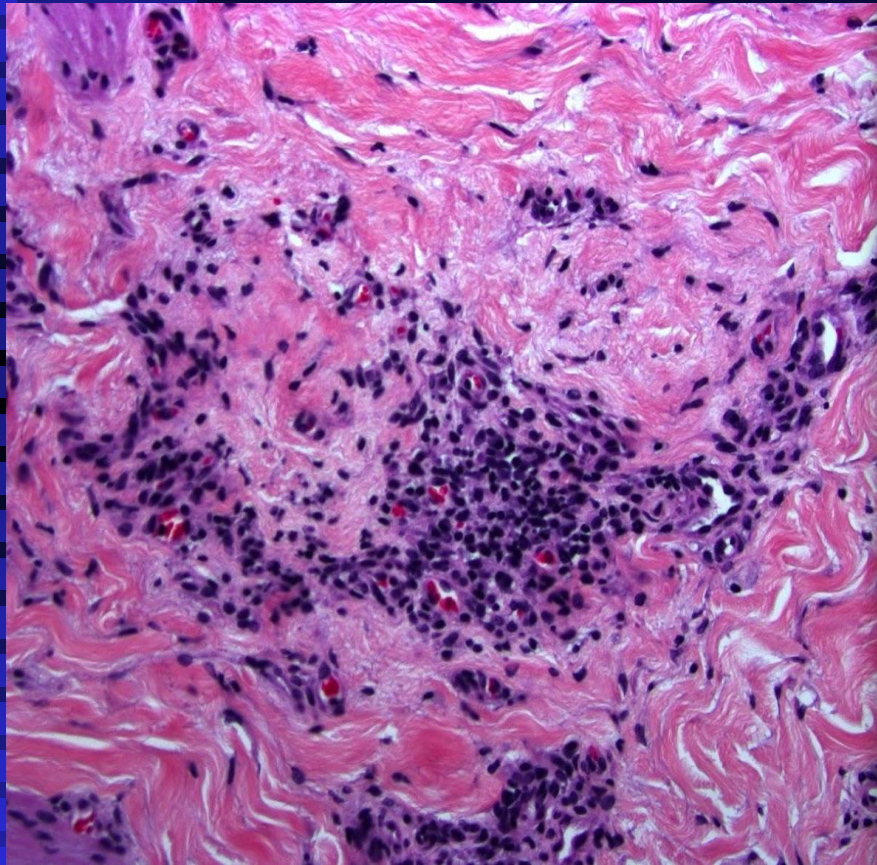
# Underneath perifollicular epidermis



CD123



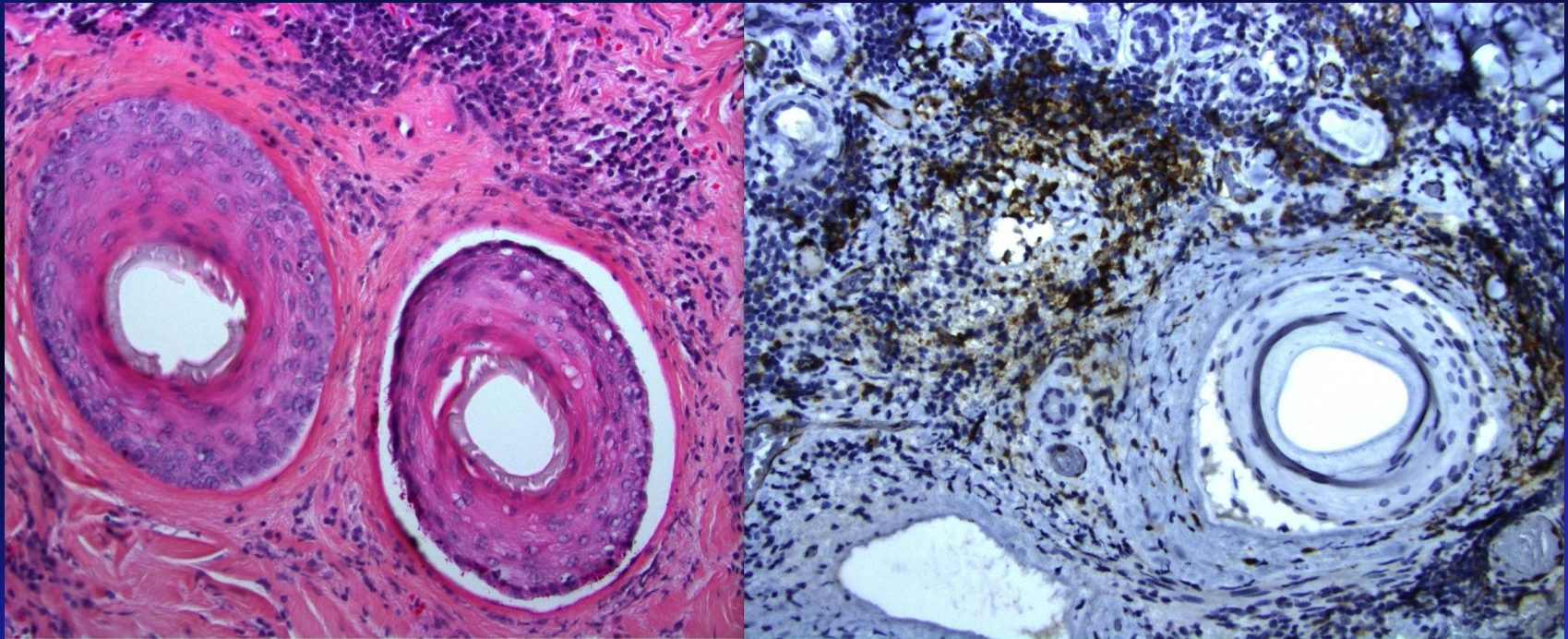
# Underneath interfollicular epidermis



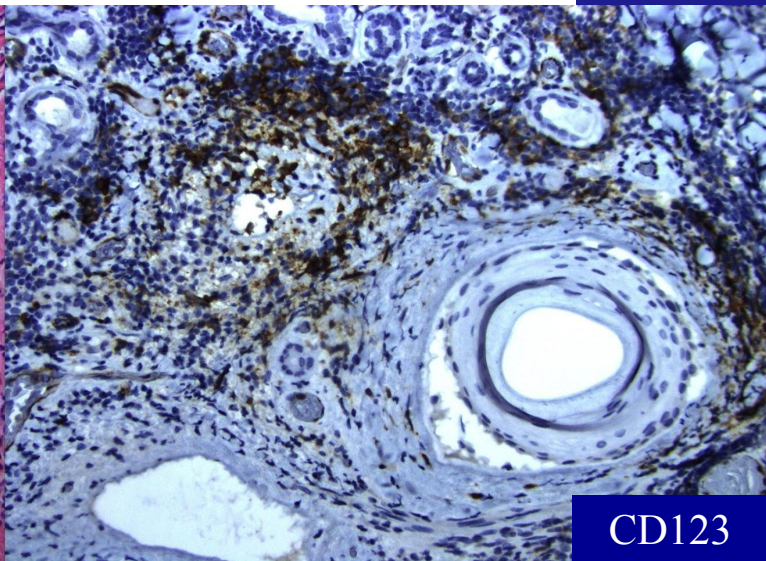
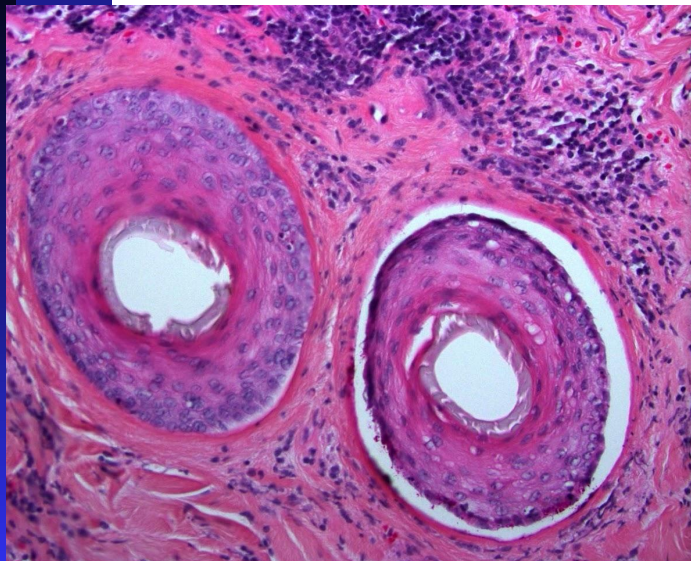
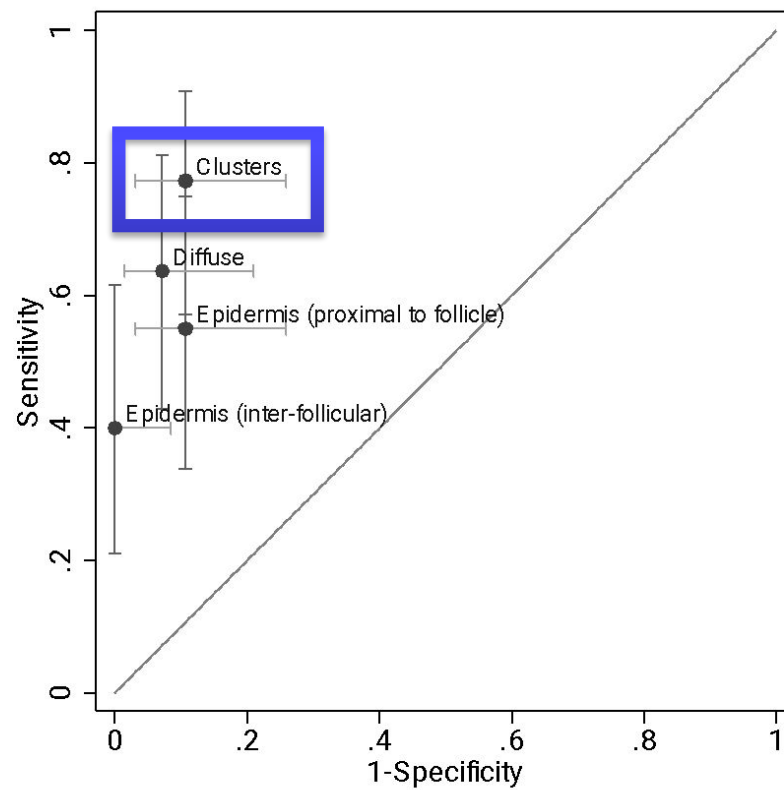
CD123



# Clusters of CD123 = Lupus

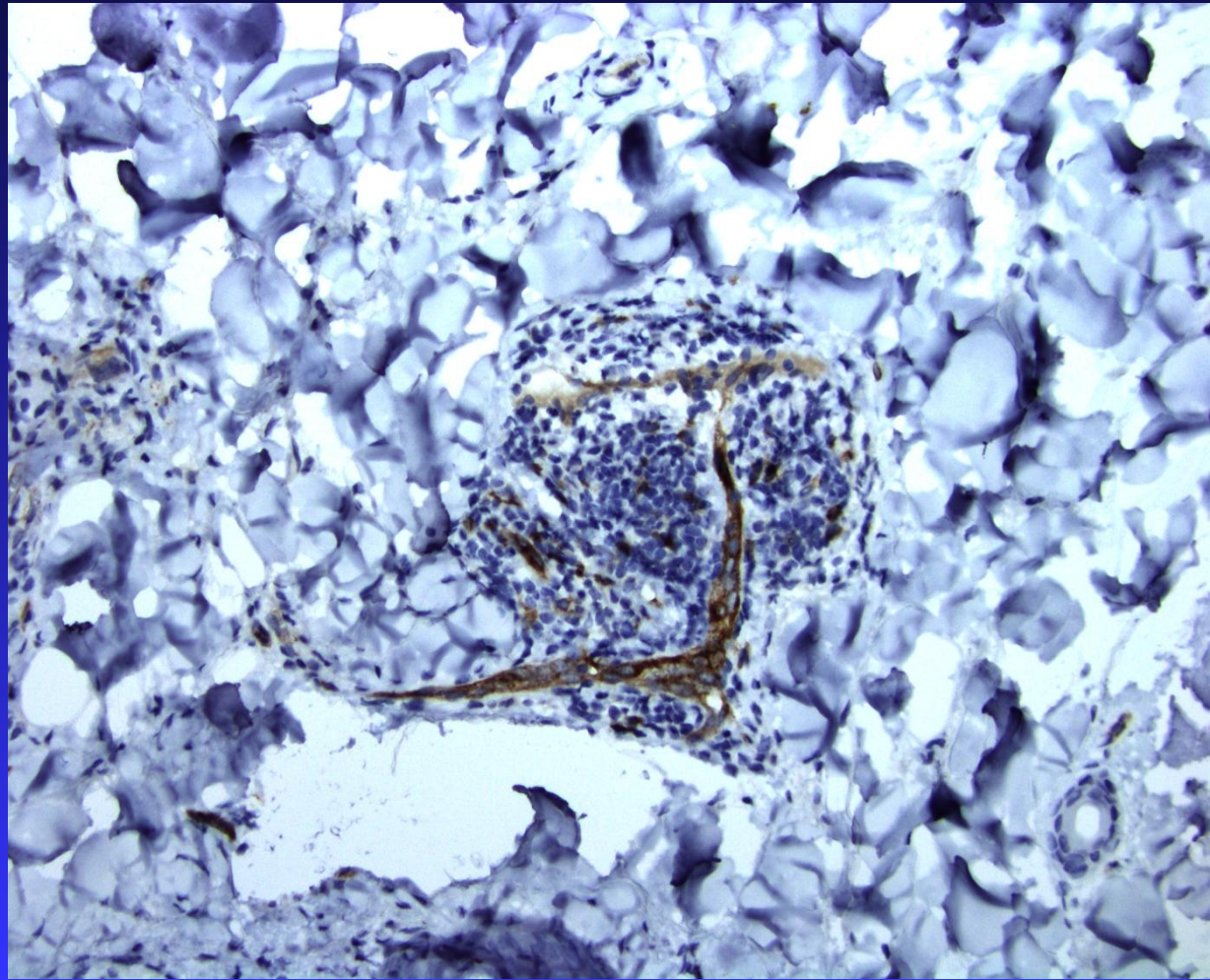






CD123

Warning:  
CD123 positive in endothelium



# **CONCLUSION**

**Clusters of CD123+ plasmacytoid dendritic cells favor a diagnosis of lupus erythematosus**



# CD123 immunohistochemistry for plasmacytoid dendritic cells is useful in the diagnosis of scarring alopecia

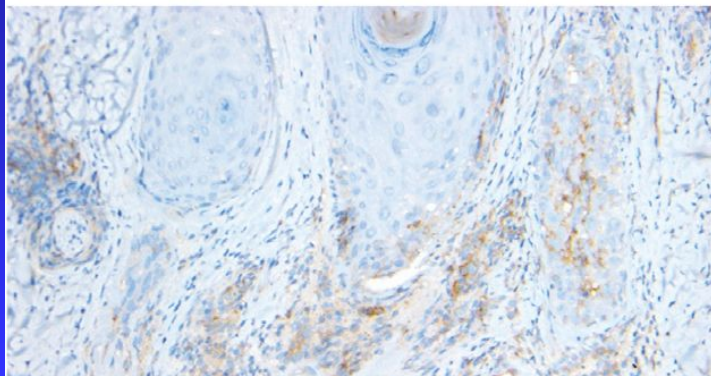
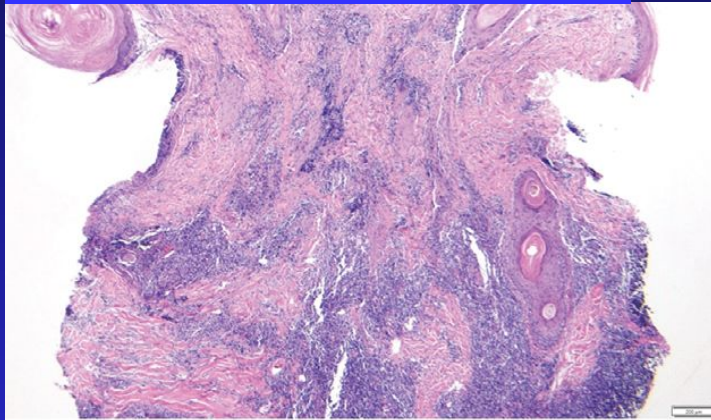
J Cutan Pathol 2016; 43: 643-8

**Katherine Fening<sup>1</sup>,  
Viswas Parekh<sup>2</sup> and  
Kristopher McKay<sup>1</sup>**

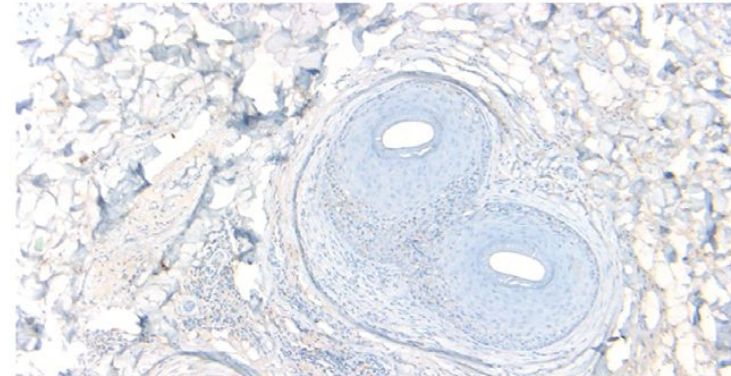
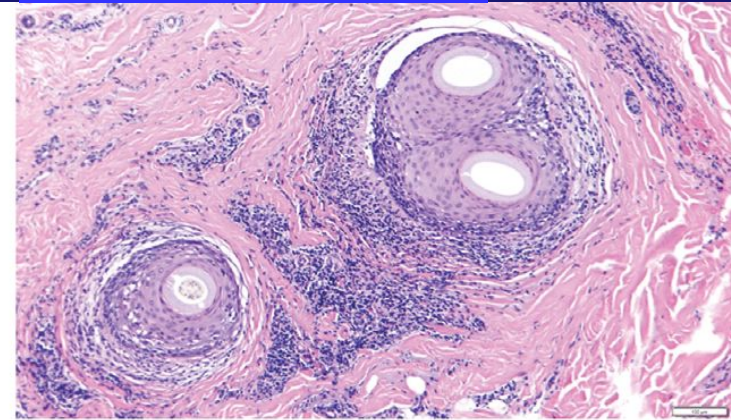
<sup>1</sup>Division of Dermatopathology, University of Alabama at Birmingham, Birmingham, AL, USA and

<sup>2</sup>Department of Pathology, University of Alabama at Birmingham, Birmingham, AL, USA

**Lupus erythematosus**



**Lichen planopilaris**

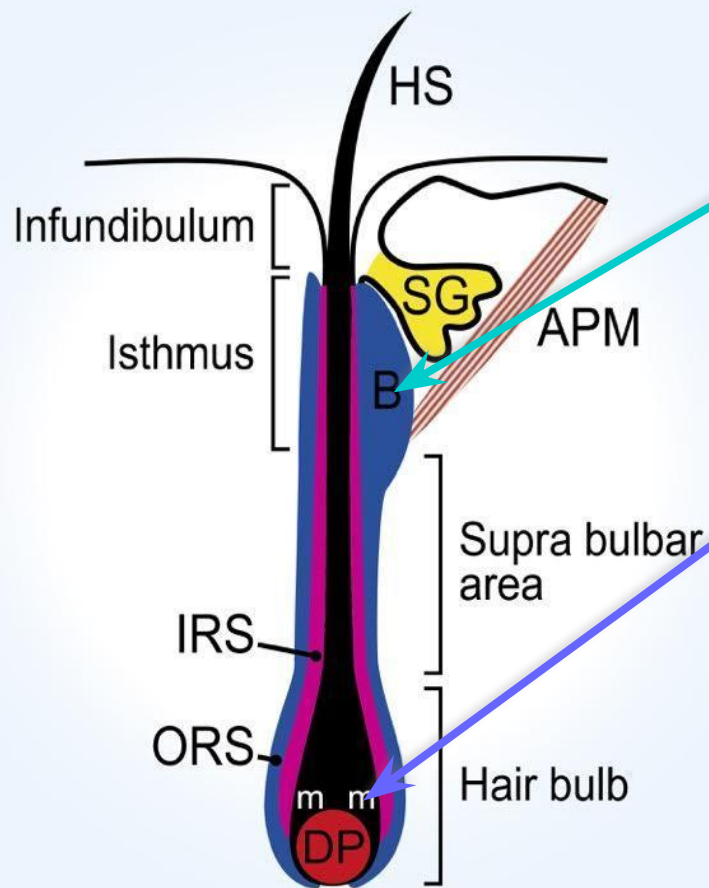


# Lichen Planopilaris (LPP)

“Both the patient and the doctor ask the vexing question: “When will it end?” . . . LPP sometimes has no apparent ending.”

Philippe Assouly and Pascal Reygagne. Lichen Planopilaris: Update on Diagnosis and Treatment. Semin Cutan Med Surg 28:3-10, 2009.

# Two Stem Cells



1.

## **Bulge stem cells:**

quiescent and maintain long-term stem cell pool

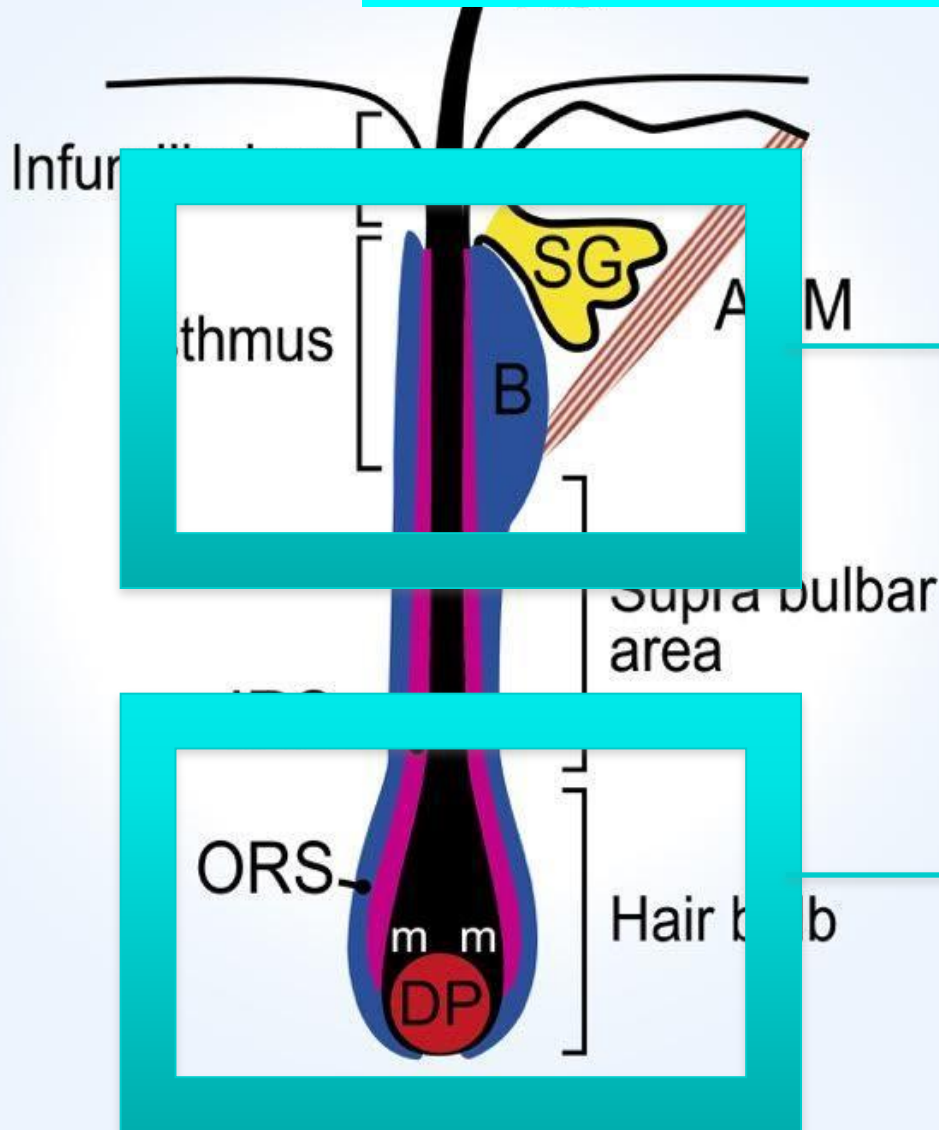
2.

## **Hair germ cells:**

activated during anaphase engaging in a new growth



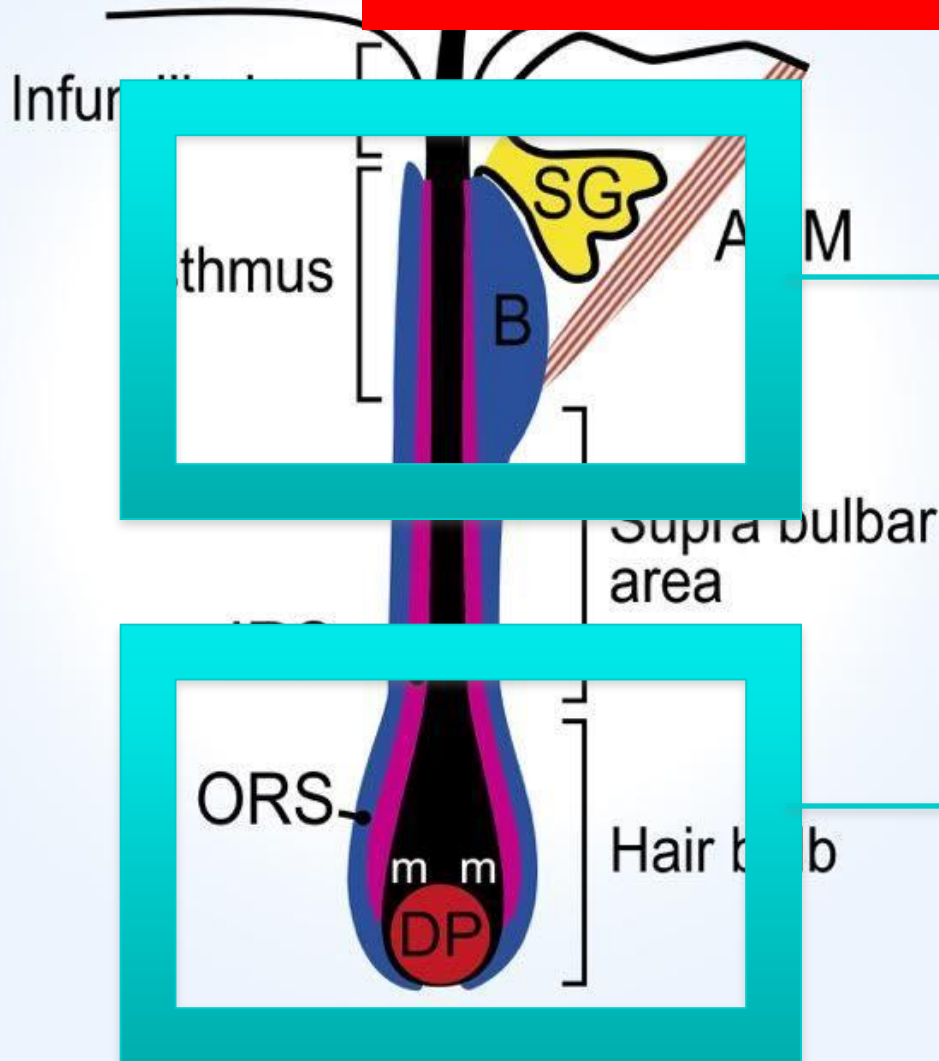
# Immune privilege



Permanent  
immune privilege

Temporary immune  
privilege during  
anagen phase

# Immune privilege collapse



Lichen  
planopilaris

Alopecia areata

# Possible role of the bulge region in the pathogenesis of inflammatory scarring alopecia: lichen planopilaris as the prototype

**Narciss Mobini, Sam Tam and  
Hideko Kamino**

Department of Dermatology, Section of  
Dermatopathology, New York University  
Medical Center, New York, NY, USA

**Conclusion:** Our study supports the finding that in LPP, the inflammatory infiltrate mainly involves the bulge region, where the stem cells reside. Once this area is damaged, the hair loses its potential of regrowth with resulting scarring alopecia. This is in contrast with inflammatory non-scarring alopecias such as alopecia areata, where the bulb region is targeted, sparing the stem cells.



# Lichen planopilaris is characterized by immune privilege collapse of the hair follicle's epithelial stem cell niche

Matthew J Harries,<sup>1</sup> Katja Meyer,<sup>2</sup> Iskander Chaudhry,<sup>3</sup> Jennifer E Kloepper,<sup>2</sup> Enrique Poblet,<sup>4</sup> Christopher EM Griffiths<sup>1</sup> and Ralf Paus<sup>1,2\*</sup>

<sup>1</sup> Dermatology Centre, Salford Royal NHS Foundation Trust, University of Manchester, Manchester Academic Health Science Centre, UK

<sup>2</sup> Department of Dermatology, University of Lübeck, Germany

<sup>3</sup> Department of Pathology, Central Manchester NHS Foundation Trust, UK

<sup>4</sup> Department of Pathology, University General Hospital of Murcia, Spain

\*Correspondence to: R Paus, Department of Dermatology, University of Lübeck, Lübeck, Germany. E-mail: ralf.paus@uksh.de or ralf.paus@manchester.ac.uk

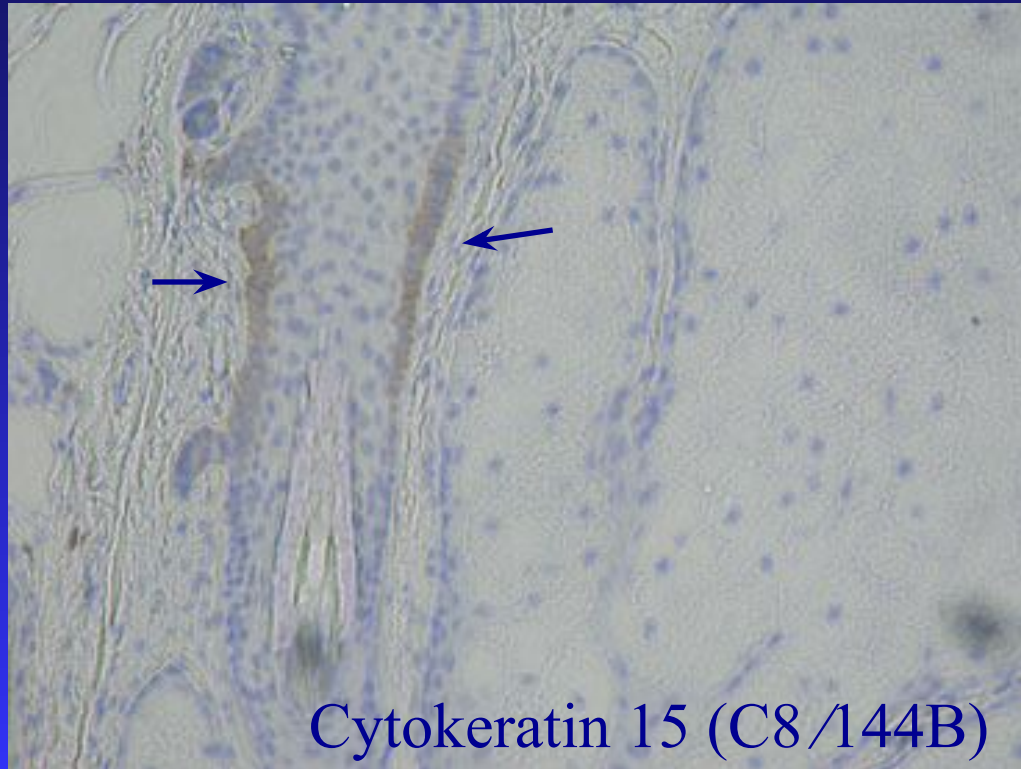
*“These novel findings raise the possibility that LPP represents an autoimmune disease in whose pathogenesis IFN $\gamma$ -induced bulge immune privilege collapse plays an important role.”*

# Stem cells and alopecia: a review of pathogenesis

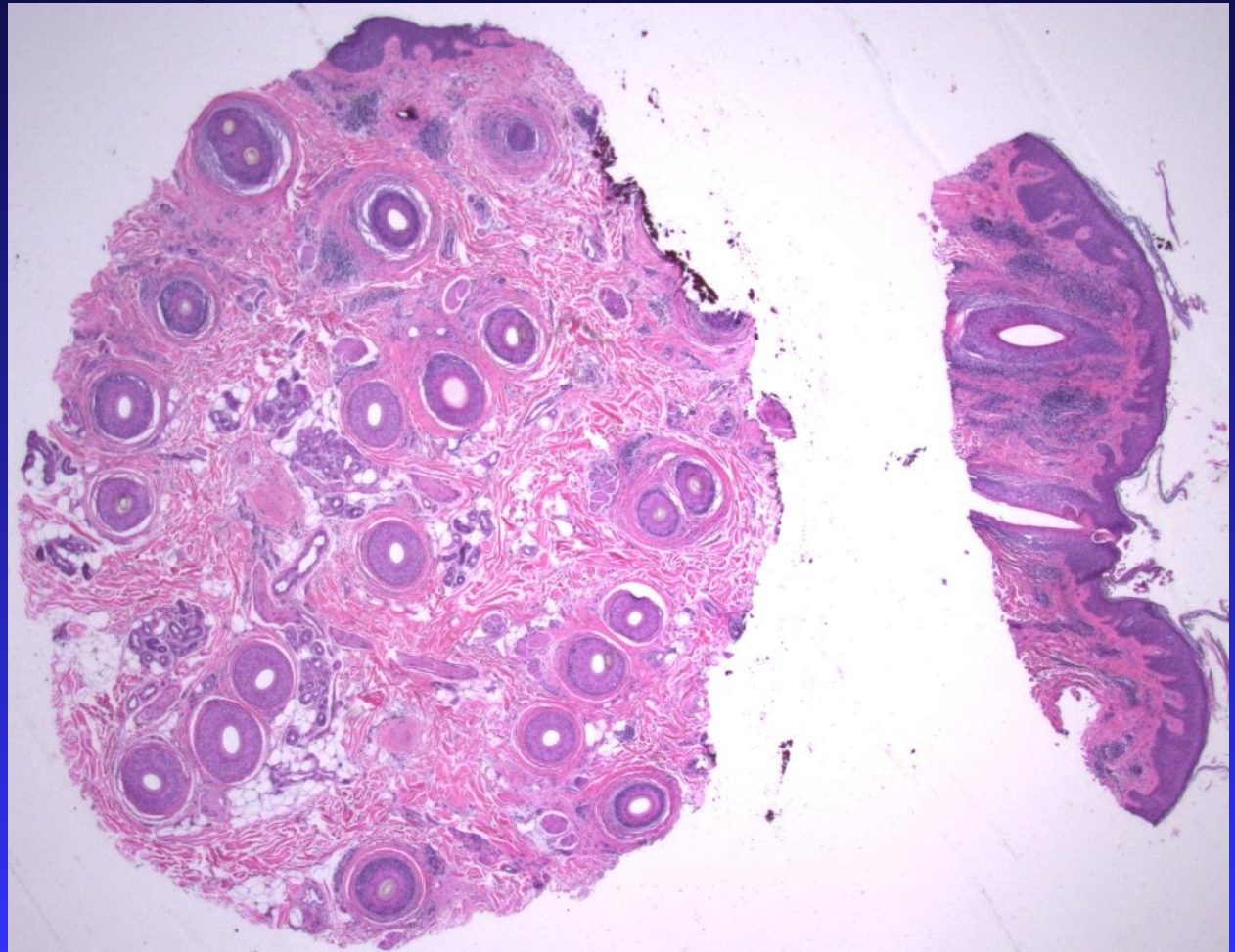
K. Al-Refu

Faculty of Medicine, Internal Medicine Department, Mu'tah University, PO Box 5, Karak, Mu'tah 61710, Jordan

Br J Dermatol 2012; 167: 479-484.

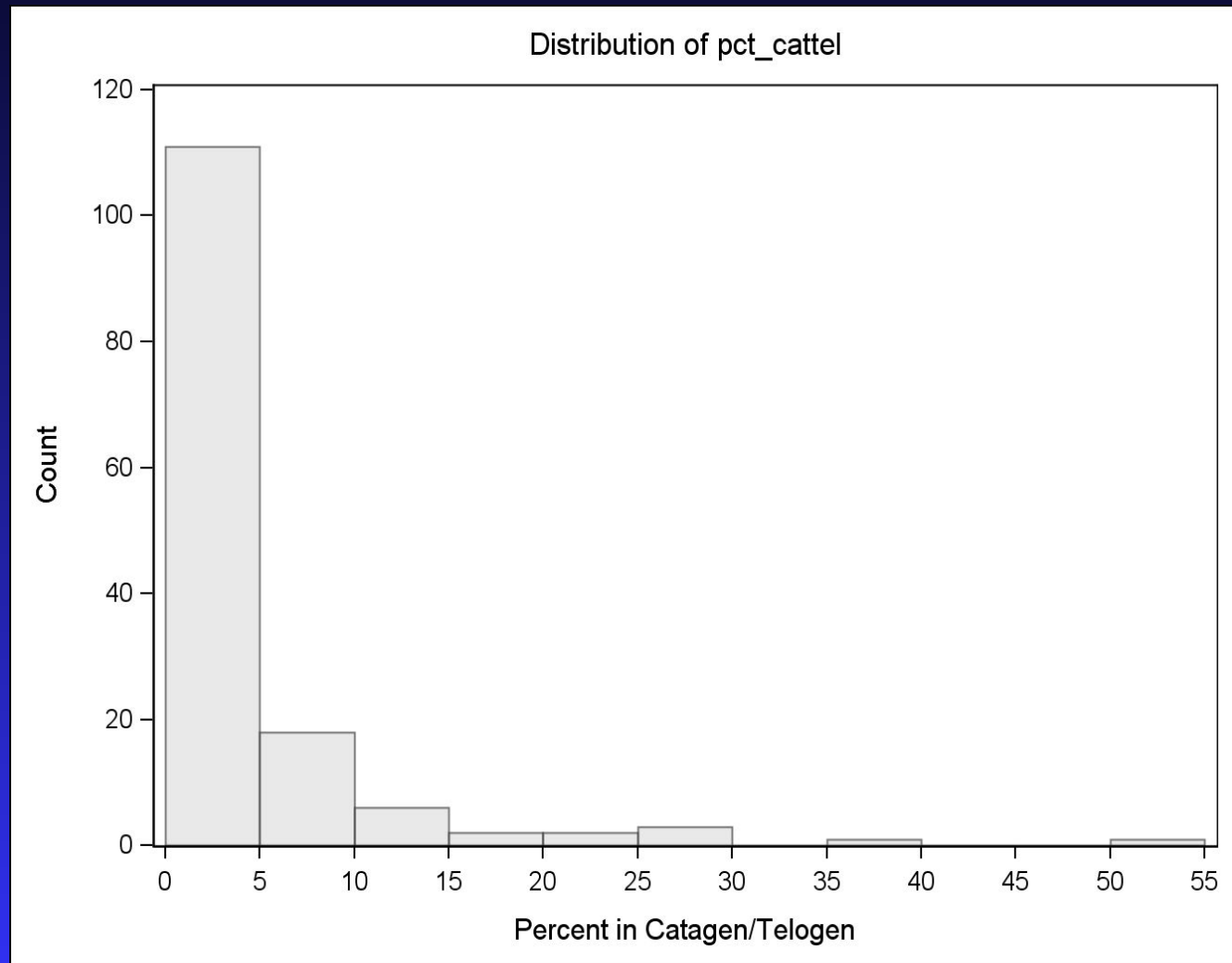


# Near absence of catagen/telogen in lichen planopilaris

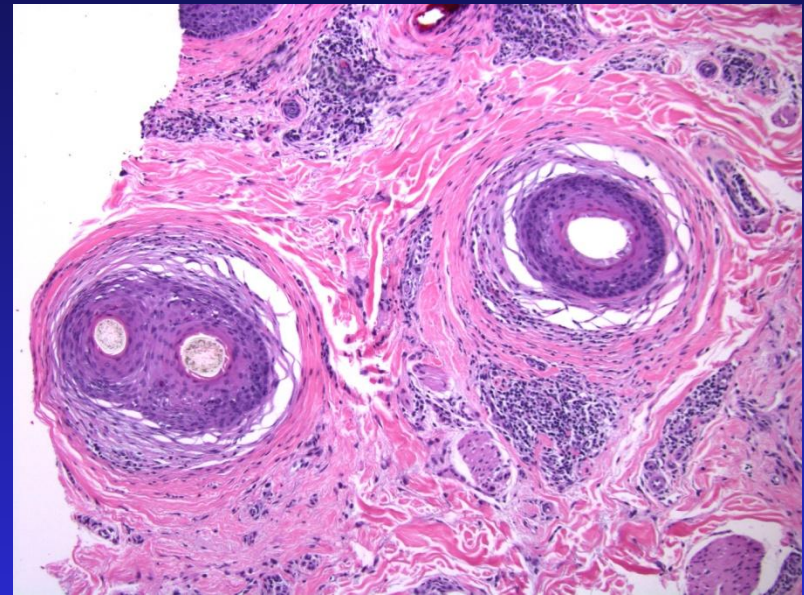
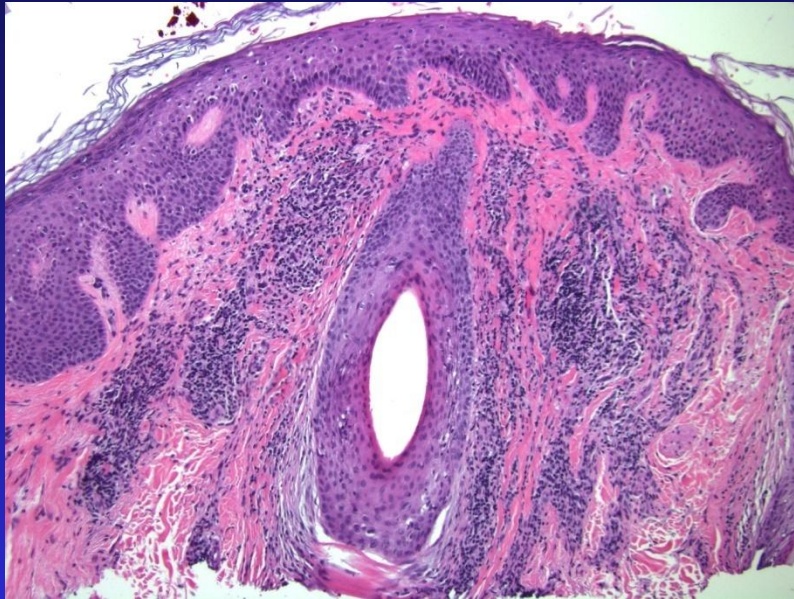




# Near absence of catagen/telogen in LPP

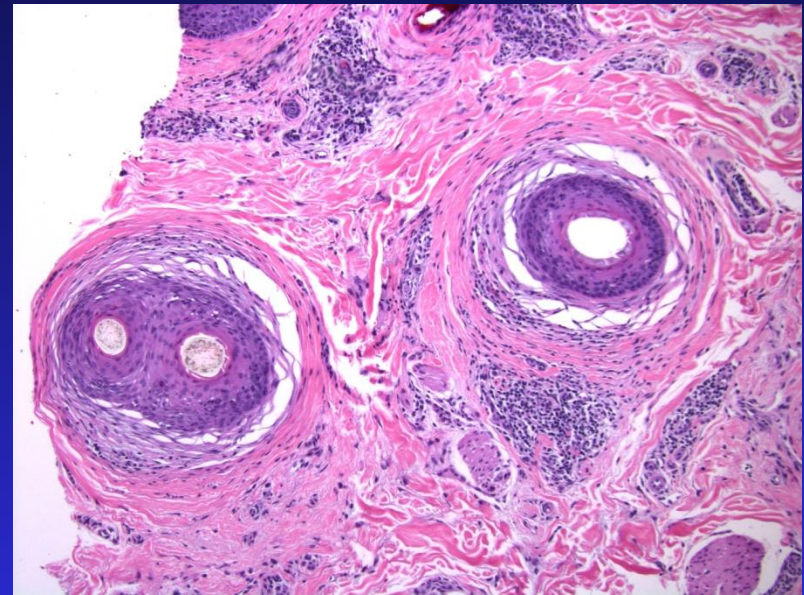
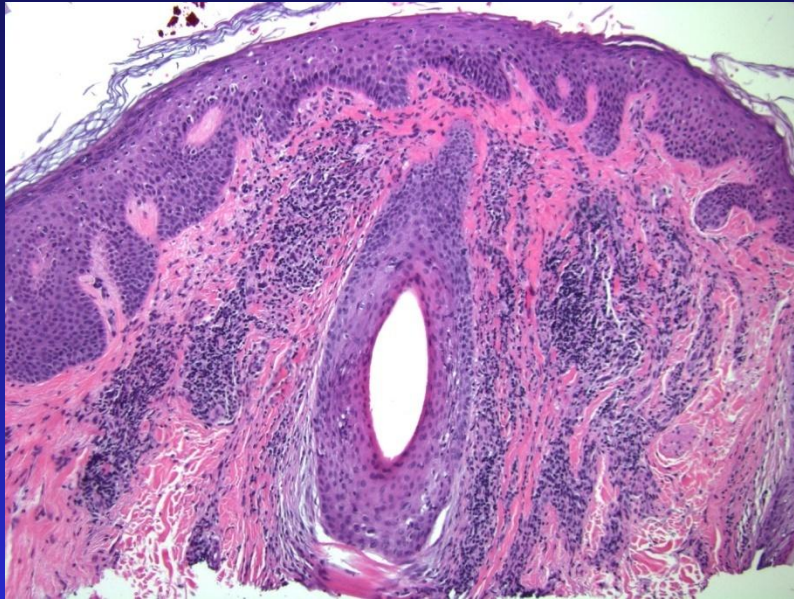


# Lichen Planopilaris (LPP)



Inflammation at level of the follicular bulge.

# Lichen Planopilaris (LPP)



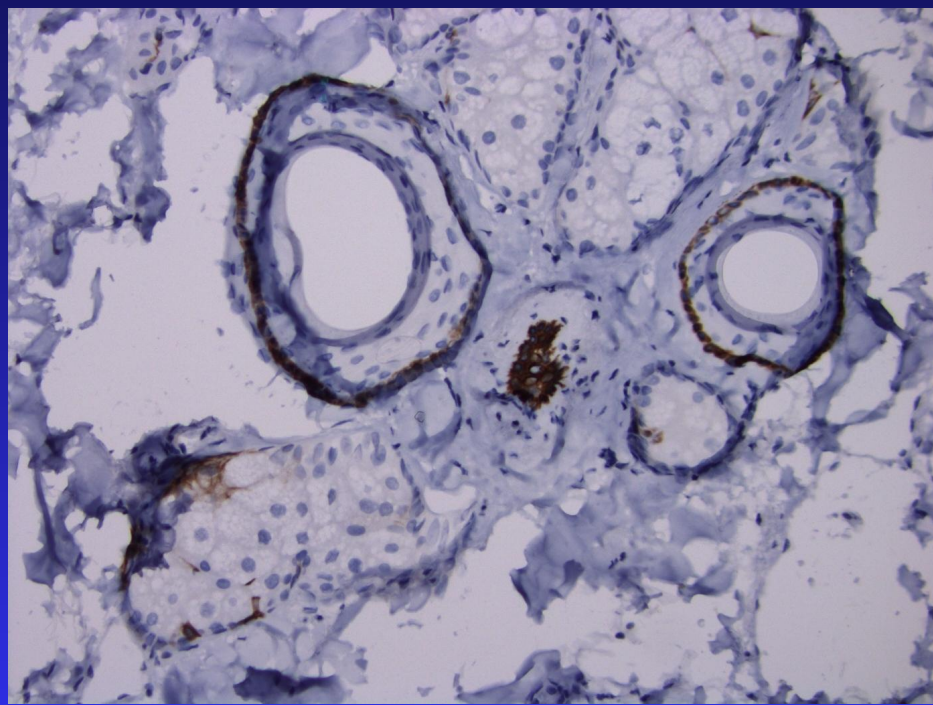
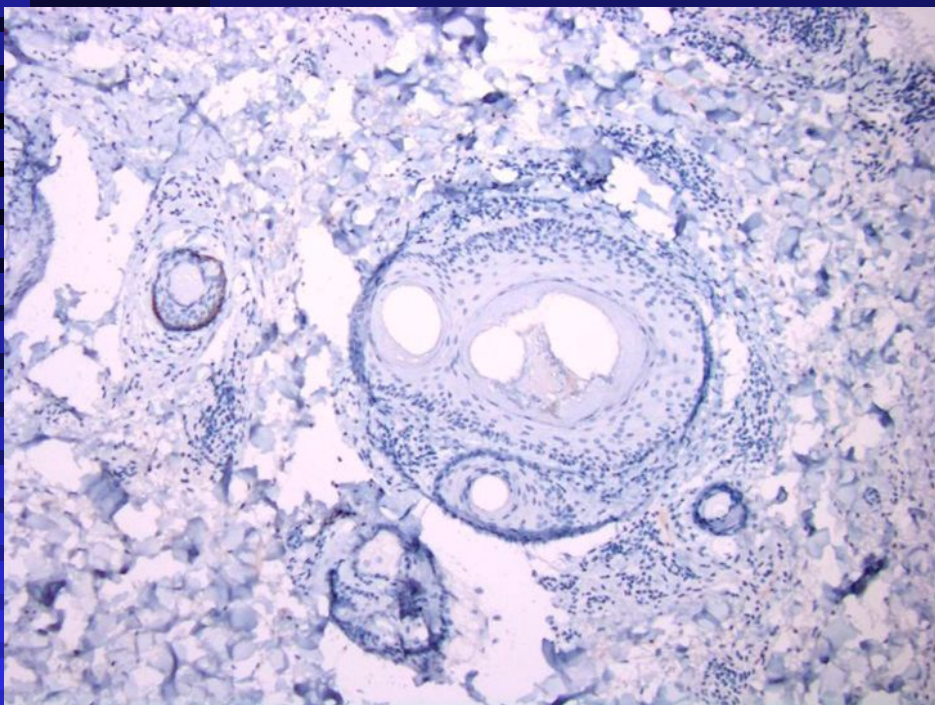
Loss of catagen/telogen phase follicles



# Absence of catagen/telogen phase and loss of cytokeratin 15 expression in hair follicles in lichen planopilaris

Arlette Habashi-Daniel, MD,<sup>a</sup> Janet L. Roberts, MD,<sup>b</sup> Nisha Desai, MD,<sup>d</sup> and Curtis T. Thompson, MD<sup>a,b,c</sup>  
*Portland, Oregon*

J Am Acad Dermatol 2014;71:969-72.

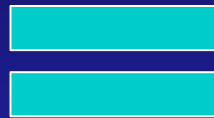


# Lichen Planopilaris Progression

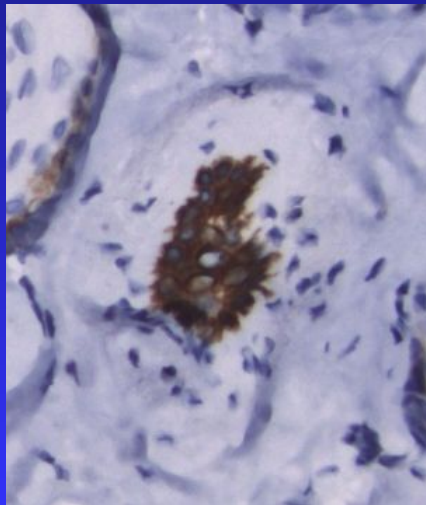
Loss of CK15+  
stem cells



Disappearance of  
follicle when  
cycle into catagen



Clinical progression  
despite  
immunosuppressive  
treatment



# Lichen Planopilaris (LPP)

Absence of  
catagen/telogen

Loss of CK15+  
stem cells

EARLY INTERVENTION IS LIKELY  
THE MOST IMPORTANT FACTOR IN  
PROGNOSIS.



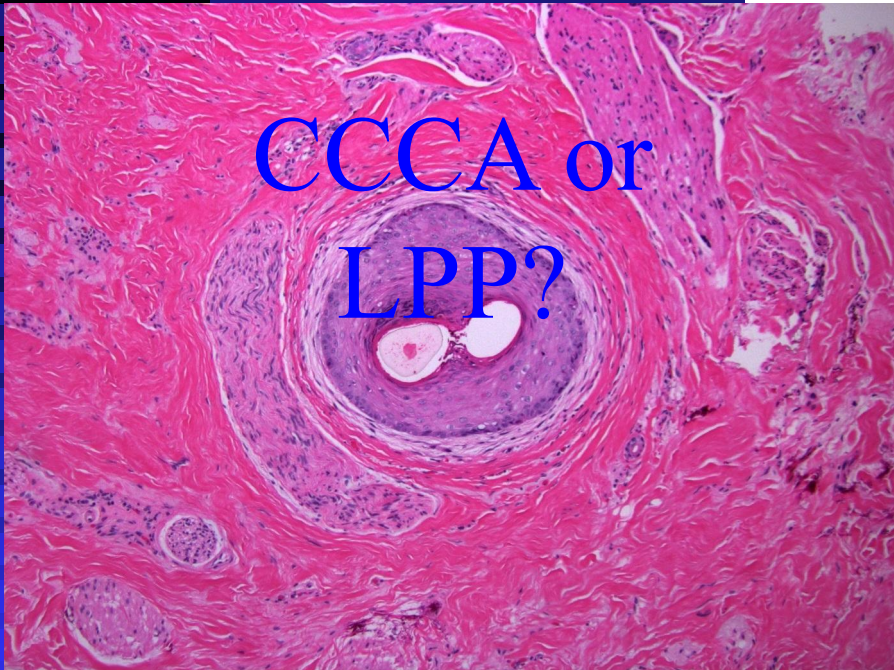
## CK15+ Stem Cell Loss in Other Cicatricial Diseases

- Alopetic lupus erythematosus—(7 cases)
- Central centrifugal cicatricial alopecia (CCCA)—(7)
- Frontal fibrosing alopecia (LPP)—(9)
- Lichen planopilaris (19)

Kolivras A, Thompson N, Thompson C. Loss of cytokeratin-15 (CK15) expression is not specific for lichen planopilaris (LPP). J Am Acad Dermatol 2016; 75: 428-9.

# CONCLUSION

**Loss of CK15+ follicular bulge cells  
has no diagnostic value in  
distinguishing cicatricial alopecias**



## PRIMARY CICATRICAL ALOPECIA

Lymphocytic	Chronic cutaneous lupus erythematosus
	Lichen planopilaris (LPP)
	- Classic LPP
	- Frontal fibrosing alopecia
	- Graham-Little Syndrome
	Classic pseudopelade (Brocq)
	Central centrifugal cicatricial alopecia
	Alopecia mucinosa
	Keratosis follicularis spinulosa decalvans
Neutrophilic	Folliculitis decalvans
	Dissecting cellulitis/folliculitis
Mixed	Folliculitis (acne) keloidalis
	Folliculitis (acne) necrotica
	Erosive pustular dermatosis
Non specific	



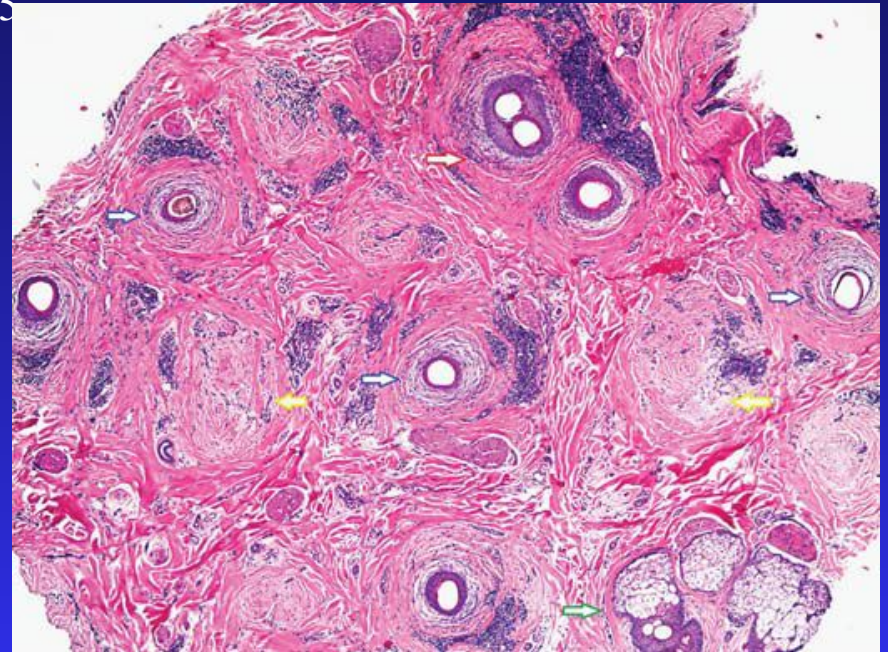
# Central Centrifugal Cicatricial Alopecia Presenting with Irregular Patchy Alopecia on the Lateral and Posterior Scalp

Mariya Miteva Antonella Tosti

Department of Dermatology and Cutaneous Surgery, University of Miami Miller School of Medicine, Miami, Fla., USA

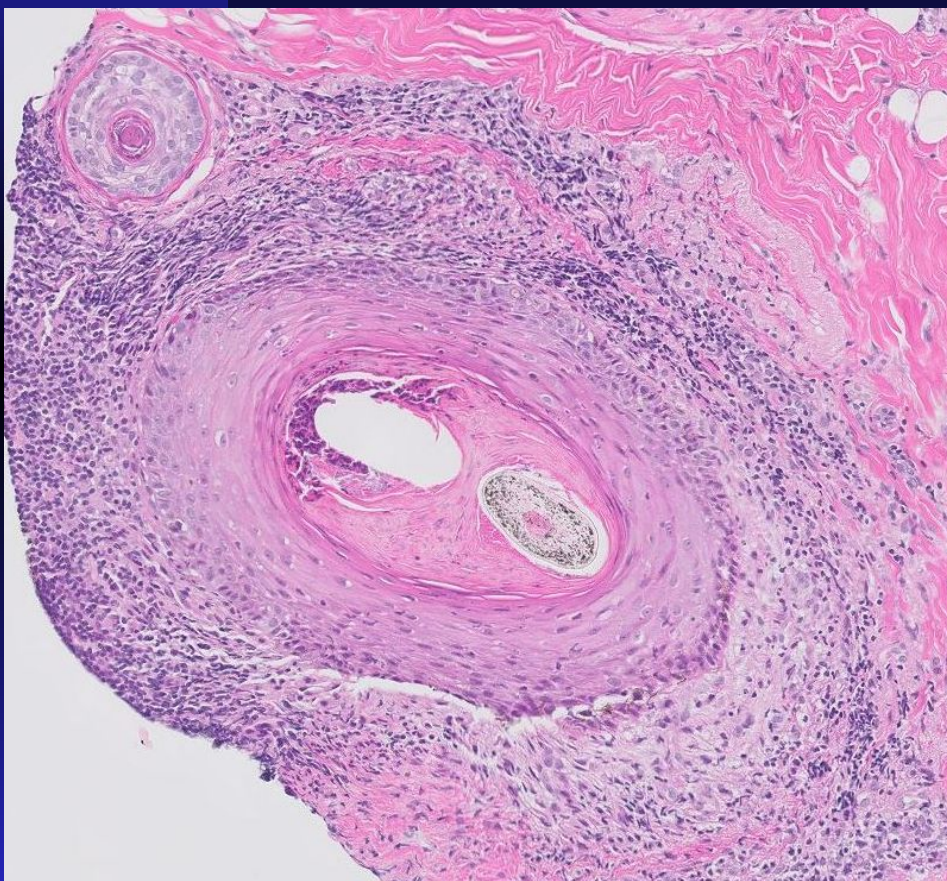
Skin Appendage Disord

2015; 1: 1-5

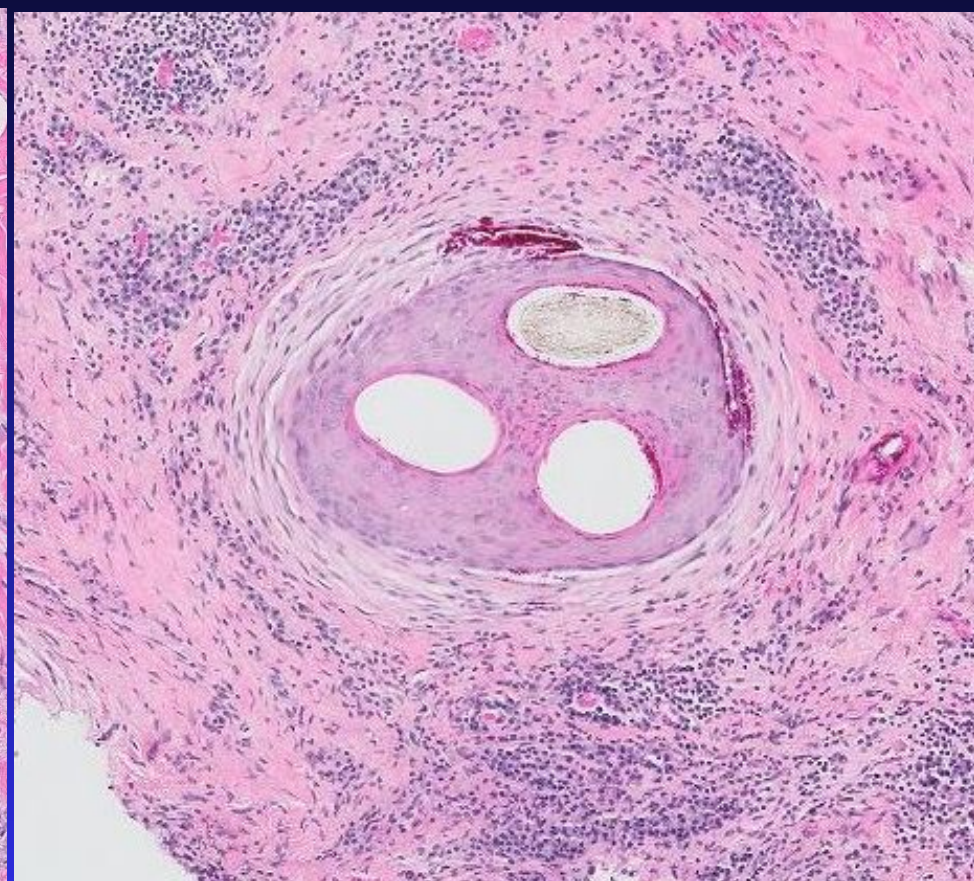




# CCCA vs LPP—Current Study



CCCA



LPP

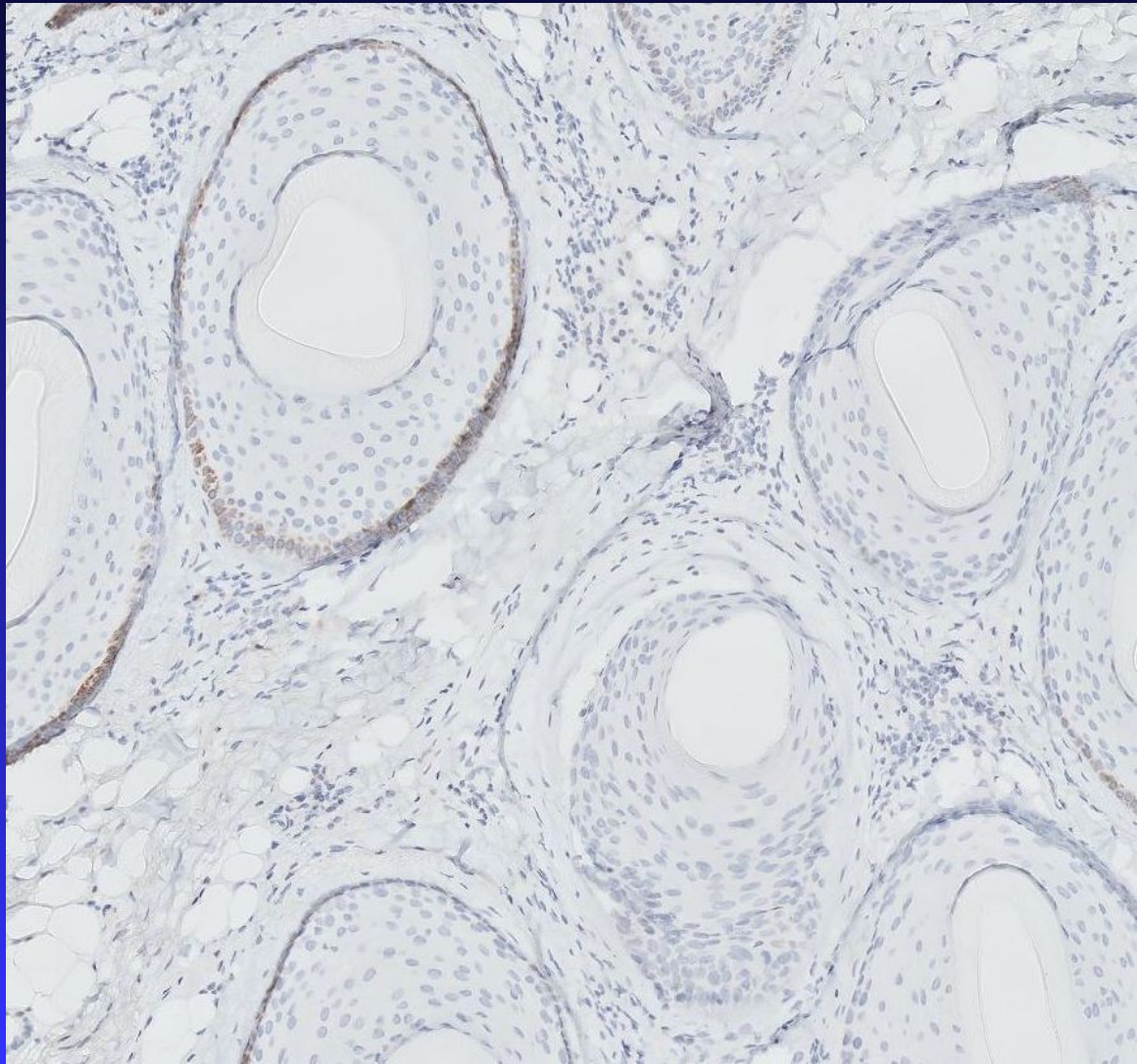
# Data collection and Analysis

- CD4, CD8, CD20, CD68,
- CD123
- Myeloperoxidase
- CK15



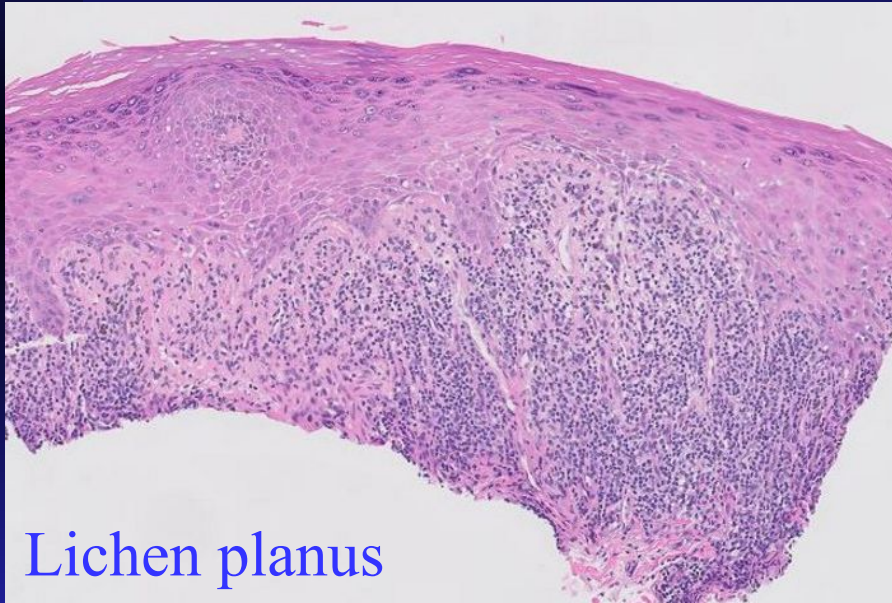
# Conclusion #1

CK15 helps detect subtle disease

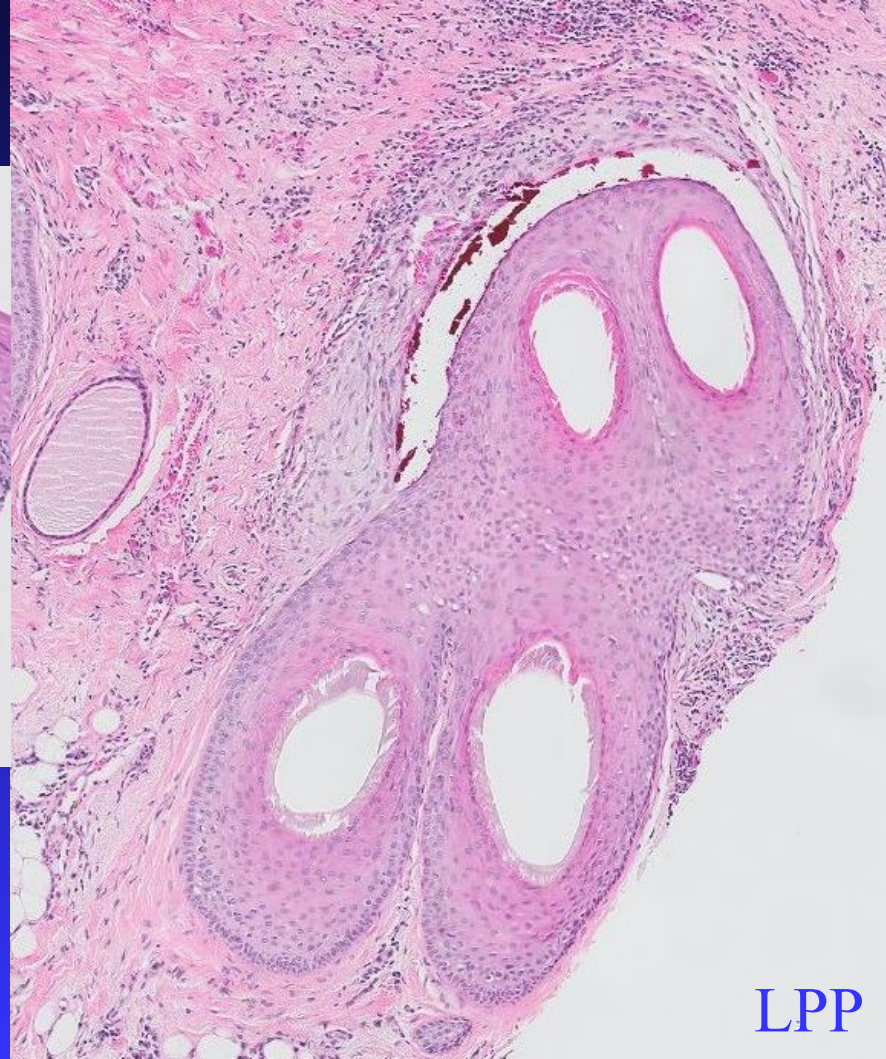


## Conclusion #2

Squamotization of Follicular Epithelium:  
Same as lichen planus



Lichen planus

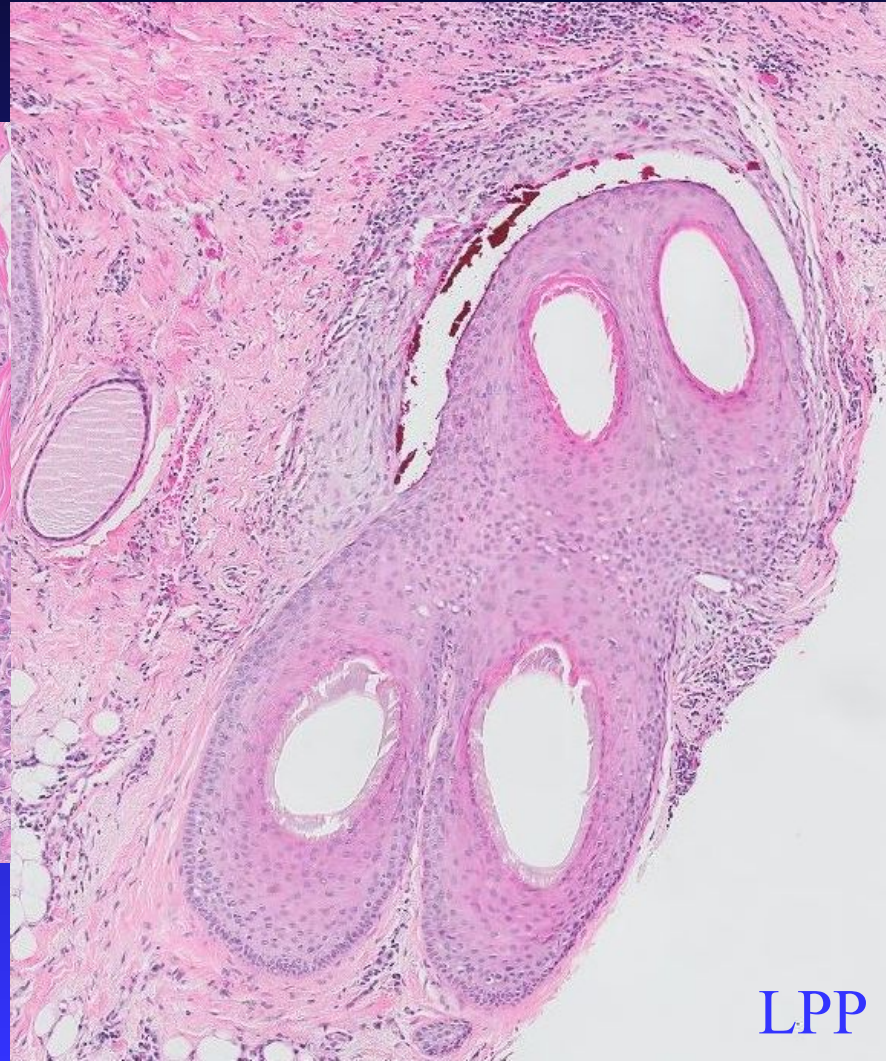
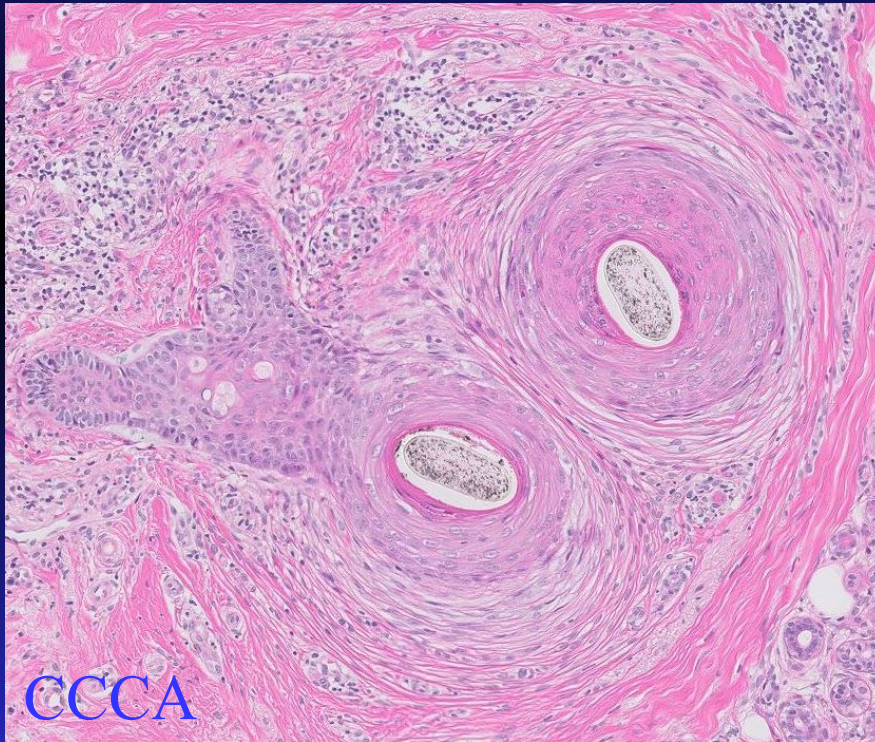


LPP



## Conclusion #2

# Squamotization of Follicular Epithelium Identical in CCCA and LPP





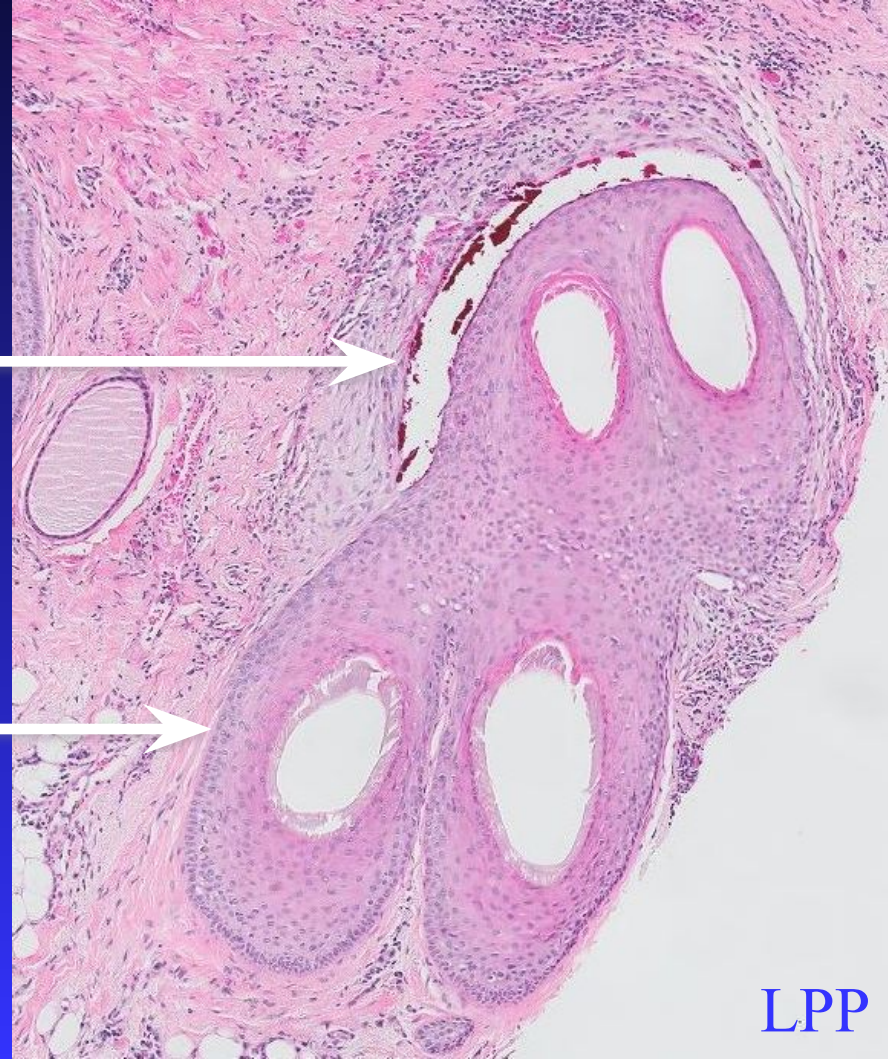
## Conclusion #2

Squamotization of Follicular Epithelium is “Premature Desquamation of the Inner Root Sheath”

Squamotization



Normal



# Conclusion #3

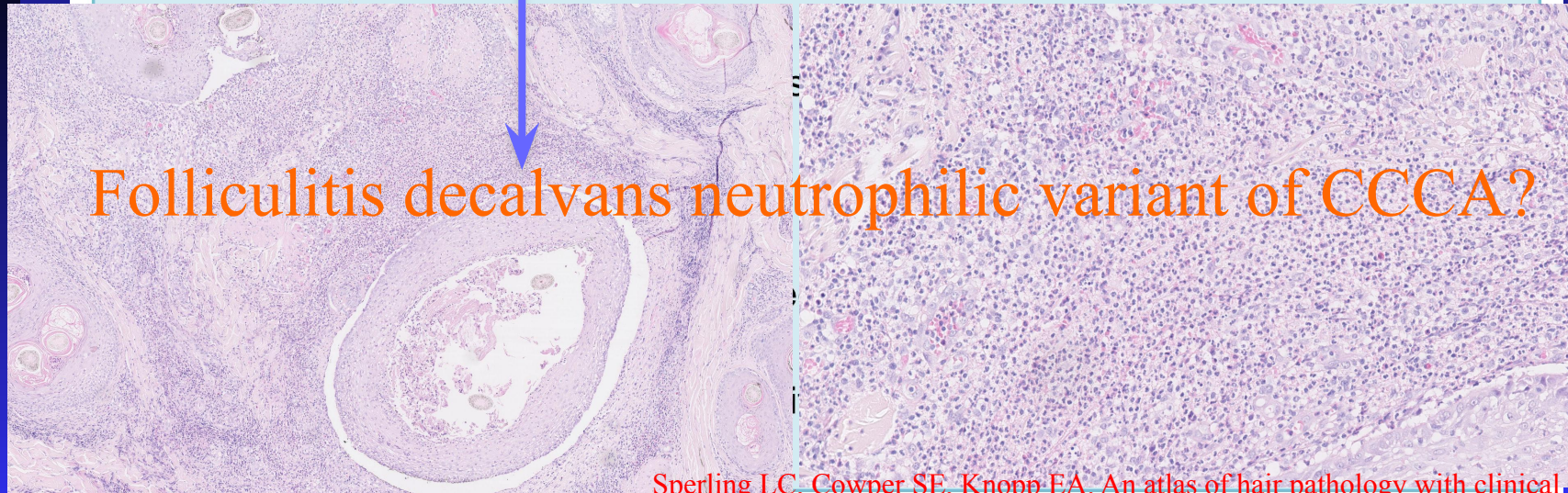
Lack of neutrophils (MPO) suggests  
no relationship between  
Folliculitis Decalvans and CCCA

## SIMPLIFIED CLASSIFICATION OF PRIMARY CICATRICAL ALOPECIA

Central Centrifugal cicatricial alopecia

Lichen planopilaris

Folliculitis decalvans neutrophilic variant of CCCA?





# Overall Conclusion:

## For diagnostic purposes, CCCA is identical to LPP

### SIMPLIFIED CLASSIFICATION OF PRIMARY CICATRICAL ALOPECIA

Central Centrifugal cicatricial alopecia

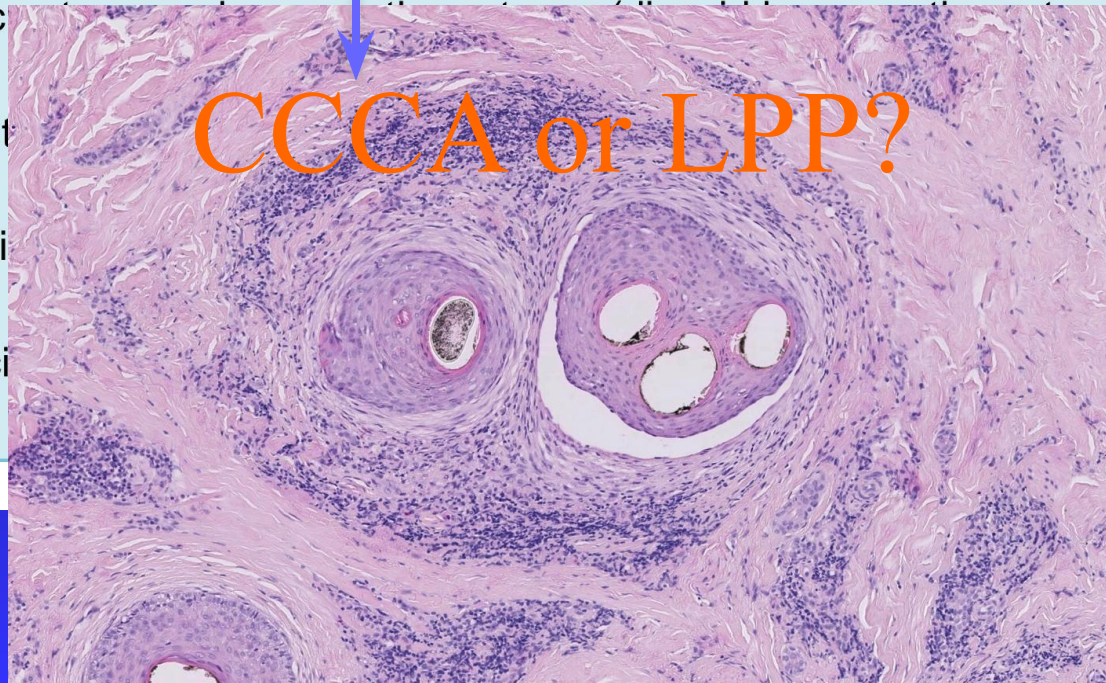
Lichen planopilaris

Chronic

Folliculit

Dissecti

Cicatrici





# Pseudopelade of Brocq



# Pseudopelade of Brocq

- With transverse sections foci of inflammation and scarring are identified
- Now diagnosed as lichen planopilaris
- Recommend abandoning this term.

# Brocq pseudopelade

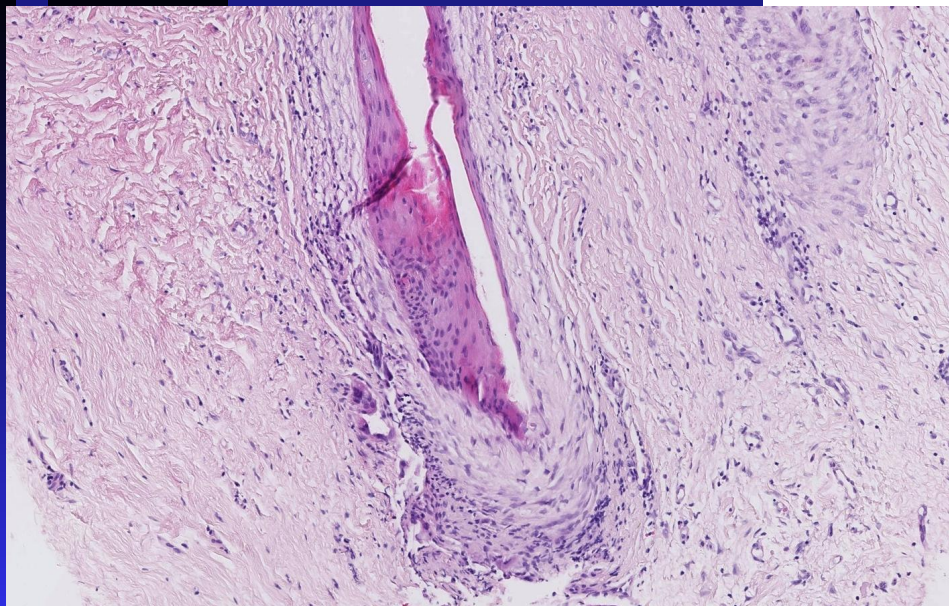
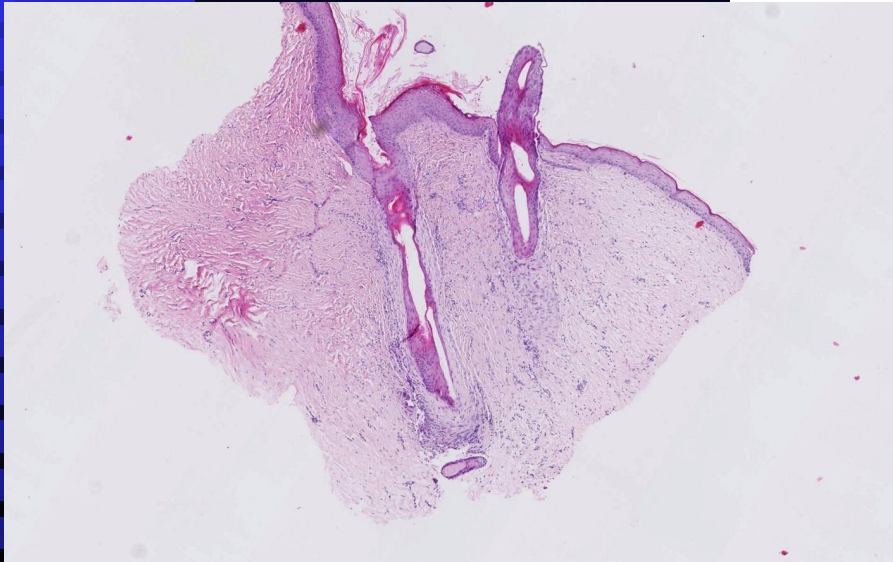


Brocq pseudopelade is  
lichen planopilaris

The image consists of two histological sections of skin. The left section shows a low-power view of the scalp with a large area of alopecia (Brocq pseudopelade) and a small area of active lichen planopilaris at the periphery. The right section is a higher magnification view of the active lichen planopilaris, showing a dense infiltrate of lymphocytes at the interface between the epidermis and dermis, with some keratinocytes showing basaloid degeneration.

Silvers DN, Katz BE, Young AW. Pseudopelade of Brocq is lichen planopilaris: report of four cases that support this nosology. *Cutis* 1993; 51: 99.





## PRIMARY CICATRICAL ALOPECIA

### Lymphocytic

Chronic cutaneous lupus erythematosus

Lichen planopilaris (LPP)

- Classic LPP

- Frontal fibrosing alopecia

- Graham-Little Syndrome

Classic pseudopelade (Brocq)

Central centrifugal cicatricial alopecia

Alopecia mucinosa

Keratosis follicularis spinulosa decalvans

### Neutrophilic

Folliculitis decalvans

Dissecting cellulitis/folliculitis

### Mixed

Folliculitis (acne) keloidalis

Folliculitis (acne) necrotica

Erosive pustular dermatosis

### Non specific

# Objective #4

- New Algorithm

# North American Hair Research Society (NAHRS) Classification

PRIMARY CICATRICAL ALOPECIA	
Lymphocytic	Chronic cutaneous lupus erythematosus
	Lichen planopilaris (LPP)
	- Classic LPP
	- Frontal fibrosing alopecia
	- Graham-Little Syndrome
	Classic pseudopelade (Brocq)
	Central centrifugal cicatricial alopecia
	Alopecia mucinosa
	Keratosis follicularis spinulosa decalvans
Neutrophilic	Folliculitis decalvans
	Dissecting cellulitis/folliculitis
Mixed	Folliculitis (acne) keloidalis
	Folliculitis (acne) necrotica
	Erosive pustular dermatosis
Non specific	

1. Olsen EA, Bergfeld WF, Cotsarelis G, et al. Summary of North American Hair Research Society (NAHRS)-sponsored Workshop on Cicatricial Alopecia, Duke University Medical Center, February 10 and 11, 2001. J Am Acad Dermatol 2003; 48: 103.
2. Olsen EA, Stenn K, Bergfeld W, et al. Update on Cicatricial Alopecia. J Invest Dermatol Symp Proc 2003; 8: 18.



# American Hair Research Society (AHRS) Classification

PRIMARY CICATRICAL ALOPECIA	
Lymphocytic	<p>Chronic cutaneous lupus erythematosus</p> <p>Lichen planopilaris (LPP)</p> <ul style="list-style-type: none"> <li>- Classic LPP</li> <li>- Frontal fibrosing alopecia</li> <li>- Graham-Little Syndrome</li> </ul> <p>Classic pseudopelade (Brocq)</p> <p>Central centrifugal cicatricial alopecia</p> <p>Alopecia mucinosa</p> <p>Keratosis follicularis spinulosa decalvans</p>
Neutrophilic	<p>Folliculitis decalvans</p> <p>Dissecting cellulitis/folliculitis</p>
Mixed	<p>Folliculitis (acne) keloidalis</p> <p>Folliculitis (acne) necrotica</p> <p>Erosive pustular dermatosis</p>
Non specific	



## PRIMARY CICATRICIAL ALOPECIA

### Lymphocytic

Chronic cutaneous lupus erythematosus

Lichen planopilaris (LPP)

- Classic LPP

- Frontal fibrosing alopecia

- Graham-Little Syndrome

Classic pseudopelade (Brocq)

Central centrifugal cicatricial alopecia

Alopecia mucinosa

Keratosis follicularis spinulosa decalvans

### Neutrophilic

Folliculitis decalvans

Dissecting cellulitis/folliculitis

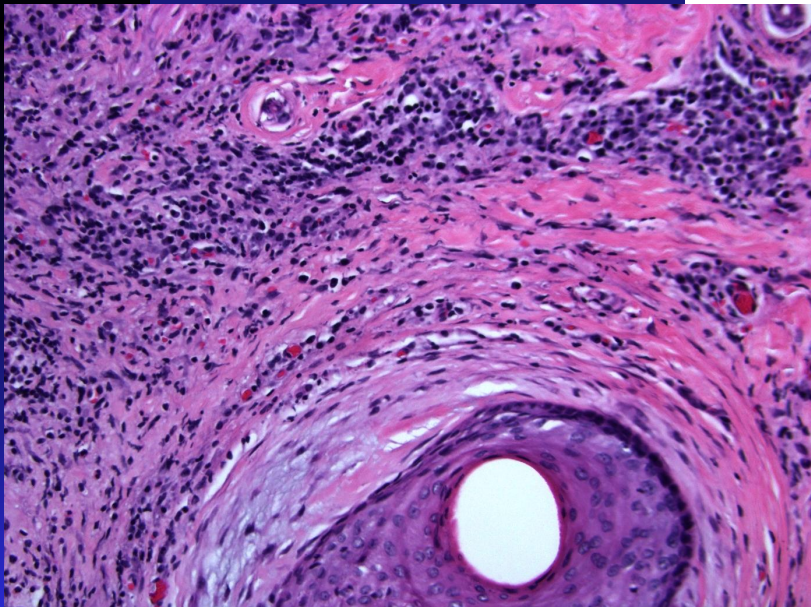
### Mixed

Folliculitis (acne) keloidalis

Folliculitis (acne) necrotica

Erosive pustular dermatosis

Non specific



## PRIMARY CICATRICIAL ALOPECIA

Lymphocytic	Chronic cutaneous lupus erythematosus
	Lichen planopilaris (LPP)
	- Classic LPP
	- Frontal fibrosing alopecia
	- Graham-Little Syndrome
	Classic pseudopelade (Brocq)
	Central centrifugal cicatricial alopecia
Neutrophilic	Alopecia mucinosa
	Keratosis follicularis spinulosa decalvans
	Folliculitis decalvans
Mixed	Dissecting cellulitis/folliculitis
	Folliculitis (acne) keloidalis
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	<b>Folliculitis (acne) keloidalis</b>
	Folliculitis (acne) necrotica
	Erosive pustular dermatosis
Non specific	

# Simplified classification lumps clinically disparate disorders

## SIMPLIFIED CLASSIFICATION OF PRIMARY CICATRICAL ALOPECIA

Central Centrifugal cicatricial alopecia ~~≠~~ Folliculitis Decalvans

Lichen planopilaris

Chronic cutaneous lupus erythematosus (discoid lupus erythematosus)

Folliculitis Keloidalis (folliculitis nuchae, acne keloidalis nuchae)

Dissecting cellulitis (perifolliculitis abscedens et suffodiens)

Cicatricial alopecia, not otherwise classified

# LIMITATIONS

1. All alopecias may, in the end, be scarring
2. Cases in marked follicular miniaturization or increase of the catagen/telogen count may be misinterpreted as cicatricial alopecia (empty tracts).
3. Using the cell type of the infiltrate for classification may be misleading.





Scarring or non-scarring alopecia?

# How?

**How to bridge the historical classification of alopecia with all the current concepts and how to provide clinicians and dermatopathologists a practical guide to diagnosis?**

## Review

# Primary scalp alopecia: new histopathological tools, new concepts and a practical guide to diagnosis

The diagnosis of primary scalp alopecia remains one of the most challenging fields in dermatopathology. In this review, we would like to connect the established classification of primary alopecia into scarring (cicatricial) and non-scarring (non-cicatricial) with current concepts. We introduce a simplified pathway for the diagnosis of the most common causes of alopecia, including a discussion of tissue processing techniques and use of immunohistochemistry.

**Keywords:** non-scarring (non-cicatricial) alopecia, primary scalp alopecia, scarring (cicatricial) alopecia

Kolivras A, Thompson C. Primary scalp alopecia: new histopathological tools, new concepts and a practical guide to diagnosis.

*J Cutan Pathol* 2016. © 2016 John Wiley & Sons A/S. Published by John Wiley & Sons Ltd

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<sup>4</sup>Department of Pathology, Oregon Health Sciences University, Portland, OR, USA, and

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# A practical guide to diagnosis

## Getting the clinical clues

- Diffuse or patchy?
- Usual or special clinical context?

## Examine the biopsy specimen

- Density
- Follicular size
- Catagen and telogen percentage
- Perifollicular scarring
- Inflammatory infiltrate
- Follicular fibrous tracts

## Apply the 2-step algorithm

- Presence or absence of follicular miniaturization?
- Increased or normal CT count?

# Diffuse or patchy?

## Usual or special clinical context?

Table 1

CLINICAL CONTEXT	DIFFUSE ALOPECIA	PATCHY ALOPECIA
<b>COMMON ENTITIES</b>	ALOPECIA AREATA FIBROSING ALOPECIA IN A/PATTERN DISTRIBUTION LICHEN PLANOPILARIS PATTERN HAIR LOSS (FEMALE AND MALE) TELOGEN EFFLUVIUM (ACUTE AND CHRONIC)	ACNE KELOIDALIS ALOPECIA AREATA CENTRAL CENTRIFUGAL SCARRING ALOPECIA DISSECTING CELLULITIS FOLLICULITIS DECALVANS LICHEN PLANOPILARIS LUPUS ERYTHEMATOSUS (DISCOID AND NON-SCARRING) SYPHILIS TRACTION ALOPECIA (EARLY AND CHRONIC) TRICHOTILLOMANIA
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# Diffuse or patchy?

## Usual or special clinical context?

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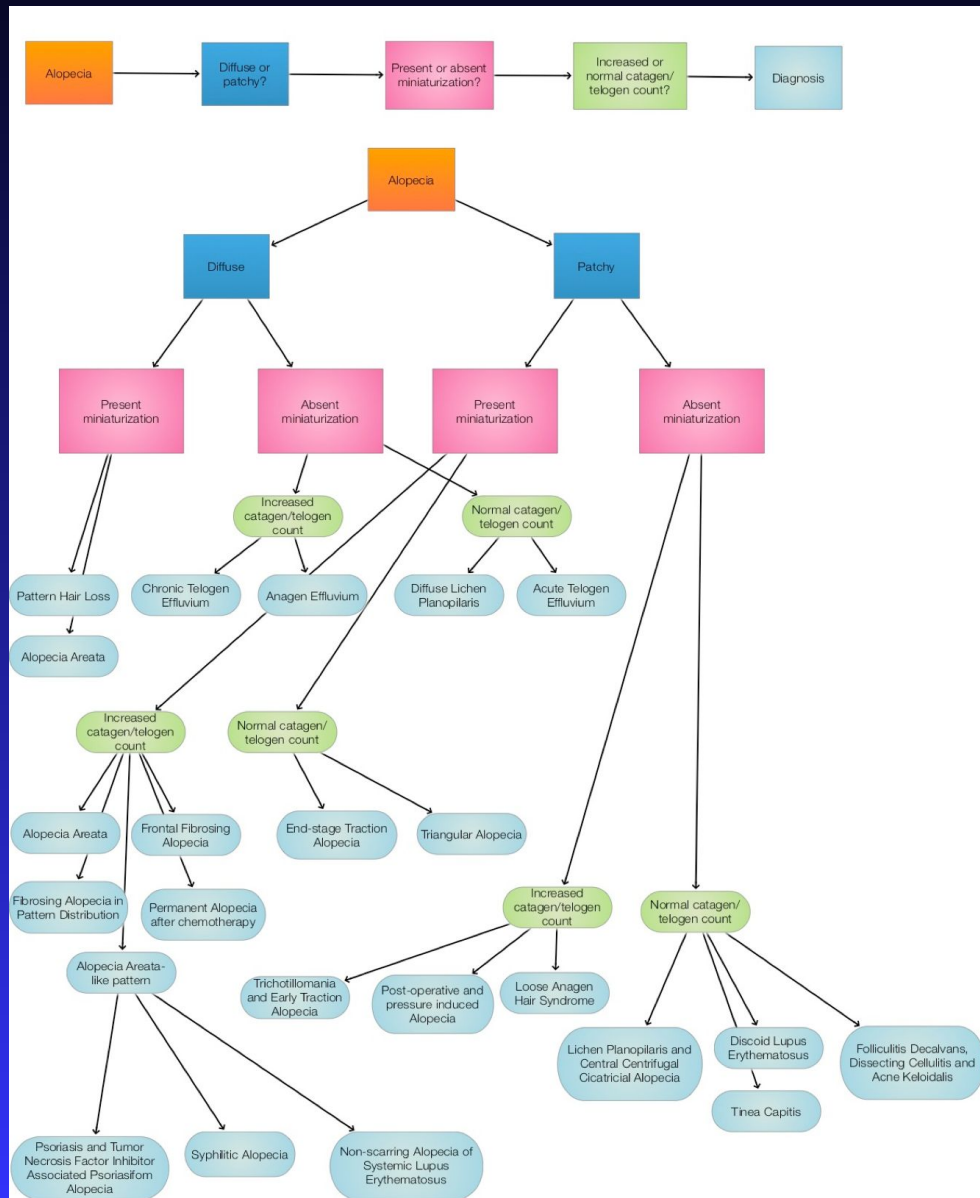
# Diffuse or patchy?

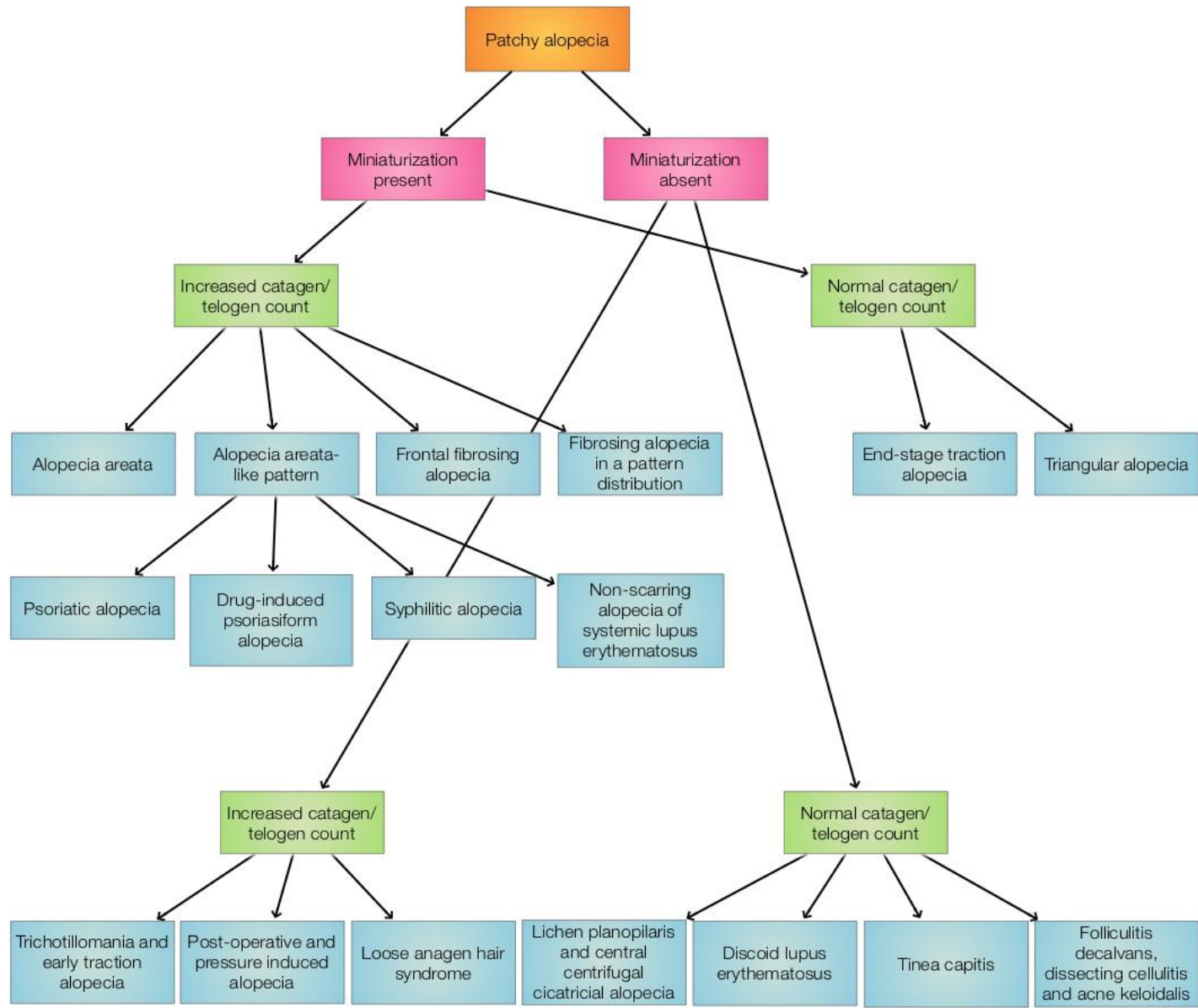
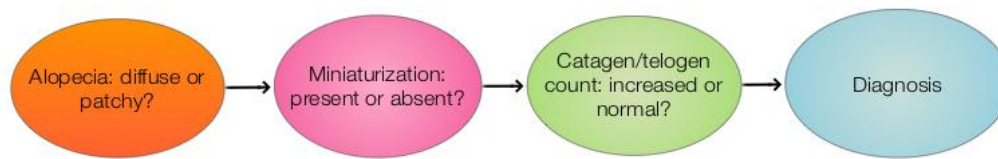
## Usual or special clinical context?

Table 1

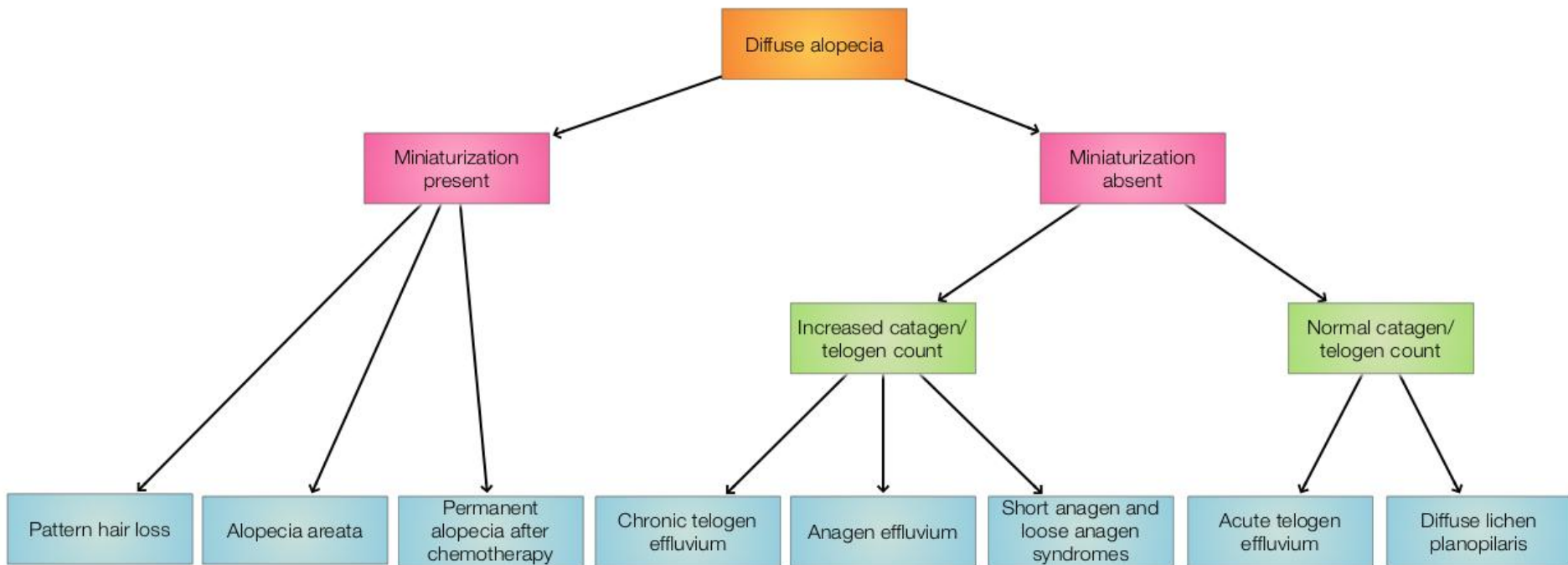
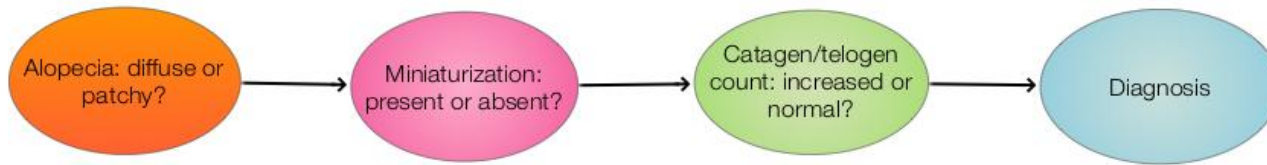
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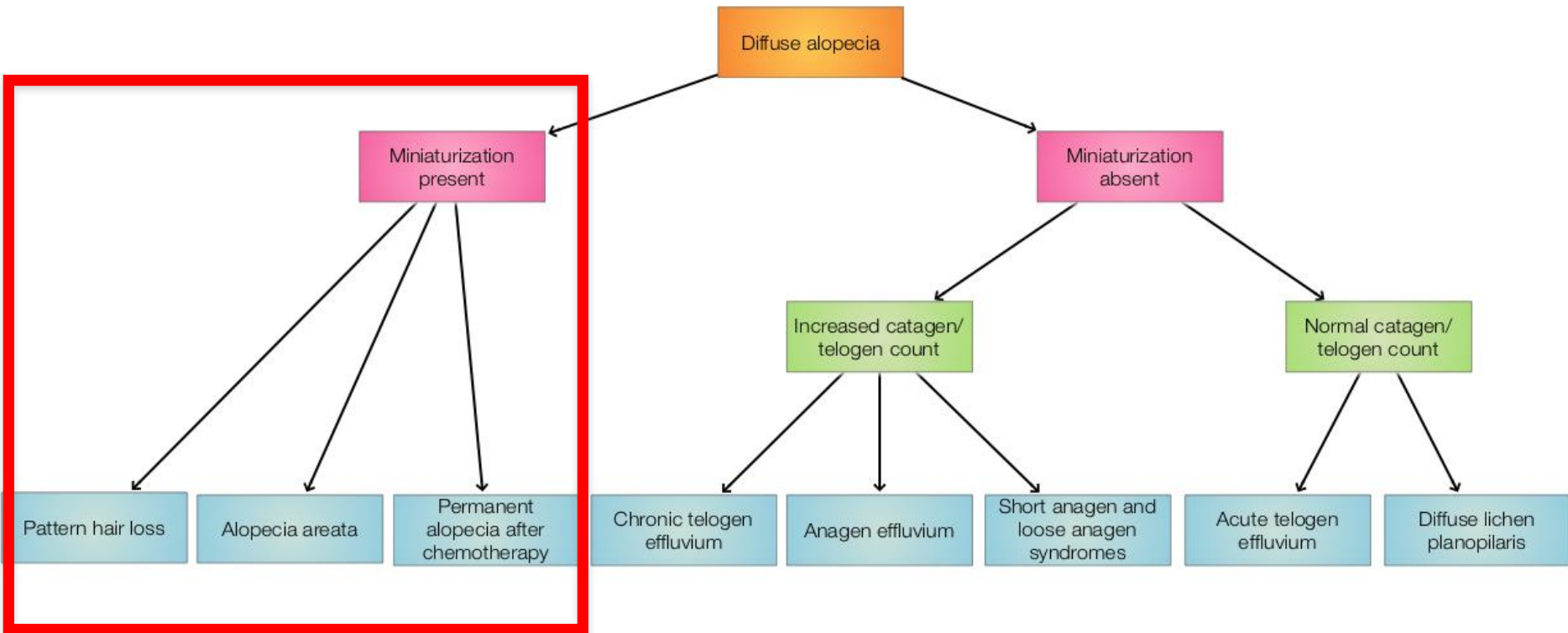
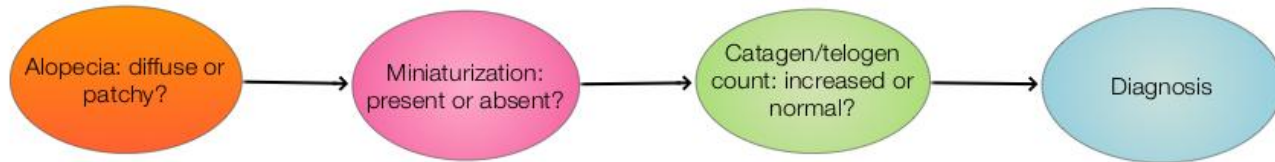
# Diagnostic Algorithm







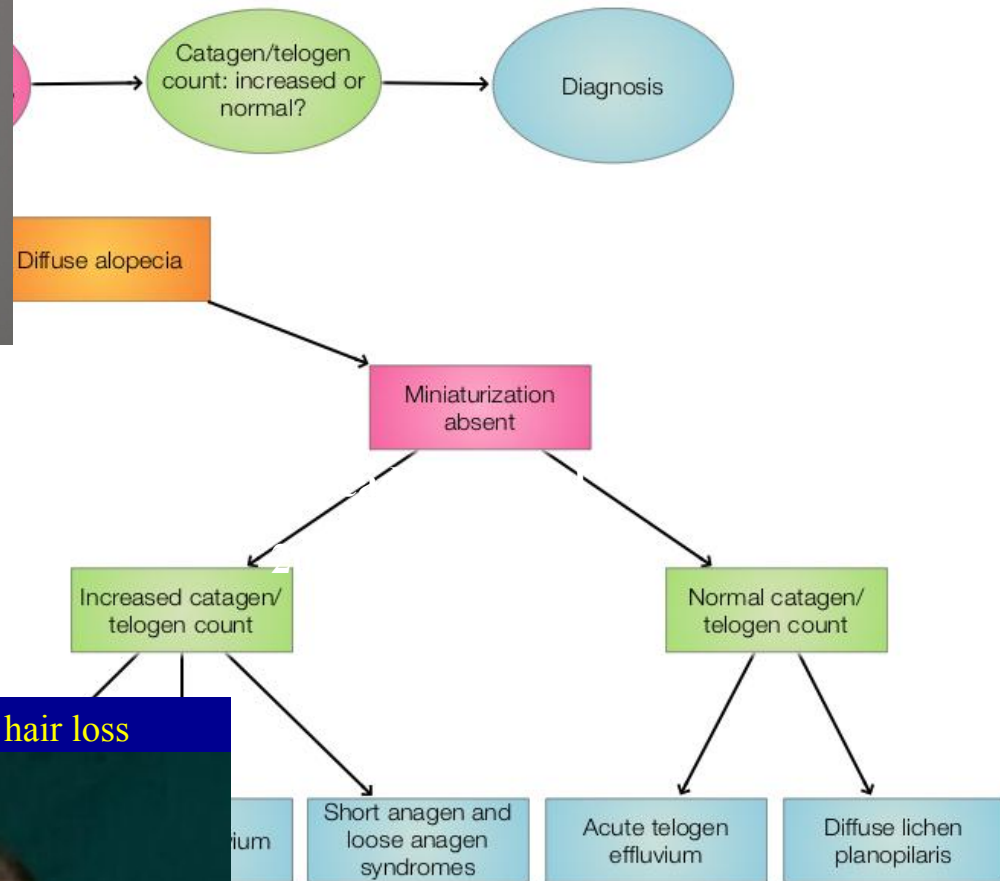




# Alopecia areata incognita



Courtesy BM Piraccini, Bologna



CD3

Pattern hair loss

Alopecia areata

Chronic telogen effluvium

Female pattern hair loss



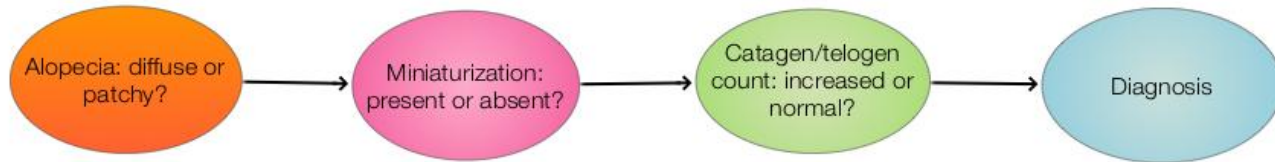
Chronic telogen effluvium

Short anagen and loose anagen syndromes

Acute telogen effluvium

Diffuse lichen planopilaris





Diffuse alopecia

Miniaturization present

Miniaturization absent

Increased catagen/telogen count

Normal catagen/telogen count

Pattern hair loss

Alopecia areata

Permanent alopecia after chemotherapy

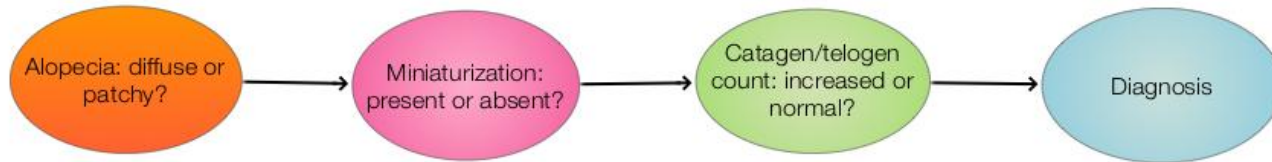
Chronic telogen effluvium

Anagen effluvium

Short anagen and loose anagen syndromes

Acute telogen effluvium

Diffuse lichen planopilaris



Diffuse alopecia

Miniaturization present

Miniaturization absent

Increased catagen/telogen count

Normal catagen/telogen count

Pattern hair loss

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Permanent alopecia after chemotherapy

Chronic telogen effluvium

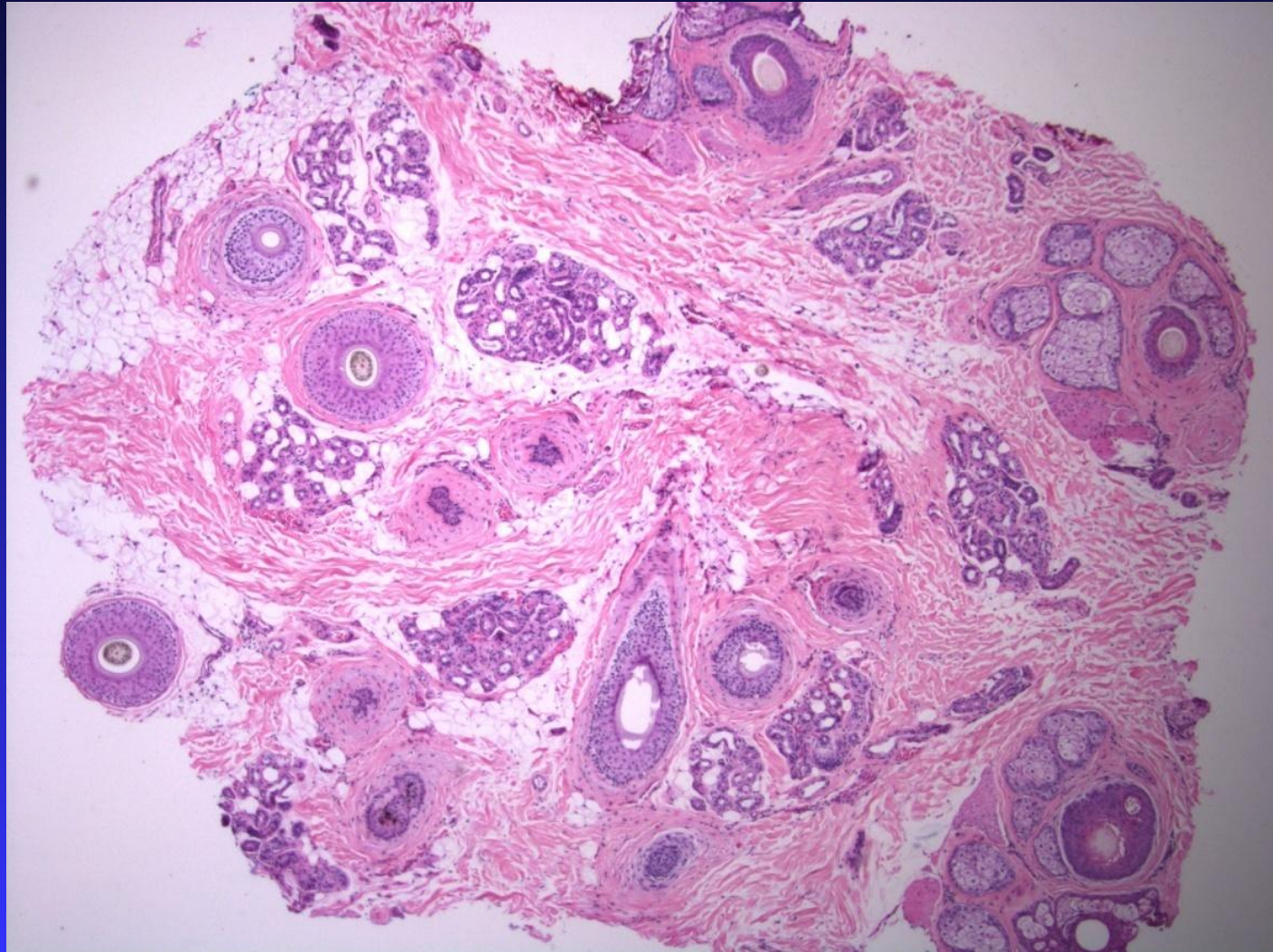
Anagen effluvium

Short anagen and loose anagen syndromes

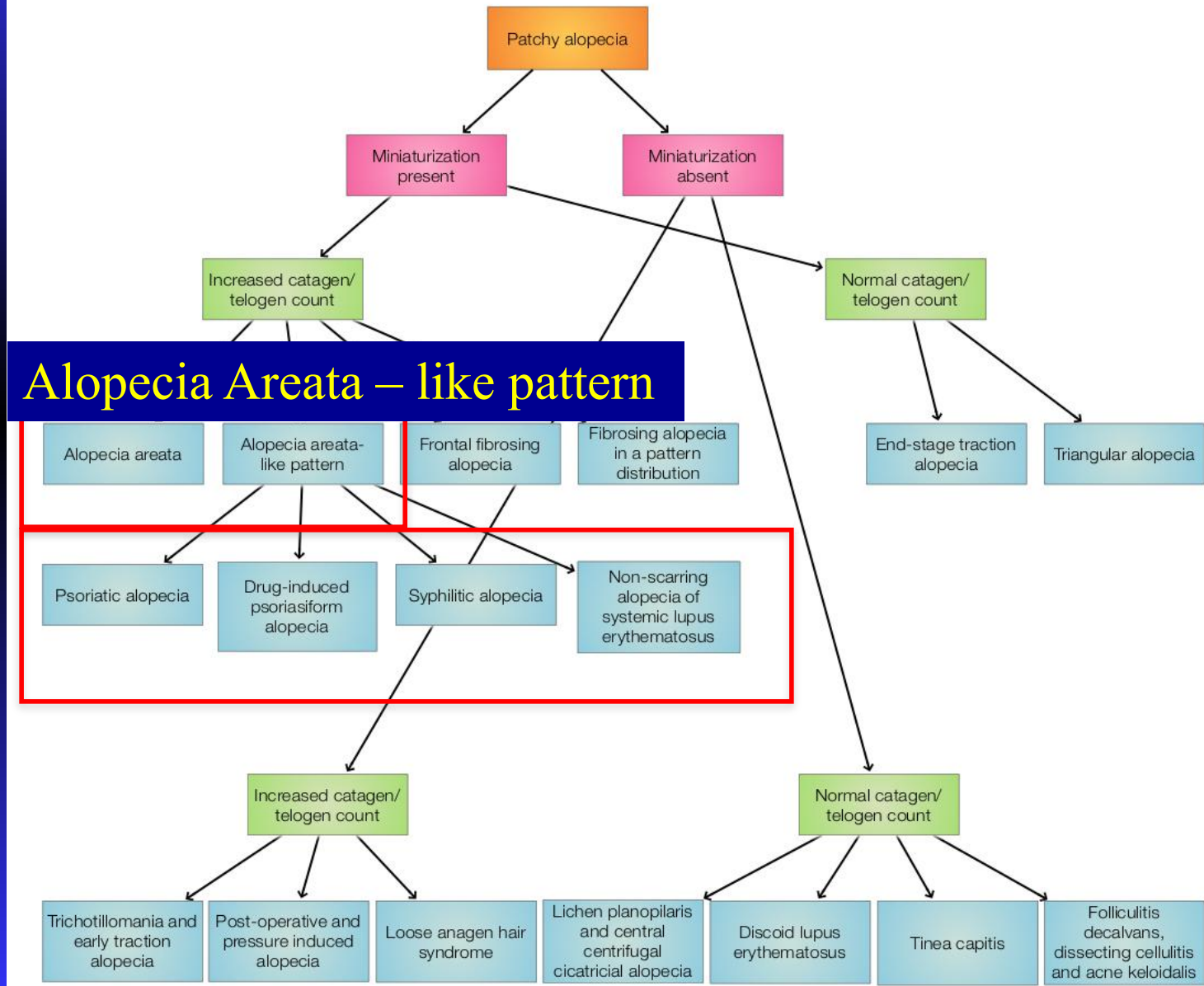
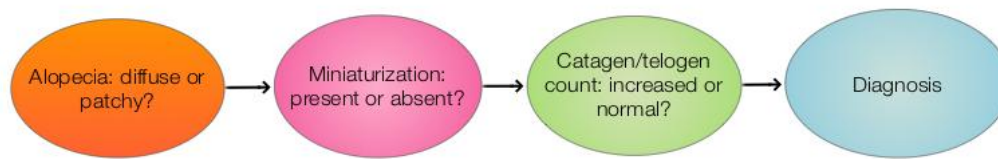
Acute telogen effluvium

Diffuse lichen planopilaris

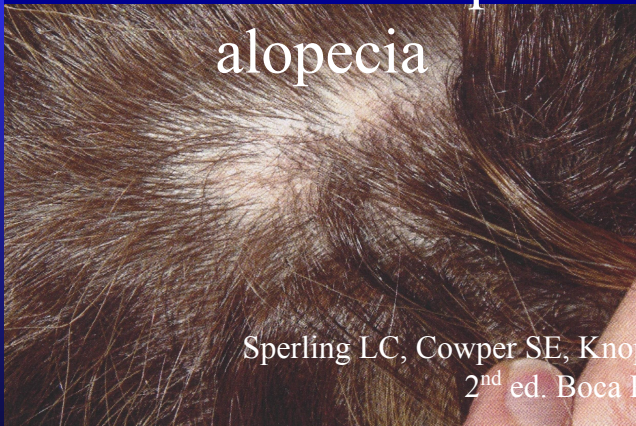
# Alopecia Areata-like Pattern can be a few of entities



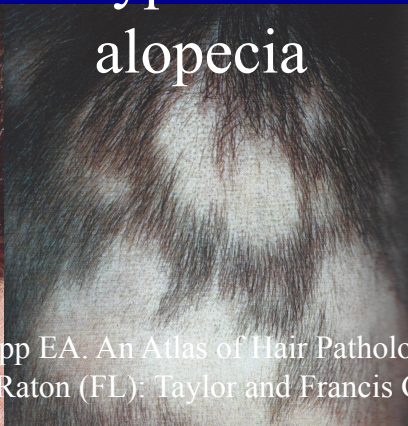




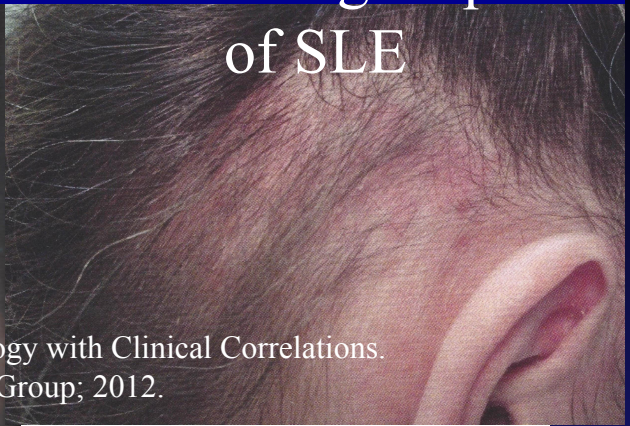
## Post-etanercept alopecia



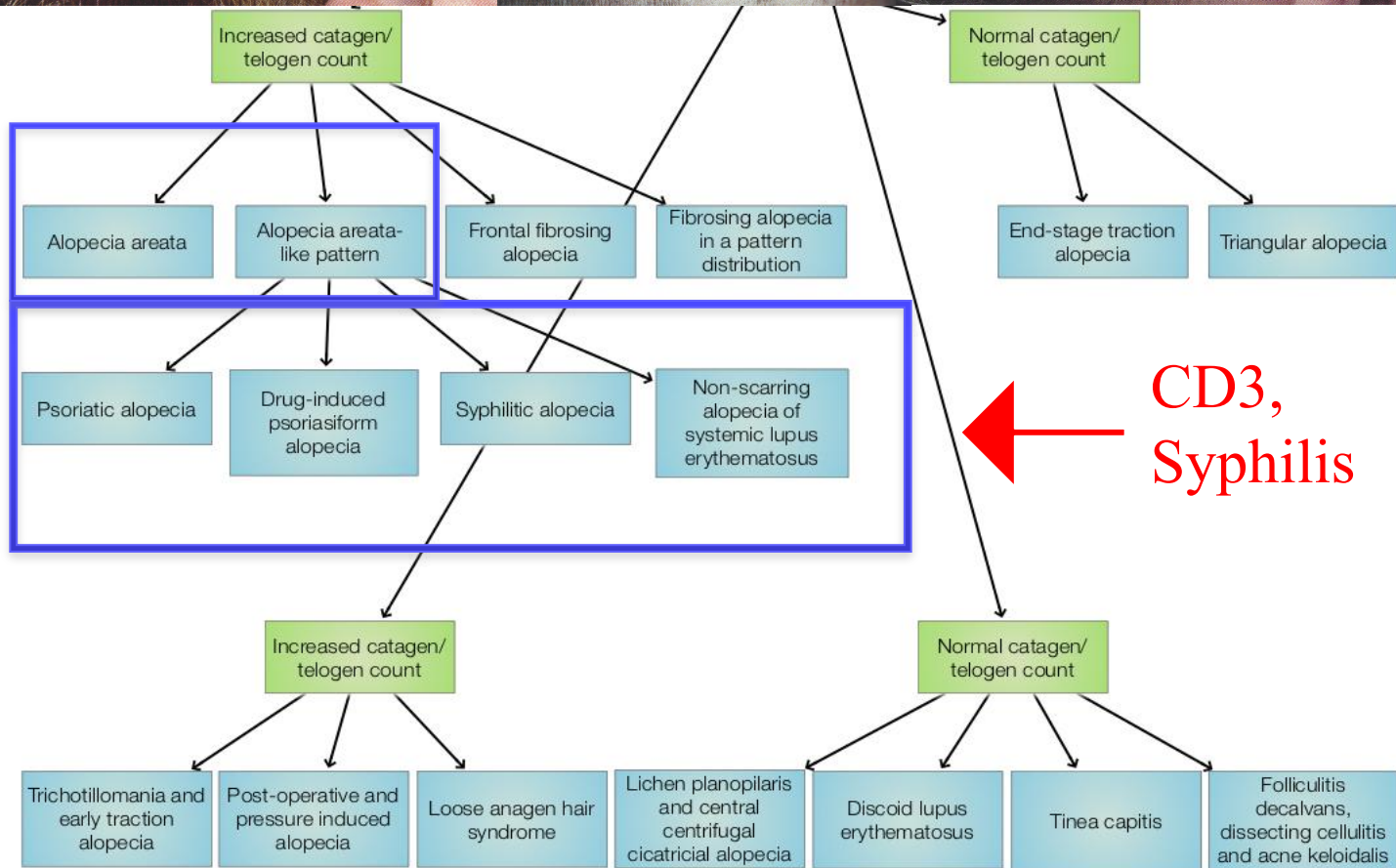
## Syphilitic alopecia

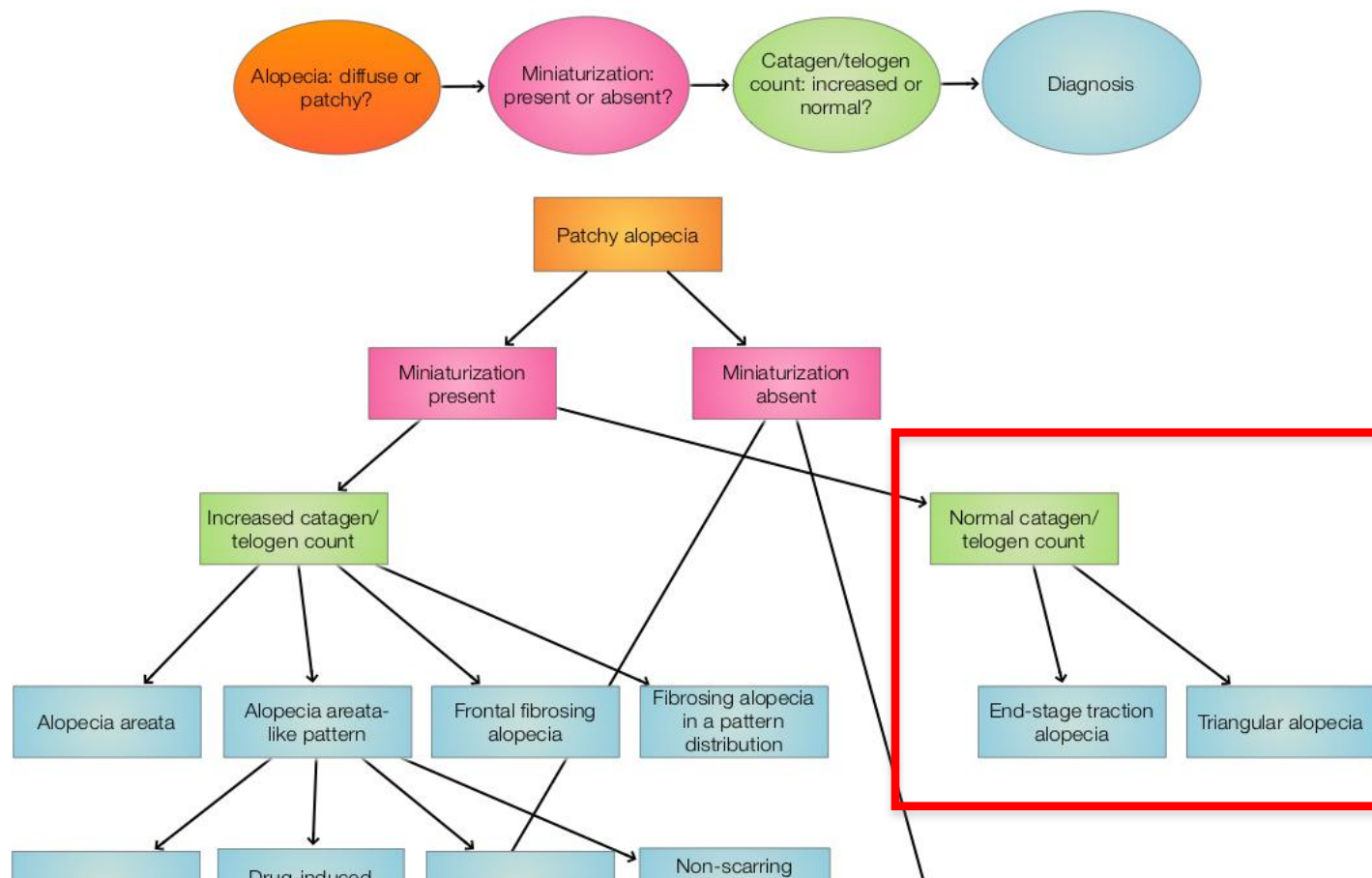


## Non-scarring alopecia of SLE



Sperling LC, Cowper SE, Knopp EA. An Atlas of Hair Pathology with Clinical Correlations. 2<sup>nd</sup> ed. Boca Raton (FL): Taylor and Francis Group; 2012.





## Vellus hairs with normal catagen/telogen hairs: Search for fibrous tracts

1. Triangular alopecia: absent fibrous tracts
2. Miniaturization in chronic (end-stage) traction alopecia

Trichotillomania and  
early traction  
alopecia

Post-operative and  
pressure induced  
alopecia

Loose anagen hair  
syndrome

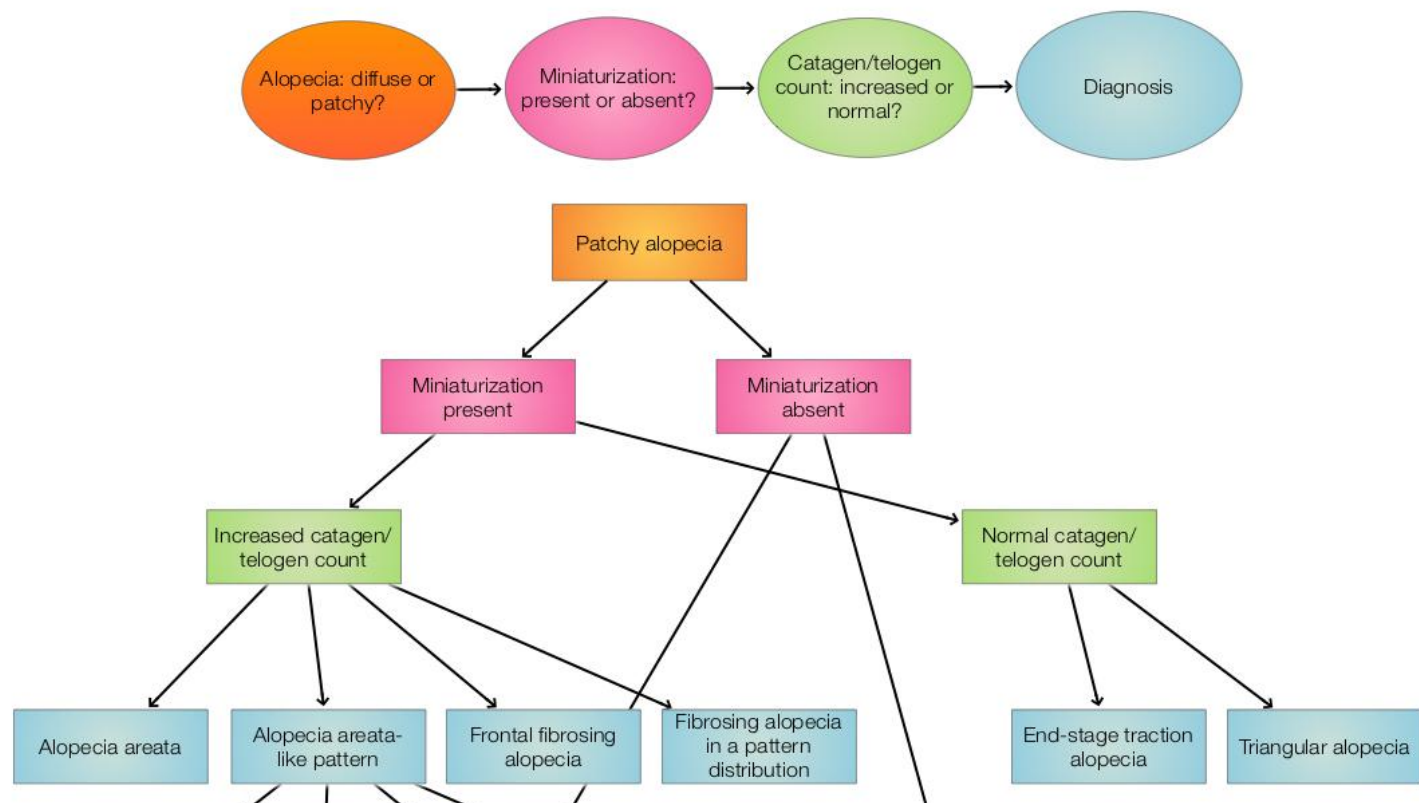
Lichen planopilaris  
and central  
centrifugal  
cicatricial alopecia

Discoid lupus  
erythematosus

Tinea capitis

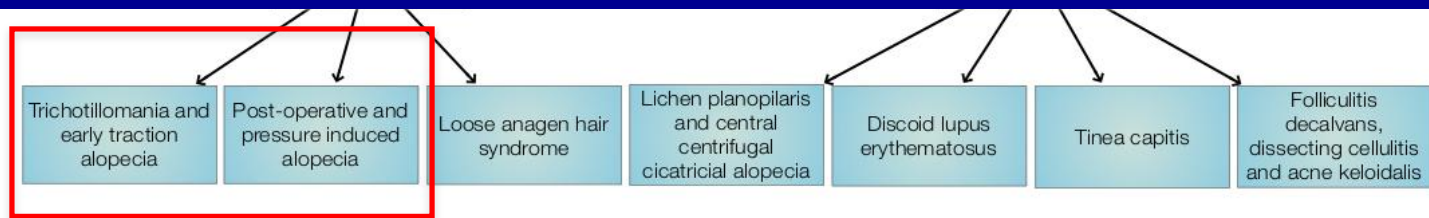
Folliculitis  
decalvans,  
dissecting cellulitis  
and acne keloidalis

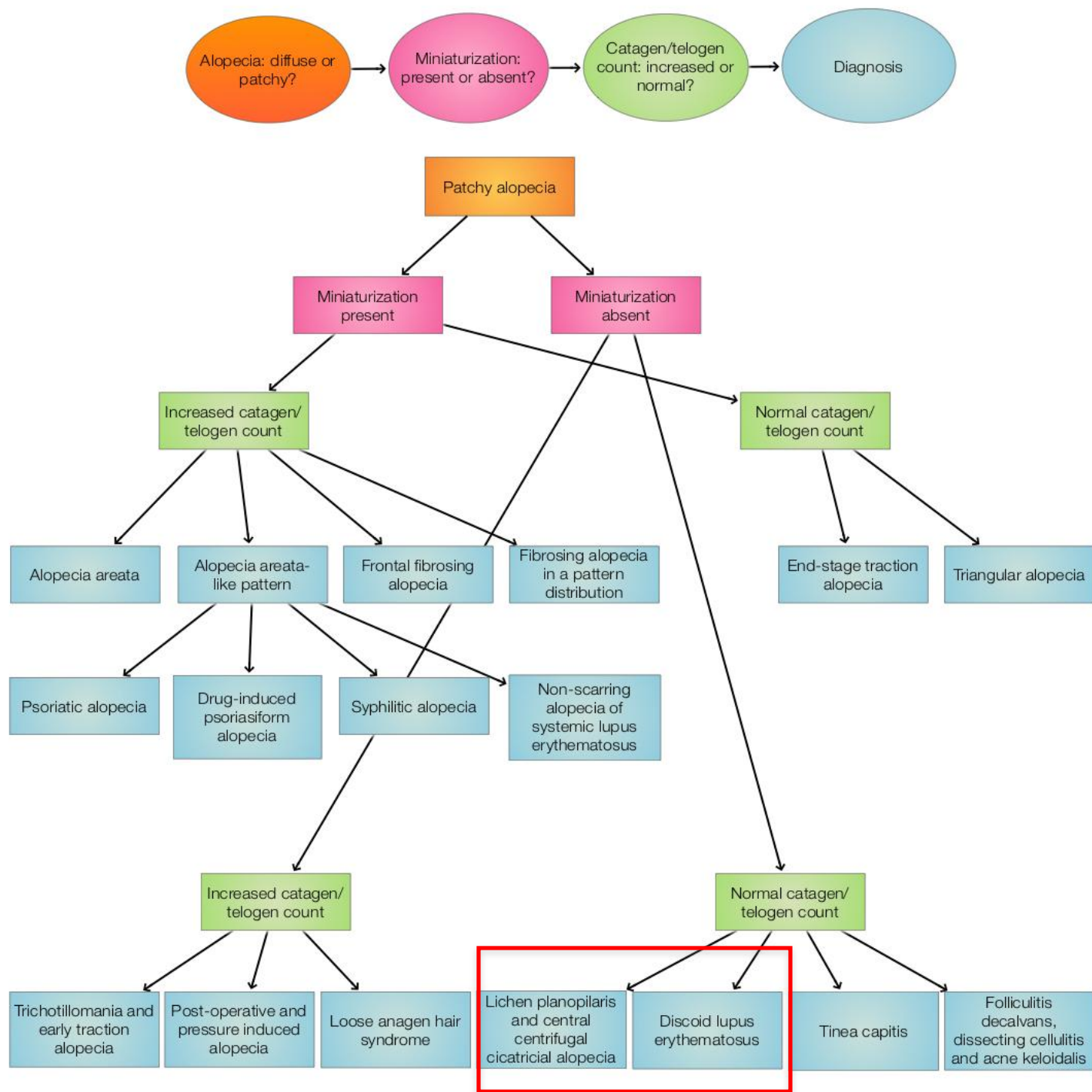


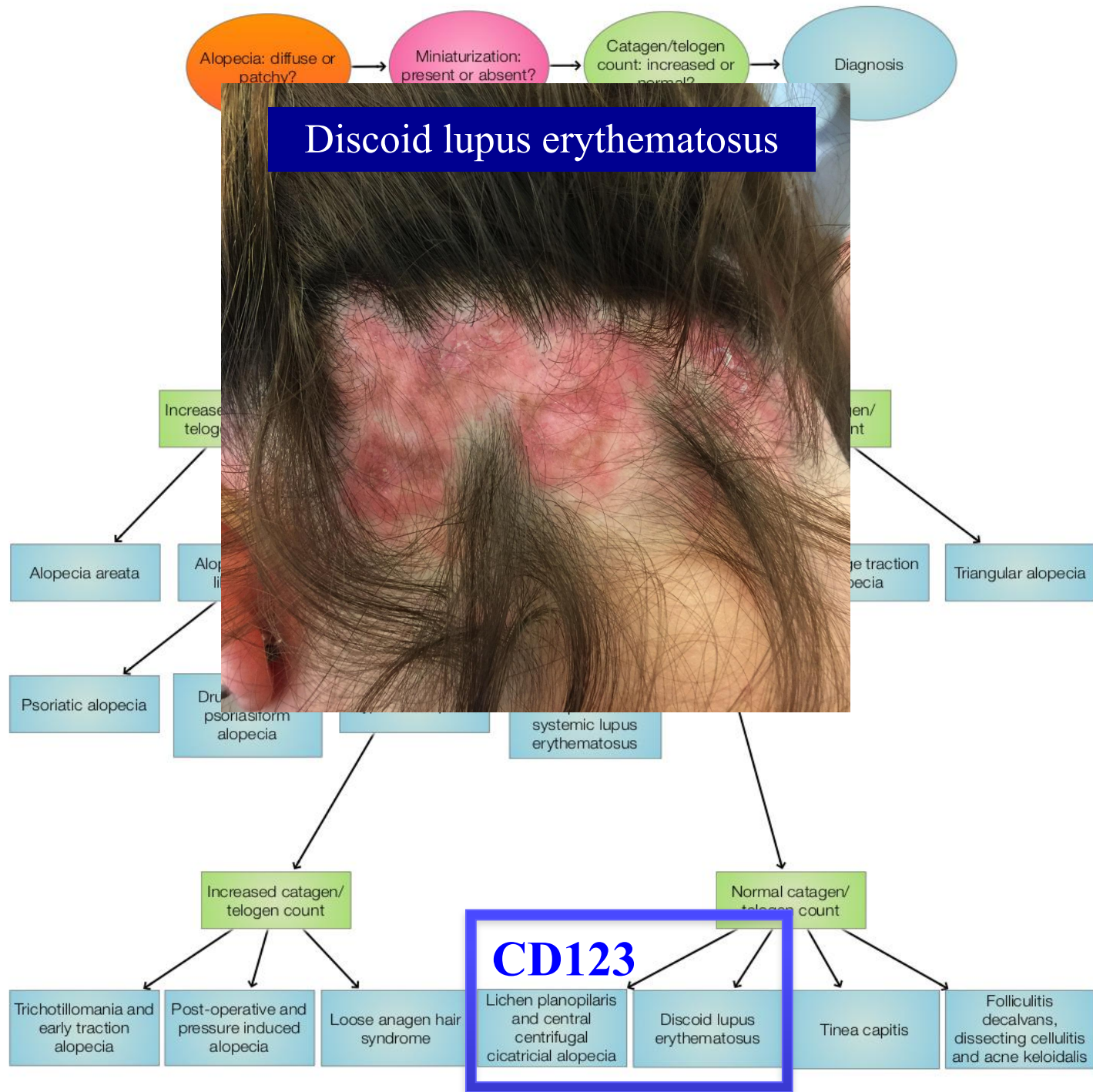


## Catagen/telogen shift without follicular miniaturization

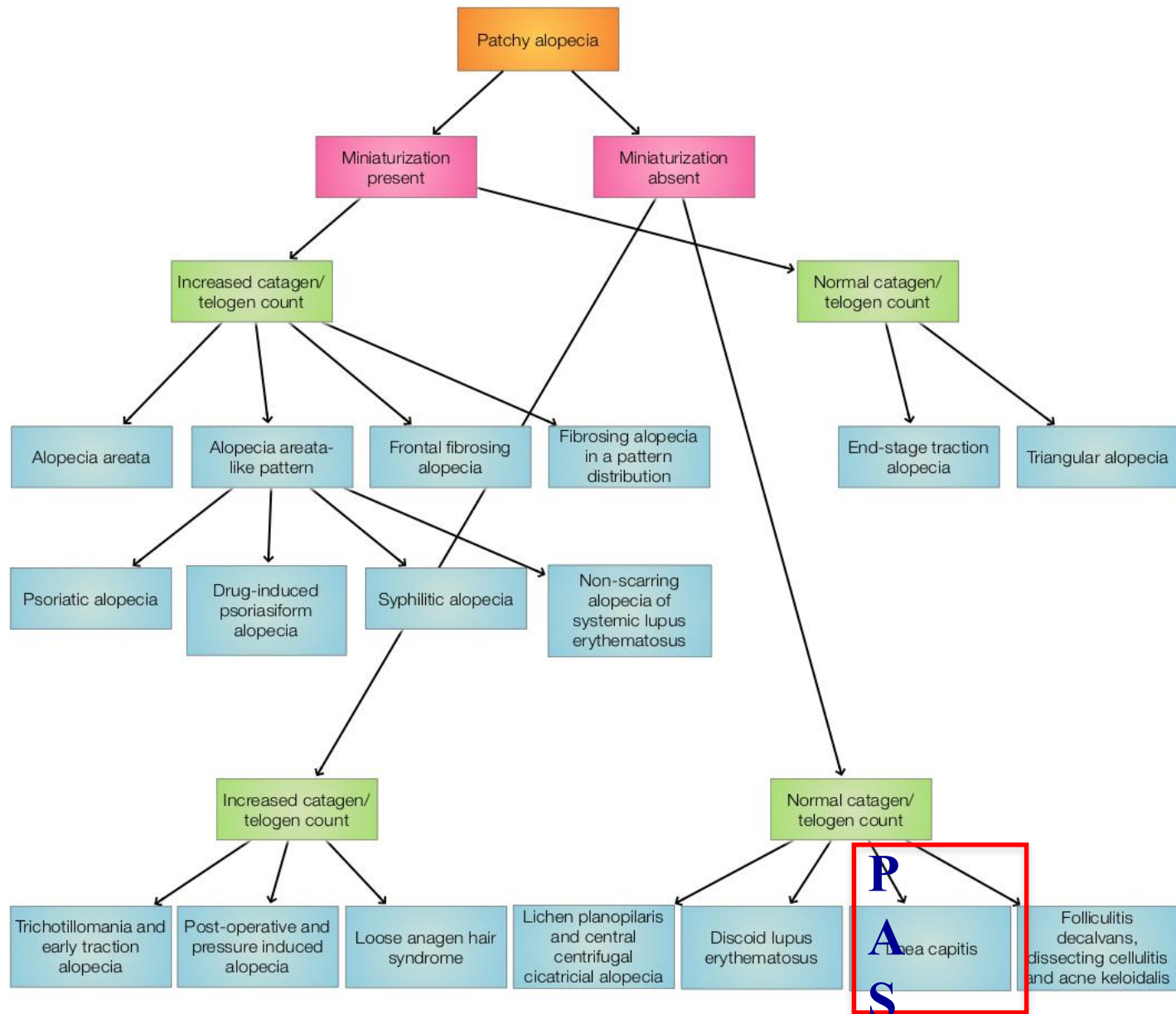
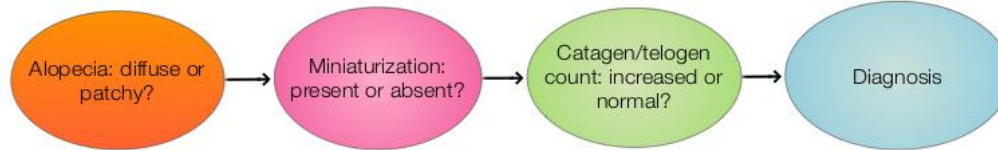
1. Trichotilosis (trichotillomania and early traction alopecia)
2. Post-operative and pressure induced alopecia: **vascular thrombosis and fat necrosis**

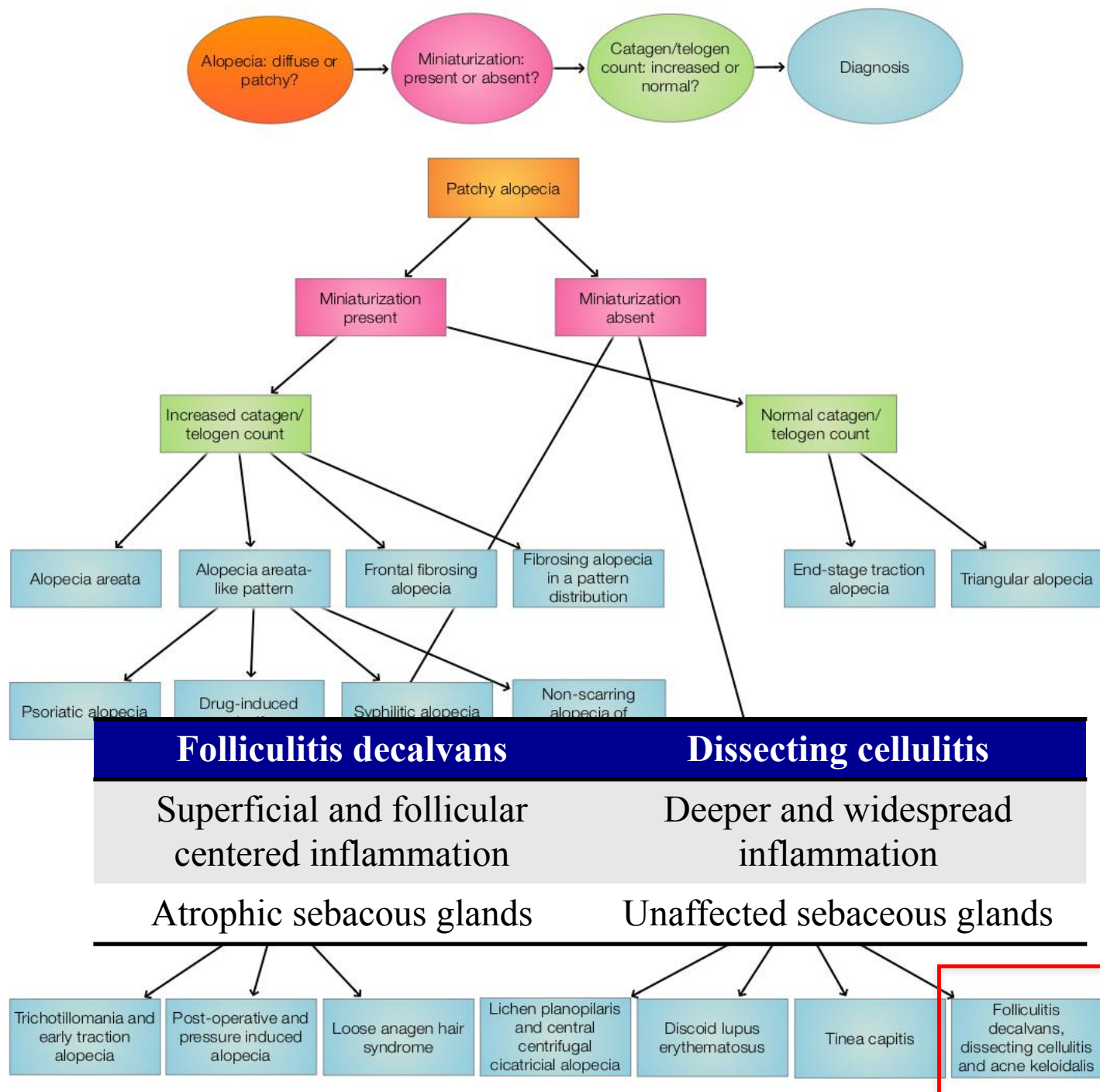


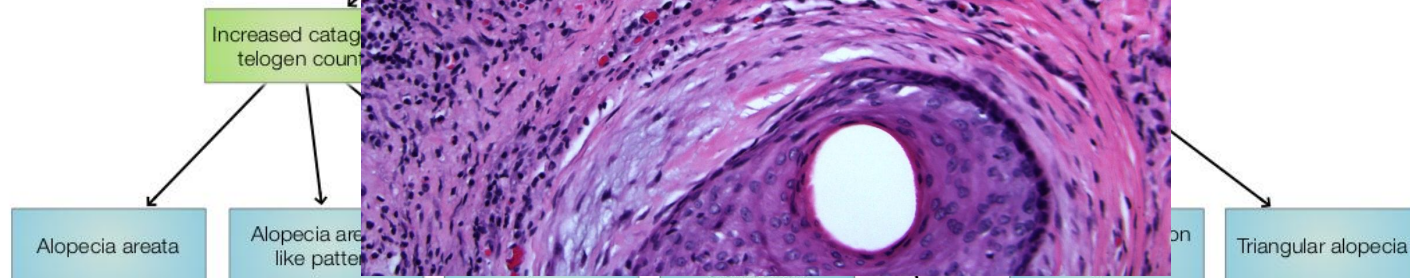
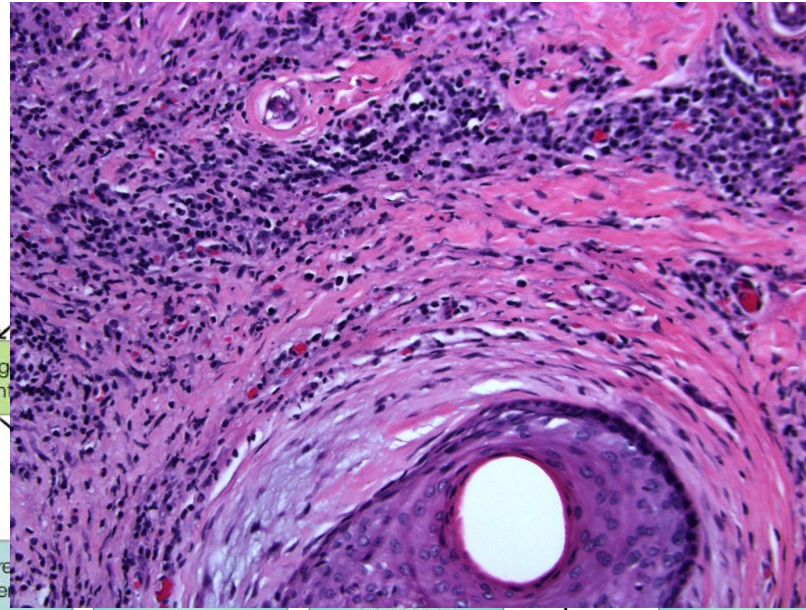
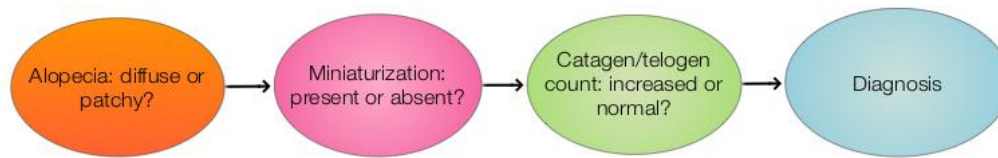






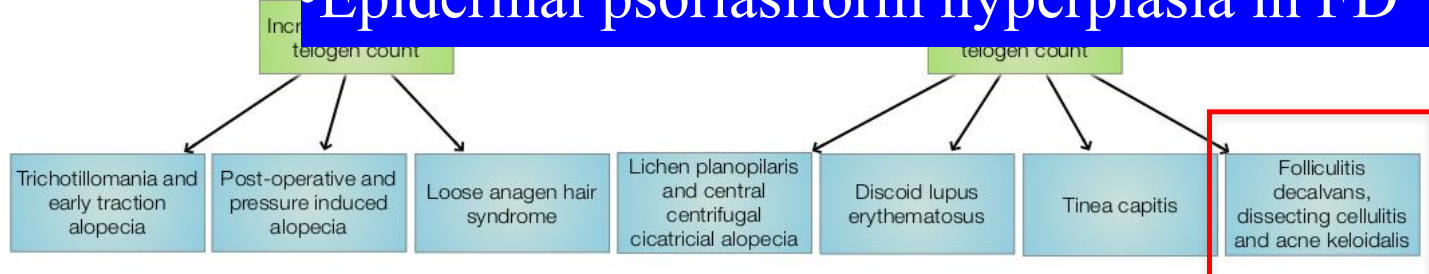




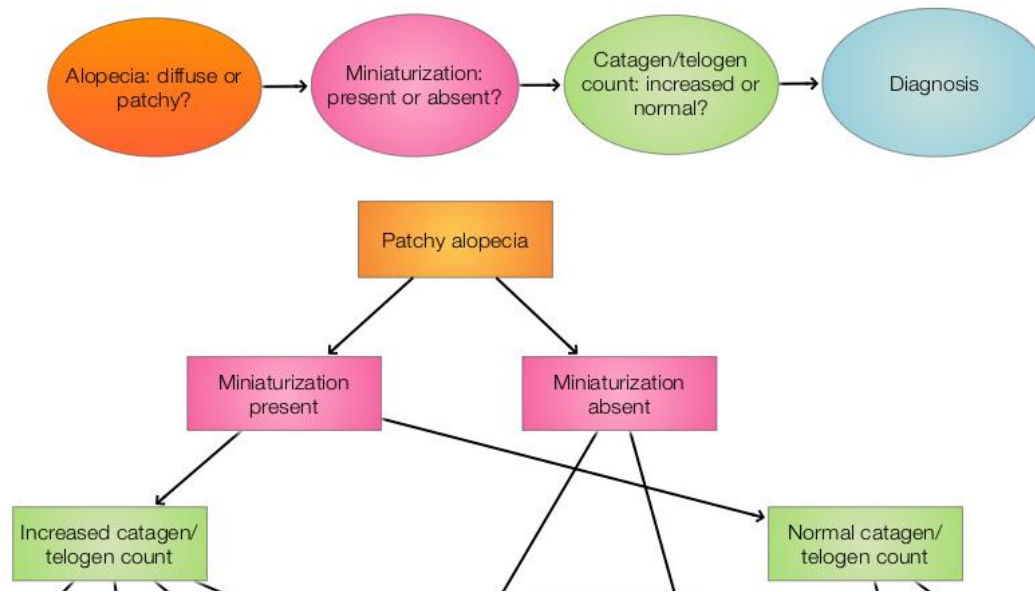


Neutrophil-poor folliculitis decalvans:  
Distinction from CCCA and LPP

- Plasma cells not helpful
- Epidermal psoriasiform hyperplasia in FD



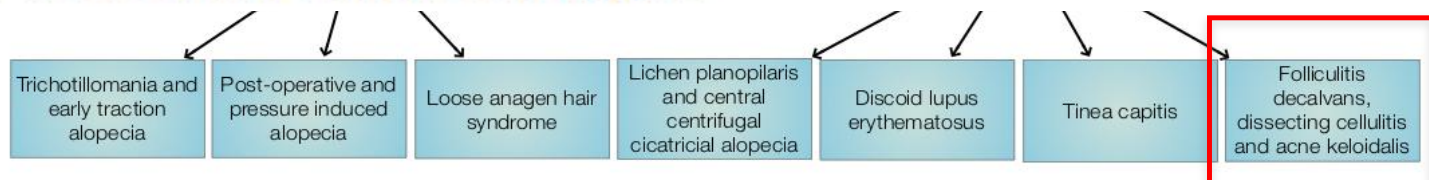




## ORIGINAL ARTICLE

# Epidermal psoriasiform hyperplasia, an unrecognized sign of folliculitis decalvans: a histological study of 26 patients

B. Matard ✉, B. Cavelier-balloy, P. Reygagne



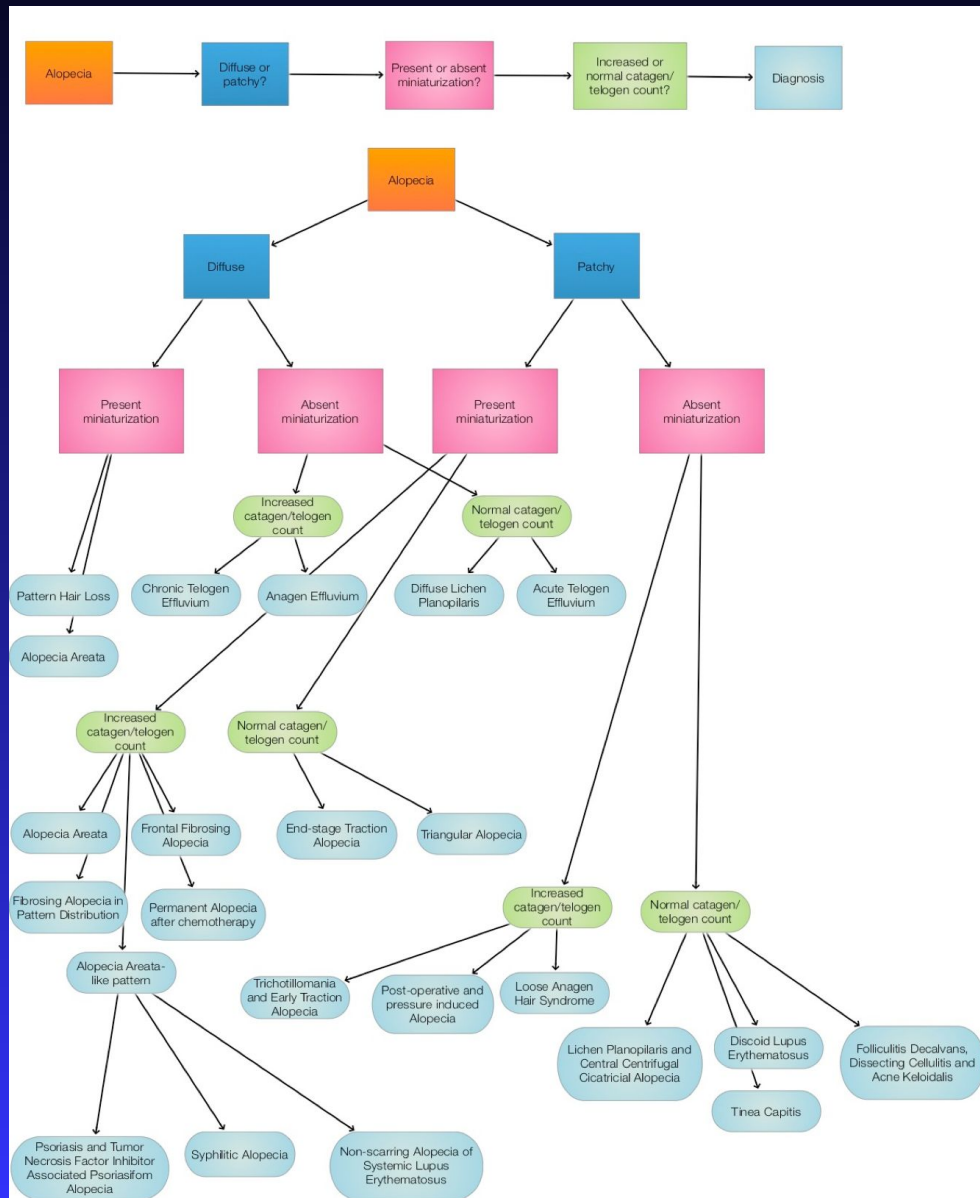
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# Diagnostic Algorithm





# Acknowledgements

- Athanassios Kolivras, MD, Saint-Pierre, Brugmann and HUDERF Hospitals, Université Libre de Bruxelles, Brussels, Belgium.
- Janet Roberts, MD and Nisha Desai, MD
- Residents and Medical Students
  - ◆ Cindi Chapman, MD
  - ◆ Arlette Habashi-Daniel, MD
  - ◆ Elizabeth Dawson, MD (Caroline Xavier, MD and Omar Lupi, MD—Rio de Janeiro)
- Vera Price, MD





Thank  
you!

**MAY 17TH, 2017**

**UPDATED 7:00 AM**



Snowing

**28°**

### **TODAY AT TIMBERLINE:**

**We are scheduled to operate Today  
from 8am-3pm. Come play in all the**

#### **NEW SNOW**

#### **INCHES**

SINCE 5AM:

1"

LAST 24 HRS (5am to 5am):

6"

LAST 72 HRS:

12"

BASE DEPTH AT LODGE:

175"

[Click for Palmer Snow Depth](#)



Please  
come  
visit!

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[curtisinportland@gmail.com](mailto:curtisinportland@gmail.com)  
+1 503 997 8920 cell/text/WhatsApp